# My heart in laurel

Sized for a 6 inch hoop (15 cm). The stitched design is about 4 × 4.8 in (10.2 × 12.2 cm).




Which color goes where.

## Floss

- **DMC 986 Very Dark Forest Green**
  Stems and darker half of each leaf
- **DMC 320 Medium Pistachio Green**
  Lighter half of each leaf
- **DMC 152 Medium Light Shell Pink**
  Blossom petals
- **DMC 3350 Ultra Dark Dusty Rose**
  Blossom centers and hearts
- **DMC 3852 Very Dark Straw**
  Ring of knots in each blossom
- **DMC 355 Dark Terra Cotta**
  Lettering

## Stitches

- **Stem stitch**, 2 or 3 strands
  Stems
- **Satin stitch**, 2 strands
  Leaves (each half slanted to the center vein, in its own color), blossom petals, hearts, lettering
- **French knot**, 2 strands, two wraps
  Blossom centers, ring of knots in each blossom

## Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker’s carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

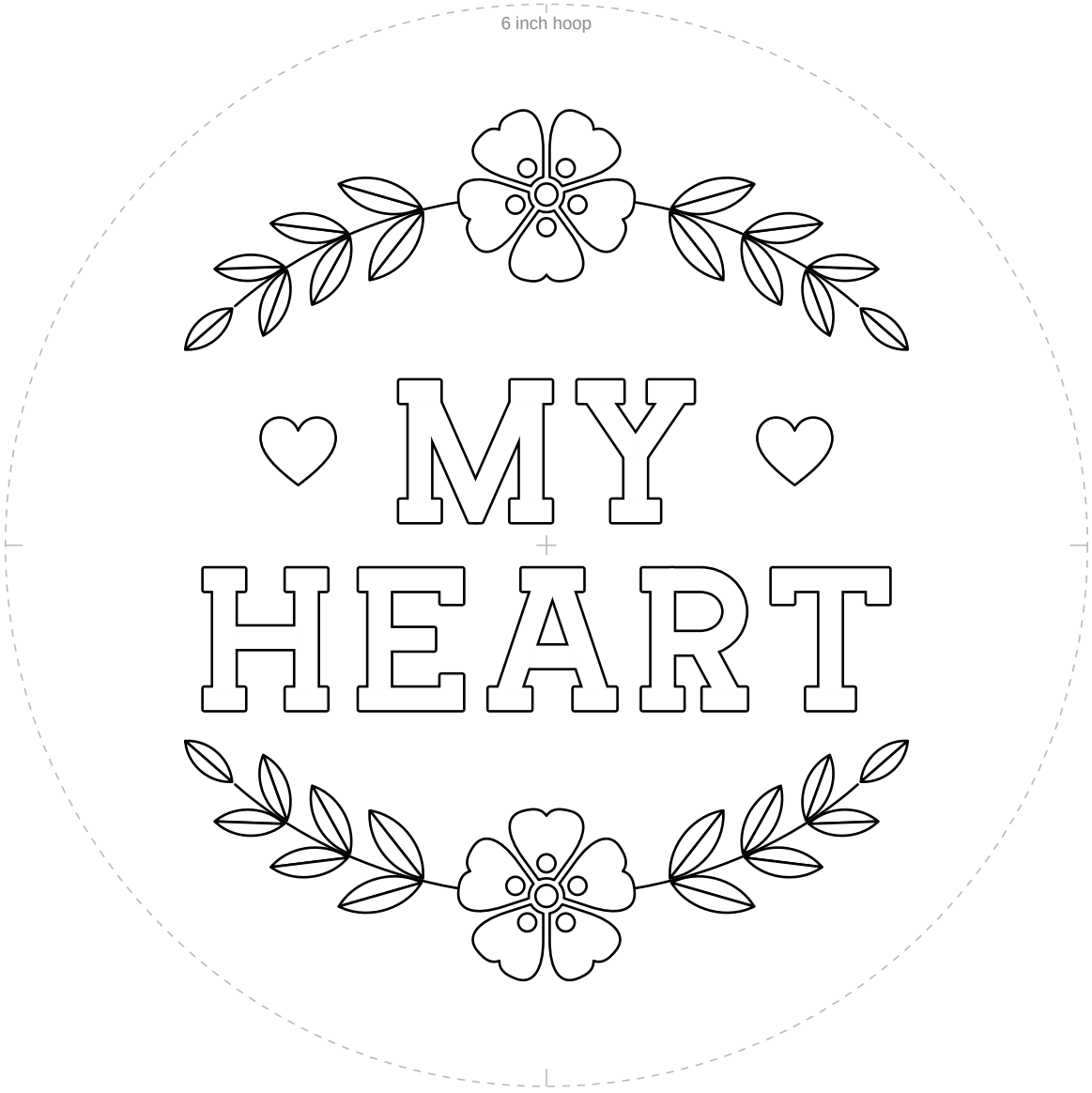
Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.


For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF.

# My heart in laurel

**6 inch hoop**

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

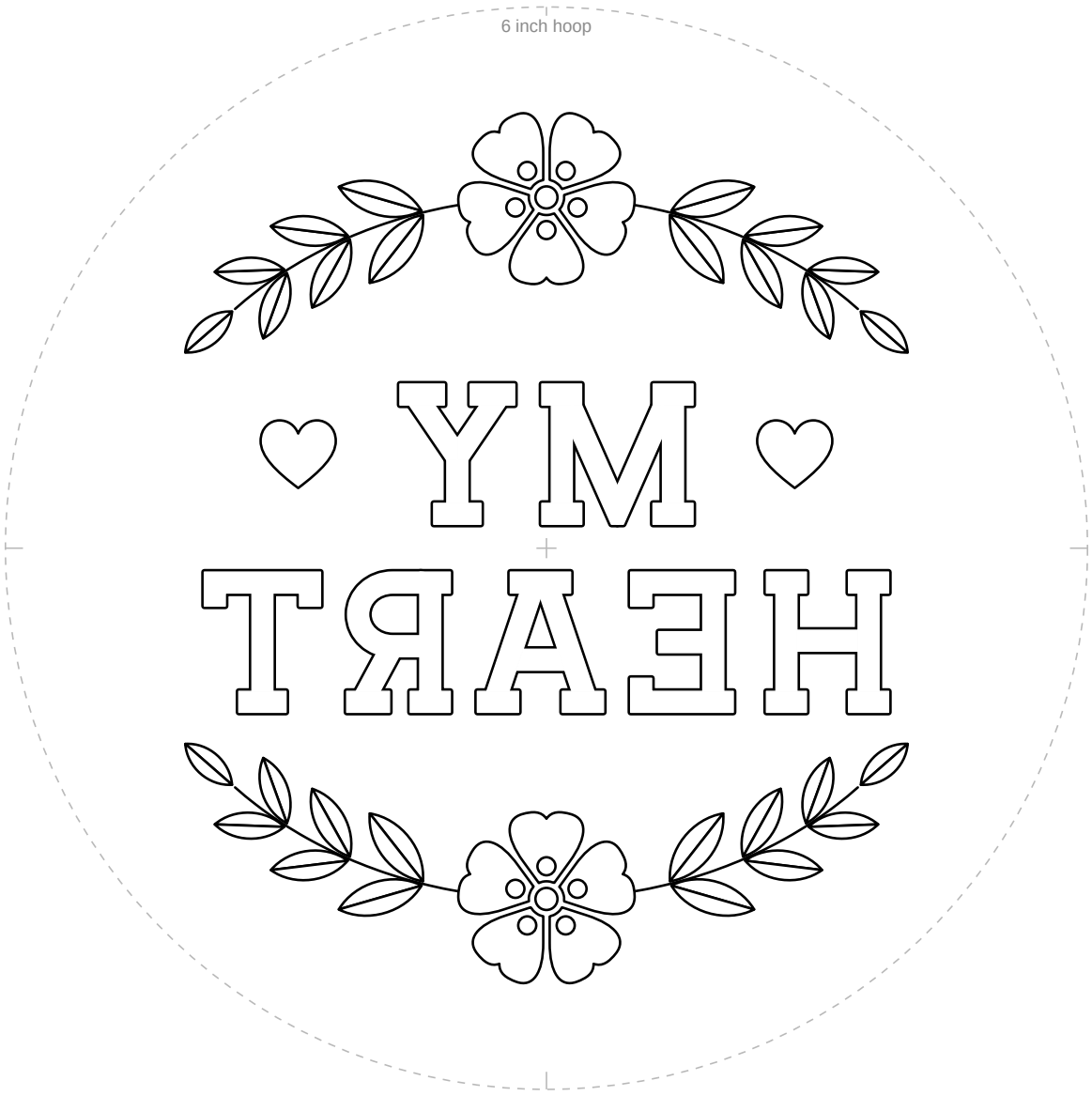


For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF.

# My heart in laurel

**6 inch hoop**

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.



For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF.