My first stitches, quilt block garland

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.9 in (12.4 × 12.4 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Leaves
2. **Padded satin stitch**, 2 strands
   Buttons, flower centers
3. **Satin stitch**, 2 strands
   Patches, hexagon flower, flower centers, rose, dresden plate, sunflower, words
4. **Stem stitch**, strands by part on page 2
   Vine, block edges, flower edges
5. **Split stitch**, 1 strand
   Button rims, words
6. **Straight stitch**, 2 strands
   Button threads
7. **Back stitch**, 2 strands
   Flower edges
8. **French knot**
   strands by part on page 2, two wraps
   Calico dots, seeds

Floss

- **1 DMC 3362 Dark Pine Green** Vine, leaves (dark)
- **2 DMC 3364 Pine Green** Leaves (light)
- **3 DMC 3363 Medium Pine Green** Leaves (middle)
- **4 DMC 783 Medium Topaz**
  Sunflower (lighter), buttons (light), patches (middle dark) and 2 more parts
- **5 DMC 838 Very Dark Beige Brown**
  Flower centers (dark), button rims (light)
- **6 DMC 823 Dark Navy Blue**
  Patches and buttons (darkest), flower edges and block edges (darker) and 4 more parts
- **7 DMC 3777 Very Dark Terra Cotta**
  Words and block edges (lighter), patches and buttons (dark) and 2 more parts
- **8 DMC 815 Medium Garnet**
  Flower edges (lighter), rose (darker), button rims (dark)
- **9 DMC 712 Cream**
  Patches and dresden plate (lightest), hexagon flower (lighter) and 2 more parts
- **10 DMC 932 Light Antique Blue**
  Patches (middle light), hexagon flower (darker), buttons (lightest) and 2 more parts
- **11 DMC 3822 Light Straw**
  Patches and flower centers (light), button threads (middle)
- **12 DMC 3722 Medium Shell Pink** Rose (lighter)
- **13 DMC 780 Ultra Very Dark Topaz**
  Sunflower (darker), seeds
- **14 DMC 939 Very Dark Navy Blue** Words (darker)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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My first stitches, quilt block garland

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3362 Dark Pine Green	**6**	DMC 823 Dark Navy Blue	**11**	DMC 3822 Light Straw
2	DMC 3364 Pine Green	**7**	DMC 3777 Very Dark Terra Cotta	**12**	DMC 3722 Medium Shell Pink
3	DMC 3363 Medium Pine Green	**8**	DMC 815 Medium Garnet	**13**	DMC 780 Ultra Very Dark Topaz
4	DMC 783 Medium Topaz	**9**	DMC 712 Cream	**14**	DMC 939 Very Dark Navy Blue
5	DMC 838 Very Dark Beige Brown	**10**	DMC 932 Light Antique Blue		

How many strands

Stem stitch. 5 strands: vine; 3 strands: block edges; 1 strand: flower edges.
French knot. 2 strands: seeds; 1 or 2 strands: calico dots.

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My first stitches, quilt block garland

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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My first stitches, quilt block garland

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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