Nana in holly

6 inch (15 cm) hoop, 4 × 4.8 in (10.2 × 12.2 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**, 1 strand
   Knitted bands, green band, heel, toe, cuff, fur trim



2. **Satin stitch**, 2 strands
   Holly leaves, candy cane, knitting needles, yarn ball, blue band, hearts, loose yarn



3. **Stem stitch**
   1 strand: holly veins, candy cane edge, needle lights
   4 strands: lines of the yarn ball
   2 strands: band edges, cuff edge
   3 strands: stocking edge

4. **Chain stitch**, 4 strands
   Lines of the knitted bands, lines of the heel, lines of the toe



5. **Herringbone stitch**, 3 strands
   Herringbone



6. **Straight stitch**, 1 strand
   Lights



7. **Padded satin stitch**, 2 strands
   Needle knobs, raised letters, holly berries



Take out lines that still show, press face down, finish the hoop or sew a pillow.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

Buy: 22 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), embroidery needles size 9, and size 5 for 4 strands, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of navy cotton or linen, a white pencil.

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Nana in holly

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 890 Ultra Dark Pistachio Green	9	DMC 712 Cream	17	DMC 815 Medium Garnet
2	DMC 986 Very Dark Forest Green	10	DMC 3822 Light Straw	18	DMC 738 Very Light Tan
3	DMC 988 Medium Forest Green	11	DMC 783 Medium Topaz	19	DMC 350 Medium Coral
4	DMC 739 Ultra Very Light Tan	12	DMC 312 Very Dark Baby Blue	20	DMC 932 Light Antique Blue
5	DMC 3865 Winter White	13	DMC 336 Navy Blue	21	DMC 3753 Ultra Very Light Antique Bl...
6	DMC 498 Dark Red	14	DMC 322 Dark Baby Blue	22	DMC 3348 Light Yellow Green
7	DMC 321 Red	15	DMC 3755 Baby Blue		
8	DMC 3827 Pale Golden Brown	16	DMC 775 Very Light Baby Blue		

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Nana in holly

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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