Mom of three

6 inch (15 cm) hoop, 4.7 × 3.8 in (11.9 × 9.7 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

16 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**
   2 strands: stems, feathery leaves (color 5)
   1 strand: lines of the leaves

2. **Long and short stitch**
   2 strands: shelf, light boots, deep boots
   1 strand: foxglove bells, cosmos petals, buttercup petals, butterfly wings



3. **Satin stitch**, 2 strands
   Brackets, boot openings, boot trims, buckle, soles, foxglove lips, flower cups, foxglove buds, cosmos buds, boot cuffs, daisy petals, daisy center, butterfly body, letters, hearts



4. **Fishbone stitch**, 2 strands
   Leaves, sprig



5. **Stem stitch**
   1 strand: shelf grain, flower outlines (colors 7 and 8), butterfly edges (colors 7 and 8)
   2 strands: shelf edge, boot outlines, shine, lines of the sprig

6. **Straight stitch**, 2 strands
   Feathery leaves (color 5), shine



7. **Split stitch**, 1 strand
   Flower outlines (colors 7 and 8), daisy edges, heart edges

8. **Back stitch**, 1 strand
   Lines of the leaves, butterfly edges (color 1)

9. **French knot**, two wraps
   1 strand: foxglove specks, cosmos centers, buttercup centers
   2 strands: butterfly spots



Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 433 Medium Brown	7	DMC 780 Ultra Very Dark Topaz	13	DMC 3808 Ultra Very Dark Turquoise
2	DMC 435 Very Light Brown	8	DMC 3777 Very Dark Terra Cotta	14	DMC 927 Light Gray Green
3	DMC 936 Very Dark Avocado Green	9	DMC 758 Very Light Terra Cotta	15	DMC 926 Medium Gray Green
4	DMC 471 Very Light Avocado Green	10	DMC 3830 Terra Cotta	16	DMC 3865 Winter White
5	DMC 469 Avocado Green	11	DMC 3822 Light Straw		
6	DMC 3820 Dark Straw	12	DMC 783 Medium Topaz		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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