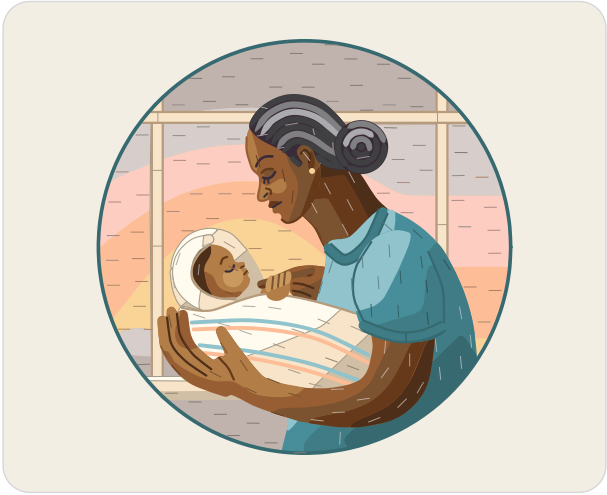
Nurse cradling a newborn baby

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.7 in (11.9 × 11.9 cm).



Which color goes where.

Stitches

- **Long and short stitch**, 1 to 2 strands
  Sky, hills, window sill, wall, neck, hands, scrubs, face, ear, blanket, baby, baby hair, near arm
- **Satin stitch**, 2 strands
  Window bars, collar, lips, hair, locs, bun, blanket stripes, baby fist, sleeve hem
- **Split stitch**, 1 to 2 strands
  Window edges, hand lines, seams, nose wing, profile, eyelid, ear, baby eyes, baby brow, blanket fold
- **Straight stitch**, 1 strand
  Mouth, nostril, lashes, baby mouth, baby nose, baby fist lines
- **Stem stitch**, 2 to 4 strands
  Eyes, brow, round edge
- **French knot**, 2 strands, two wraps
  Bun, ear stud

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Floss

- **DMC 3855 Light Autumn Gold**
  Sky (lightest), ear stud
- **DMC 452 Medium Shell Gray**
  Sky (darkest), hills (darker), wall
- **DMC 453 Light Shell Gray**
  Sky (middle), hills (lighter)
- **DMC 3824 Light Apricot** Sky (light)
- **DMC 3825 Pale Pumpkin**
  Sky (dark), blanket stripes (lighter)
- **DMC 739 Ultra Very Light Tan**
  Blanket and window sill (middle), window bars
- **DMC 841 Light Beige Brown**
  Window edges and blanket fold
- **DMC 842 Very Light Beige Brown**
  Blanket and window sill (dark)
- **DMC 712 Cream** Blanket and window sill (light)
- **DMC 801 Dark Coffee Brown**
  Neck (middle), near arm and hands (dark), face (darkest) and 9 more parts
- **DMC 898 Very Dark Coffee Brown**
  Neck and ear (dark), near arm (darkest), baby hair (lighter), hand lines (darker)
- **DMC 433 Medium Brown**
  Hands and near arm (middle), face (dark), neck (light), baby (darkest) and 2 more parts
- **DMC 434 Light Brown**
  Near arm, face and hands (light), baby (dark), profile and lips (lighter)
- **DMC 3810 Dark Turquoise** Scrubs (light)
- **DMC 3808 Ultra Very Dark Turquoise**
  Scrubs (darkest), round edge and seams
- **DMC 3809 Very Dark Turquoise**
  Scrubs (dark), collar and sleeve hem
- **DMC 598 Light Turquoise**
  Scrubs (lightest), blanket stripes (darker)
- **DMC 435 Very Light Brown**
  Baby (light), near arm and face (lightest)
- **DMC 3371 Black Brown**
  Hair, brow, eyes, baby eyes, mouth, lashes and nostril, baby hair (darker)
- **DMC 3799 Very Dark Pewter Gray**
  Locs and bun (dark)
- **DMC 414 Dark Steel Gray** Locs and bun (middle)
- **DMC 318 Light Steel Gray** Locs and bun (light)
- **DMC 436 Tan** Baby fist, baby (lightest)

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

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