Nested rainbow star

6 inch (15 cm) hoop, 4.5 × 4.7 in (11.4 × 11.9 cm)



Colors by number: page 2.
Fabric: charcoal cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of charcoal cotton or linen.

An embroidery needle, size 7.

15 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Tulip stems

2. **Satin stitch**, 2 strands
   Crimson band, orange band, yellow band, green band, blue band, violet center, tulip leaves, outer petals, heart petal



Stitch in this order, continued

3. **Stem stitch**, 2 strands
   Curls

4. **French knot**
   2 strands, two wraps
   Berries



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



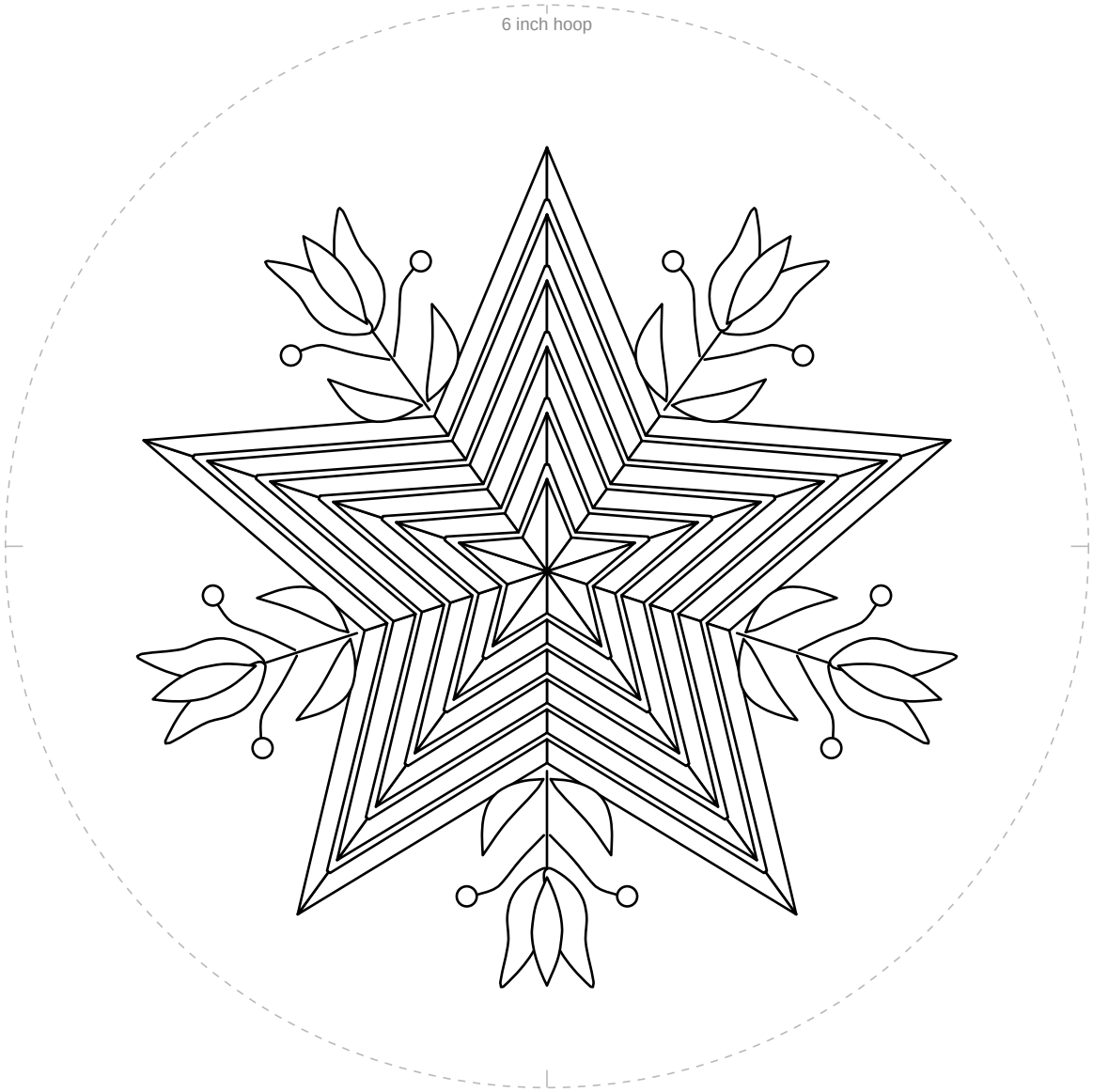
1	DMC 3801 Very Dark Melon	**6**	DMC 783 Medium Topaz	**11**	DMC 209 Dark Lavender
2	DMC 498 Dark Red	**7**	DMC 703 Chartreuse	**12**	DMC 550 Very Dark Violet
3	DMC 741 Medium Tangerine	**8**	DMC 699 Green	**13**	DMC 988 Medium Forest Green
4	DMC 900 Dark Burnt Orange	**9**	DMC 799 Medium Delft Blue	**14**	DMC 987 Dark Forest Green
5	DMC 726 Light Topaz	**10**	DMC 796 Dark Royal Blue	**15**	DMC 3822 Light Straw

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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