Mint sprig for a kitchen towel

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.1 × 4.6 in (7.9 × 11.7 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 3 strands
   Leaves
2. **Satin stitch**, 2 to 3 strands
   Twine bow
3. **Stem stitch**, strands by part on page 2
   Stem, veins, light on the twine
4. **Straight stitch**, strands by part on page 2
   Cut end, stamens
5. **Back stitch**, 1 strand
   Leaf edges
6. **Split stitch**, 1 strand
   Veins
7. **French knot**, 2 strands, two wraps
   Flowers

Floss

- **1 DMC 3347 Medium Yellow Green**
  Leaves and stem (light)
- **2 DMC 3346 Hunter Green**
  Leaves (middle dark), stem (middle), leaf edges (light)
- **3 DMC 3348 Light Yellow Green**
  Veins and cut end, leaves (lightest)
- **4 DMC 3345 Dark Hunter Green**
  Leaf edges (middle), leaves and stem (dark)
- **5 DMC 501 Dark Blue Green**
  Leaves (middle light)
- **6 DMC 500 Very Dark Blue Green**
  Leaf edges (dark), leaves (darkest)
- **7 DMC 209 Dark Lavender**
  Flowers (middle), stamens
- **8 DMC 552 Medium Violet**
  Flowers (dark)
- **9 DMC 211 Light Lavender**
  Flowers (light)
- **10 DMC 322 Dark Baby Blue**
  Twine bow
- **11 DMC 3325 Light Baby Blue**
  Light on the twine

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Begin with no knot on the back where it is seen and washed, as on a towel, a napkin or clothes; for a piece in a hoop a small knot is fine. End each thread by whipping it around the backs of four or five stitches, with one small hitch.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3347 Medium Yellow Green	**5**	DMC 501 Dark Blue Green	**9**	DMC 211 Light Lavender
2	DMC 3346 Hunter Green	**6**	DMC 500 Very Dark Blue Green	**10**	DMC 322 Dark Baby Blue
3	DMC 3348 Light Yellow Green	**7**	DMC 209 Dark Lavender	**11**	DMC 3325 Light Baby Blue
4	DMC 3345 Dark Hunter Green	**8**	DMC 552 Medium Violet		

How many strands

Stem stitch. 2 or 3 strands: stem; 1 or 2 strands: veins, light on the twine.
Straight stitch. 2 strands: cut end; 1 strand: stamens.

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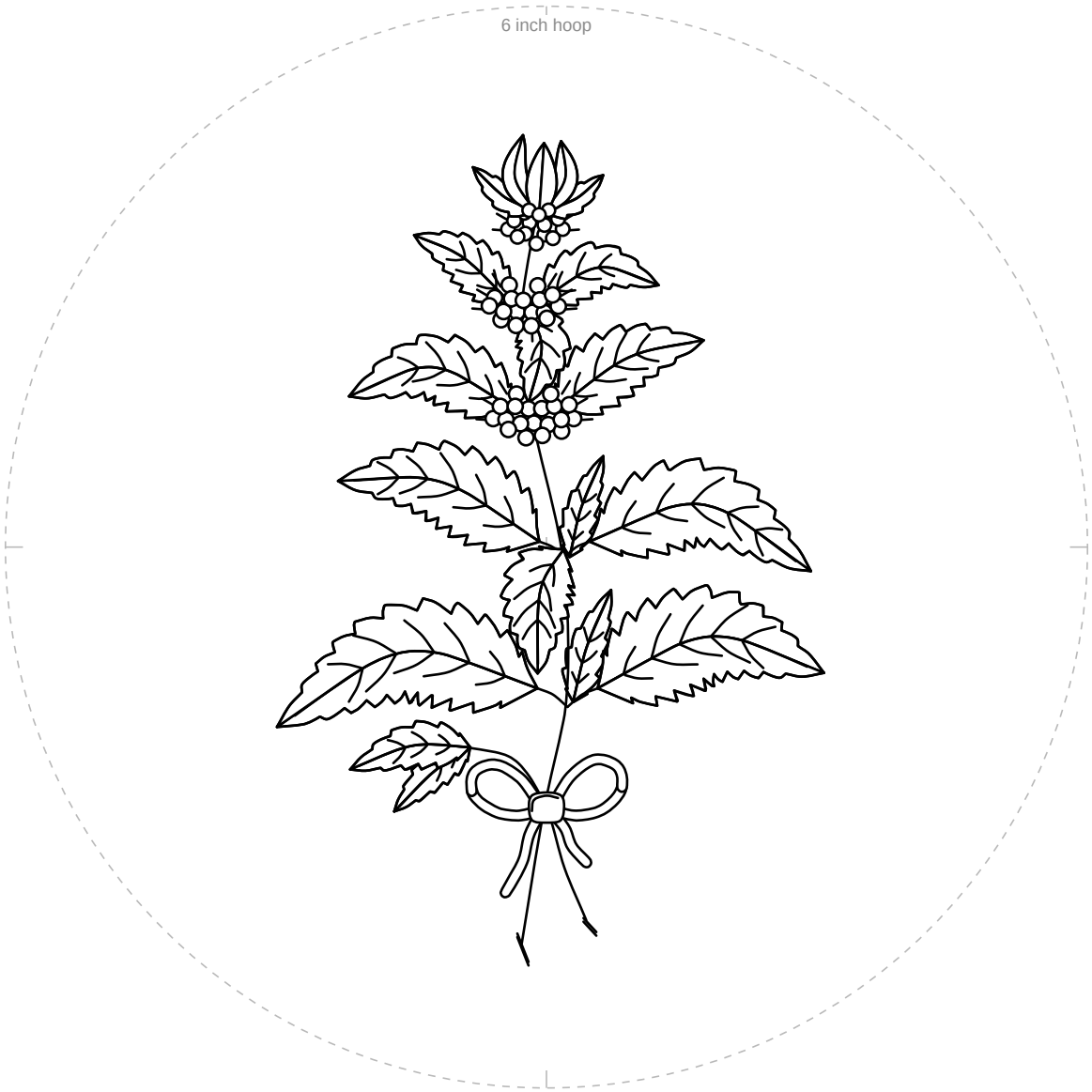
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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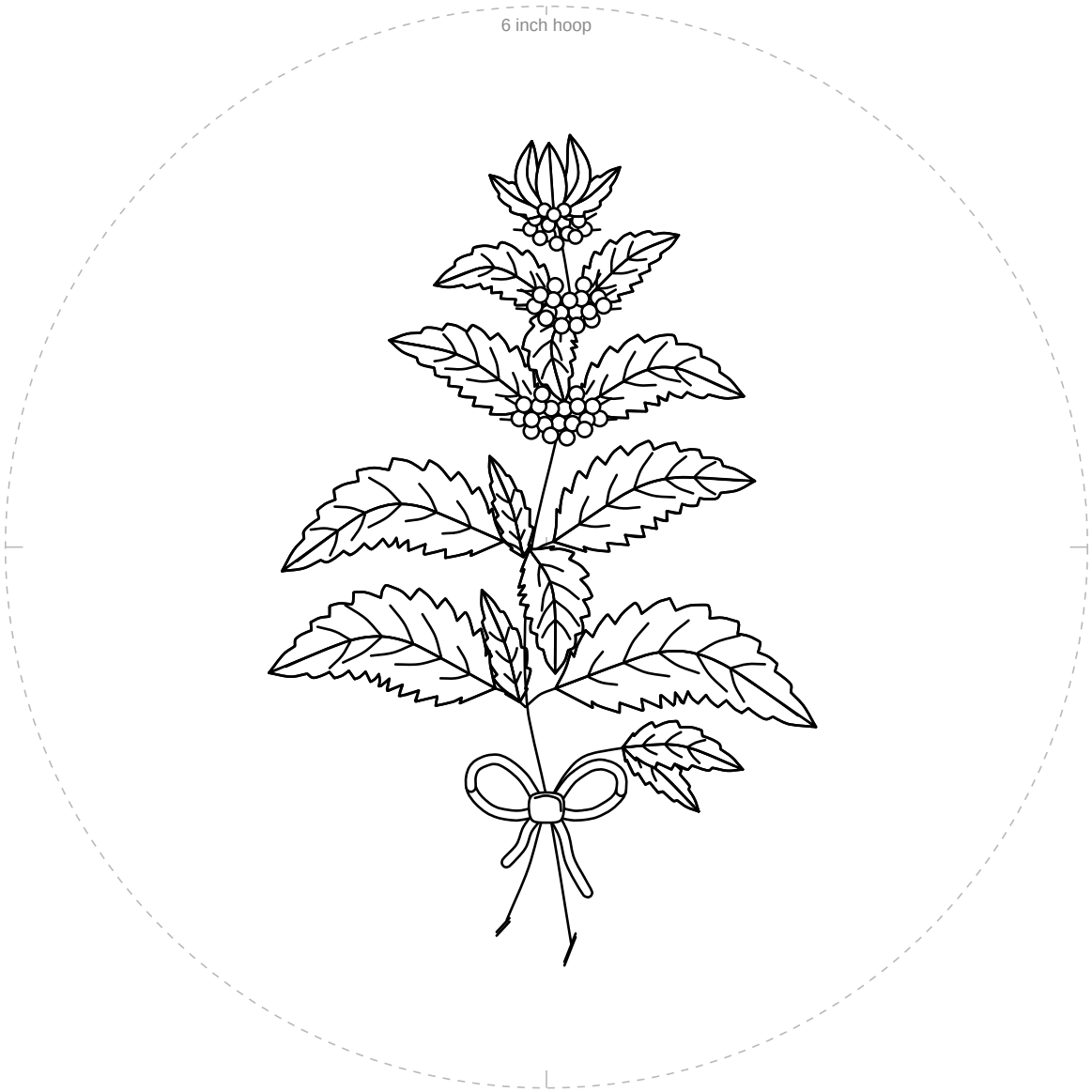
Mint sprig for a kitchen towel

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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