My first football season, baby football

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.5 in (11.4 × 11.4 cm).



Which color goes where: by number on page 2.
Fabric: navy cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3823 Ultra Pale Yellow** Moon (lightest)
- **2 DMC 3822 Light Straw**
  Moon (darkest), moon edge
- **3 DMC 744 Pale Yellow** Moon (dark), stars
- **4 DMC 745 Light Pale Yellow** Moon (light)
- **5 DMC 402 Very Light Mahogany** Ball (lightest)
- **6 DMC 300 Very Dark Mahogany**
  Ball (darkest), ball edge
- **7 DMC 400 Dark Mahogany** Ball (dark)
- **8 DMC 301 Medium Mahogany** Ball (middle)
- **9 DMC 3776 Light Mahogany** Ball (light)
- **10 DMC 739 Ultra Very Light Tan**
  Stripe (darker), pompom (dark)
- **11 DMC 712 Cream**
  Cuff, stripe, cuff ribs and laces (lighter), pompom (light)
- **12 DMC 3865 Winter White**
  Pompom (middle), laces and cuff ribs (darker)
- **13 DMC 3371 Black Brown** Face
- **14 DMC 351 Coral** Cheeks
- **15 DMC 3809 Very Dark Turquoise**
  Hat (darker), hat edge
- **16 DMC 3810 Dark Turquoise** Hat (lighter)
- **17 DMC 598 Light Turquoise** Knit rows

Stitch in this order

Filled parts from the back of the picture forward, then lines and raised parts.

1. **Long and short stitch**, 1 strand
   Moon, ball, hat
2. **Satin stitch**, 2 strands
   Stripe, laces, cheeks, cuff, stars
3. **Stem stitch**, strands by part on page 2
   Moon edge, ball edge, face, hat edge
4. **Chain stitch**, 3 strands
   Knit rows
5. **Bullion knot**, 3 strands
   Cuff ribs
6. **Turkey work**, 2 strands
   Pompom

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



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- **17** DMC 598 Light Turquoise

How many strands

Stem stitch. 3 strands: face; 2 strands: moon edge, ball edge, hat edge.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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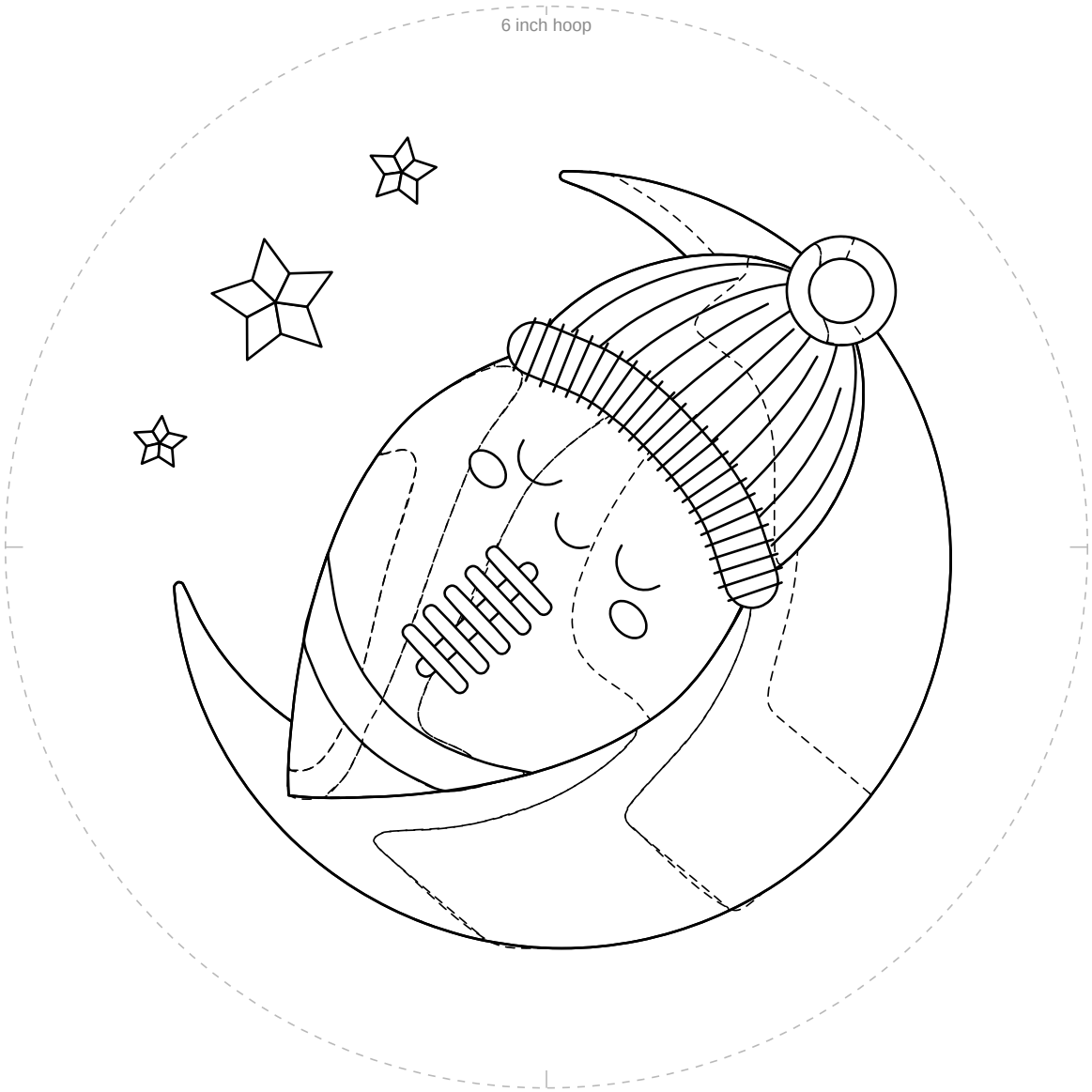
6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



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