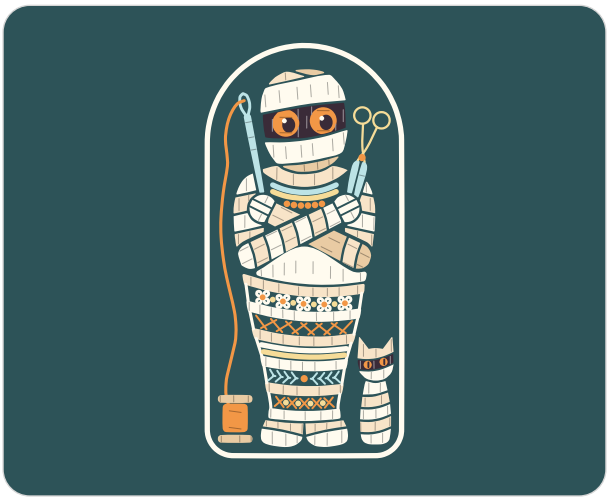
Mummy stitch sampler bookmark

Sized for a 6 inch hoop (15 cm). The stitched design is about 2.3 × 4.8 in (5.8 × 12.2 cm).



Which color goes where: by number on page 2.
Fabric: dark teal cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**, 2 strands
   Chest wraps, upper arms, neck wrap, forearms, needle, scissors blades, fists, eye gap, eyes, pupils, head wraps, body wraps, feet, and 5 more
2. **Cross stitch**, 3 strands
   Cross stitch band
3. **Chain stitch**, strands by part on page 2
   Border, collar, chain stitch band
4. **Split stitch**, 3 strands
   Scissors handles
5. **Stem stitch**, 3 strands
   Thread, body edges
6. **Herringbone stitch**, 3 strands
   Herringbone band
7. **Fly stitch**, 3 strands
   Fly stitch band
8. **Straight stitch**, 2 strands
   Cat eye gap
9. **Lazy daisy stitch**, strands by part on page 2
   Needle eye, daisy band
10. **French knot**
    strands by part on page 2, two wraps
    Eye lights, scissors handles, collar beads, daisy band, fly stitch band, cross stitch band

Floss

- **1 DMC 712 Cream**
  Head wraps (light), border and chest wraps, body wraps (lighter) and 9 more parts
- **2 DMC 739 Ultra Very Light Tan**
  Body wraps, cat and upper arms (darker), forearms (middle), neck wrap and 2 more parts
- **3 DMC 738 Very Light Tan**
  Forearms and head wraps (dark), spool
- **4 DMC 3811 Very Light Turquoise**
  Needle, scissors blades and needle eye, fly stitch band (lighter), collar (darker)
- **5 DMC 3371 Black Brown**
  Eye gap, cat eye gap and pupils
- **6 DMC 3853 Dark Autumn Gold**
  Eyes, thread, spool thread and herringbone band and 6 more parts
- **7 DMC 3822 Light Straw**
  Scissors handles and collar (lighter), chain stitch band (darker) and 2 more parts

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Mummy stitch sampler bookmark

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 712 Cream
2 DMC 739 Ultra Very Light Tan
3 DMC 738 Very Light Tan
4 DMC 3811 Very Light Turquoise
5 DMC 3371 Black Brown
6 DMC 3853 Dark Autumn Gold
7 DMC 3822 Light Straw

How many strands

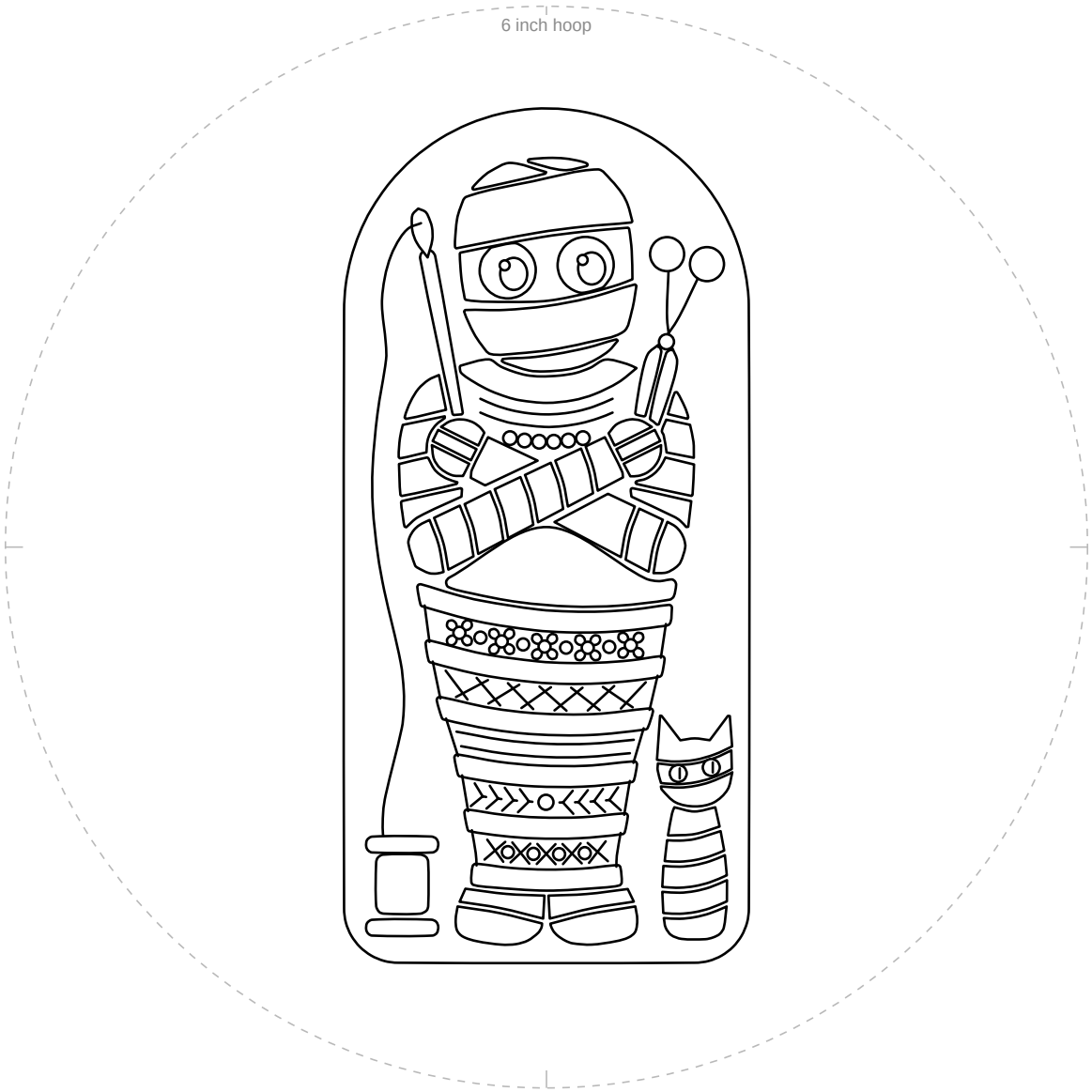
Chain stitch. 3 strands: border; 2 strands: collar, chain stitch band.
Lazy daisy stitch. 3 strands: needle eye; 2 strands: daisy band.
French knot. 2 strands: scissors handles, collar beads, daisy band, fly stitch band, cross stitch band; 1 strand: eye lights.

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Mummy stitch sampler bookmark

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

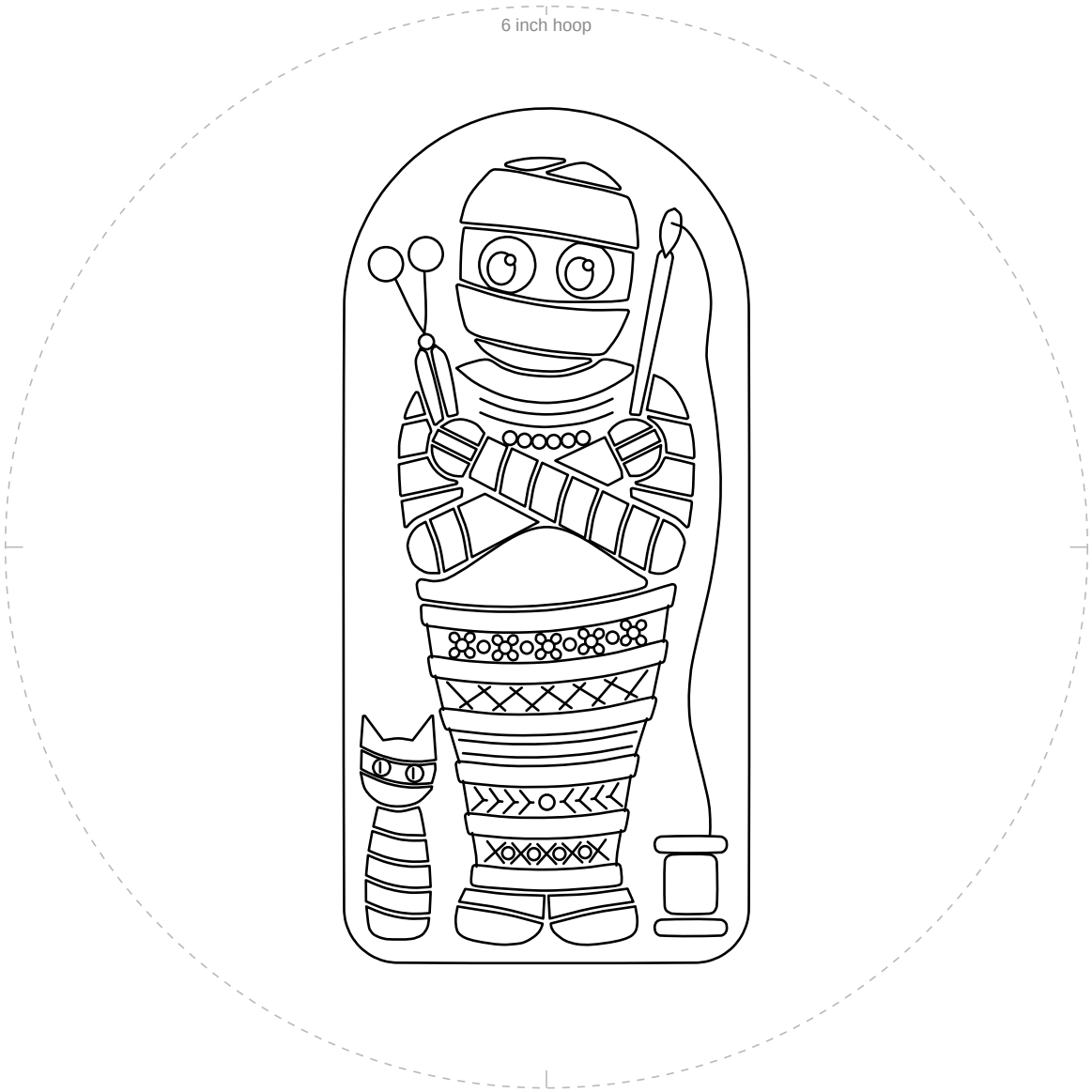
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Mummy stitch sampler bookmark

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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