Mwah

6 inch (15 cm) hoop, 4.9 × 4.9 in (12.4 × 12.4 cm)



Colors by number: page 2.
Fabric: sage green cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of sage green cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

14 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 4 strands
   Stems

2. **Long and short stitch**, 1 strand
   Red birds



3. **Satin stitch**, 2 strands
   Bough, mistletoe leaves, bow, inside of the bow, bow knot, tails, wings, shoulders, masks, beaks, words



4. **Stem stitch**
   2 strands: bark
   1 strand: leaf veins, wing feathers

5. **Straight stitch**, 2 strands
   Feet



6. **Split stitch**
   1 strand: bow edges, tail feathers, wing edges, beak lines
   2 strands: edges of the words

7. **French knot**, two wraps
   3 strands: berries
   1 strand: berry eyes, eye highlights
   2 strands: eyes



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 433 Medium Brown	**6**	DMC 895 Very Dark Hunter Green	**11**	DMC 498 Dark Red
2	DMC 3031 Very Dark Mocha Brown	**7**	DMC BLANC White	**12**	DMC 350 Medium Coral
3	DMC 3862 Dark Mocha Beige	**8**	DMC 642 Dark Beige Gray	**13**	DMC 310 Black
4	DMC 3346 Hunter Green	**9**	DMC 321 Red	**14**	DMC 3853 Dark Autumn Gold
5	DMC 470 Light Avocado Green	**10**	DMC 815 Medium Garnet		

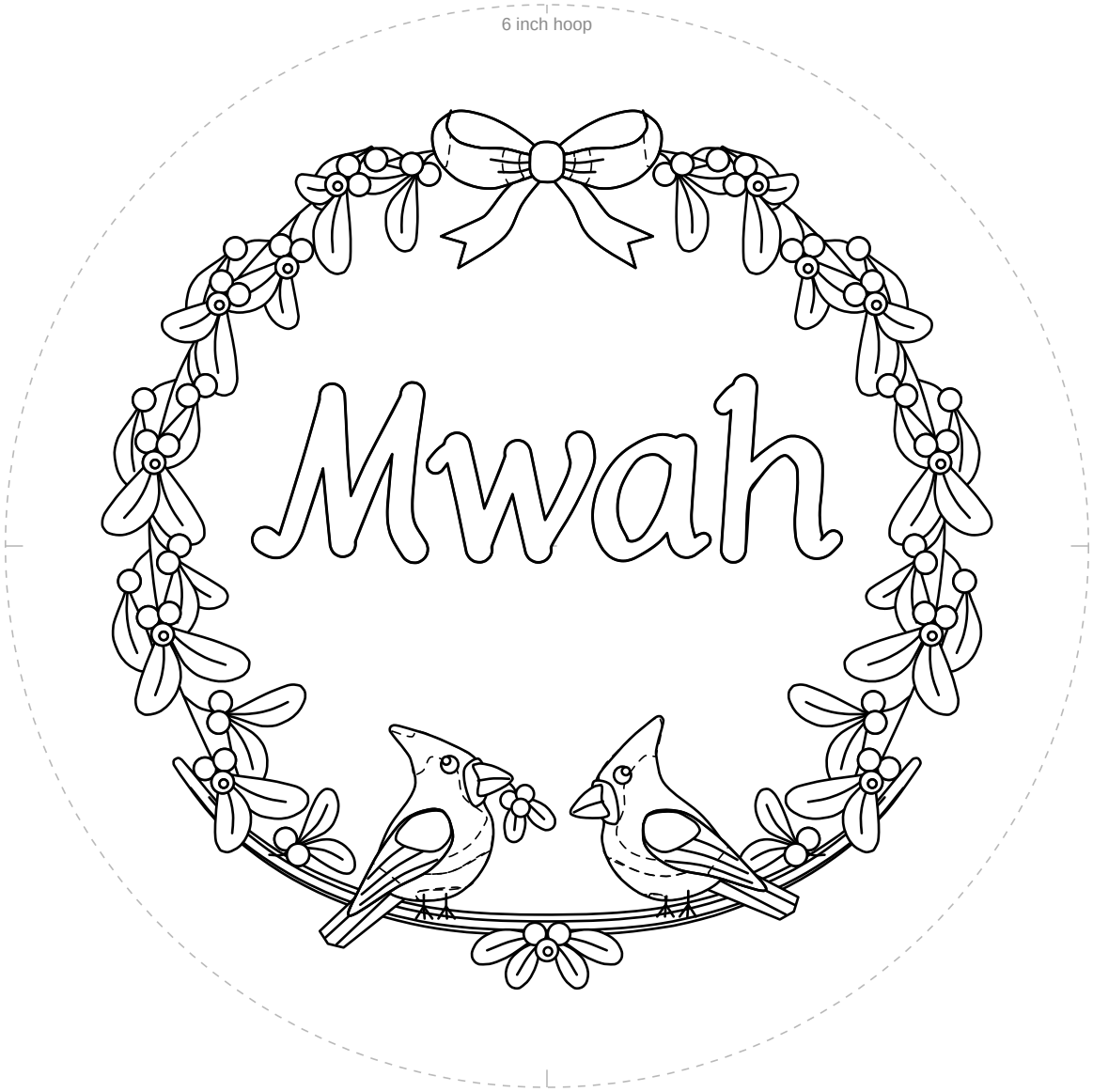
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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