Mom life

6 inch (15 cm) hoop, 4 × 3.2 in (10.2 × 8.1 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

10 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Washing line

2. **Long and short stitch**
   2 strands
   Posts, frock, bib, teddy, bird (color 5)



3. **Satin stitch**, 2 strands
   Socks, sock stripes, sock toes and heels, pegs, pajamas, pajama cuffs and feet, frock sash, bib heart, teddy pads, heart patch, teddy muzzle, teddy nose, teddy eyes, letters, letter heart, mug handle, mug, mug bands, coffee, steam, bird (color 4), bird breast, bird bill



4. **Back stitch**, 1 strand
   Post outline (color 3), fur outline (color 3), teddy face

5. **Split stitch**, 2 strands
   Post outline (color 3), outline, fur outline (color 3)

6. **Straight stitch**
   1 strand: patch stitches, eye highlights, bird feet
   2 strands: grass (color 10)



7. **Stem stitch**, 3 strands
   Grass (color 10)

8. **French knot**, two wraps
   2 strands: buttons, frock spots
   1 strand: bird eye



Take out lines that still show, press face down, finish the hoop.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 435 Very Light Brown	**5**	DMC 334 Medium Baby Blue	**9**	DMC 437 Light Tan
2	DMC 433 Medium Brown	**6**	DMC 739 Ultra Very Light Tan	**10**	DMC 470 Light Avocado Green
3	DMC 801 Dark Coffee Brown	**7**	DMC 349 Dark Coral		
4	DMC 336 Navy Blue	**8**	DMC 743 Medium Yellow		

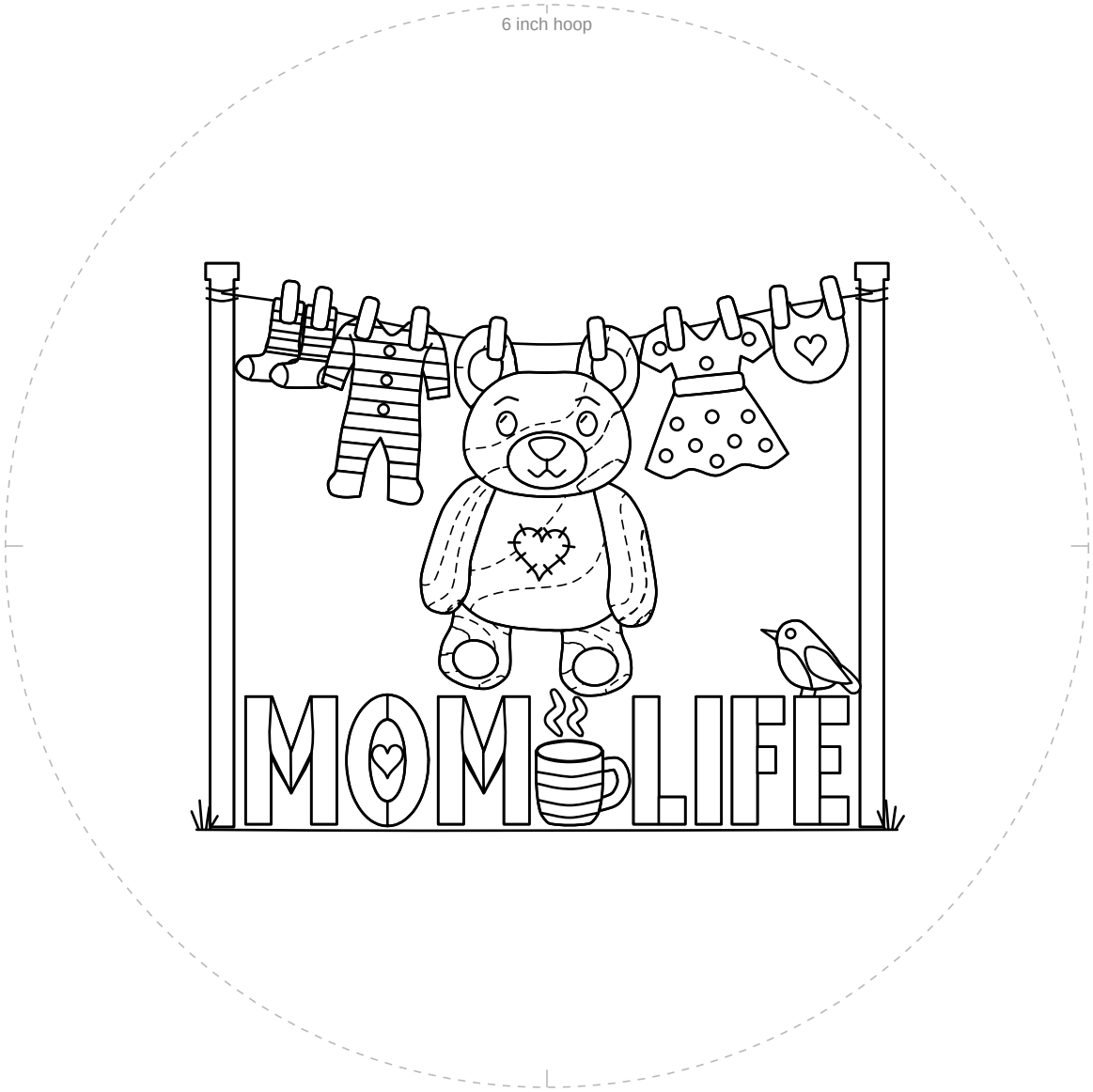
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

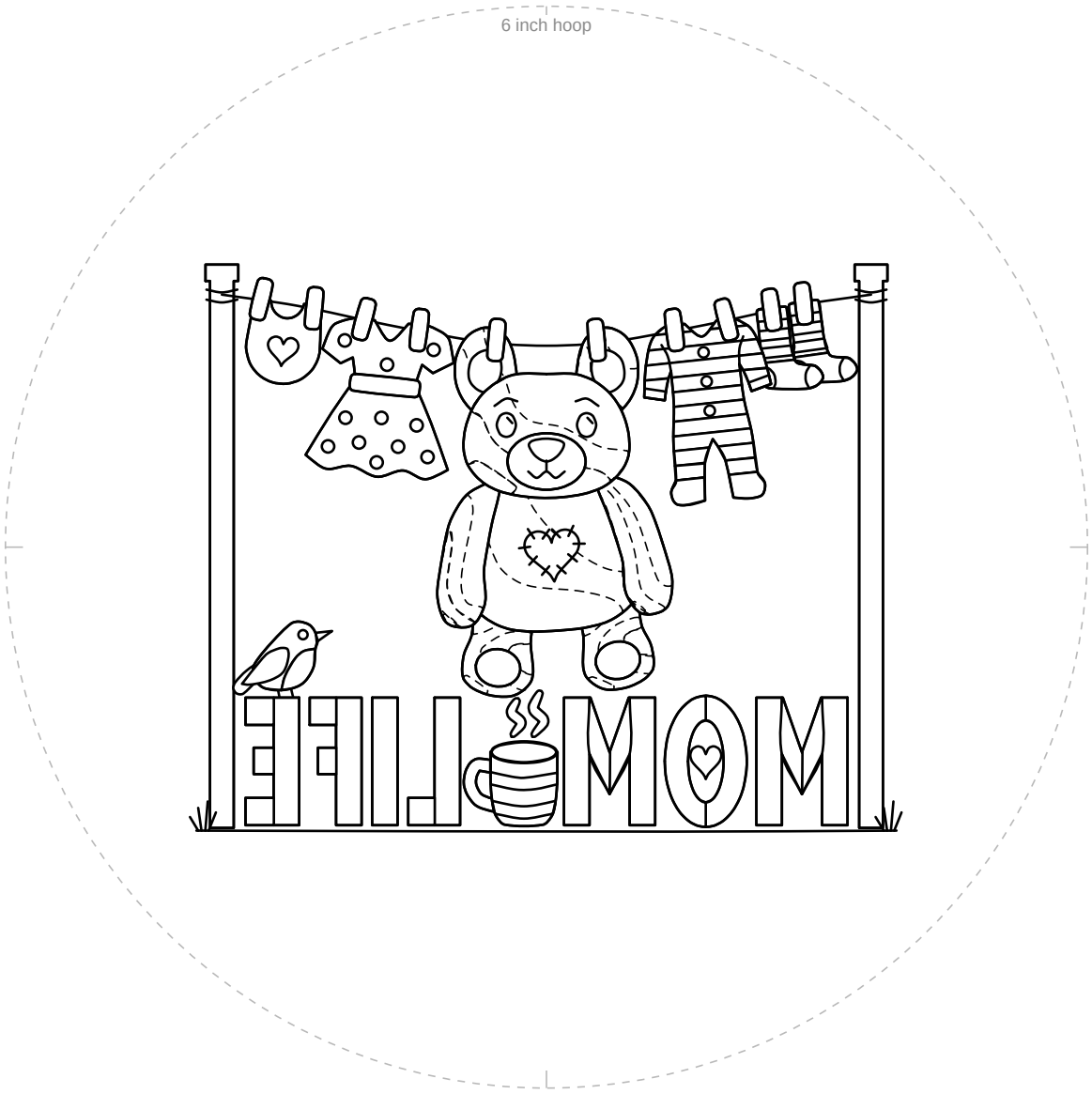
Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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