Nurse with a stethoscope

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.9 in (11.9 × 12.4 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Eucalyptus, daisy leaves
2. **Satin stitch**, 2 strands
   Spring, ear tubes, ear tips, tube, collars, chest piece stem, chest piece rim, chest piece face, chest piece light, daisy petals, and 3 more
3. **Stem stitch**, strands by part on page 2
   Eucalyptus stems, light on the ear tubes, light on the tube, heartbeat
4. **Straight stitch**, 2 strands
   Eucalyptus stems
5. **Split stitch**, strands by part on page 2
   Spring, ear tube edges, ear tips, tube edges, chest piece stem, chest piece edge, daisy petals, words, small heart
6. **Back stitch**, 1 strand
   Chest piece edge

Floss

- **1 DMC 501 Dark Blue Green**
  Eucalyptus stems, daisy leaves (darker), eucalyptus (dark)
- **2 DMC 502 Blue Green**
  Eucalyptus (middle), daisy leaves (lighter)
- **3 DMC 503 Medium Blue Green** Eucalyptus (light)
- **4 DMC 415 Pearl Gray**
  Chest piece face, spring and chest piece stem (lighter)
- **5 DMC 413 Dark Pewter Gray**
  Chest piece rim (darker), ear tube edges and chest piece edge and 3 more parts
- **6 DMC 318 Light Steel Gray**
  Ear tubes, chest piece face (darker), chest piece rim (lighter)
- **7 DMC BLANC White**
  Daisy petals (light), light on the ear tubes and chest piece light
- **8 DMC 3687 Mauve**
  Tube, ear tips and small heart (lighter)
- **9 DMC 3685 Very Dark Mauve**
  Tube edges and heartbeat, ear tips, small heart and collars (darker)
- **10 DMC 3689 Light Mauve** Light on the tube
- **11 DMC 3752 Very Light Antique Blue**
  Daisy petals (middle)
- **12 DMC 931 Medium Antique Blue**
  Daisy petals (dark)
- **13 DMC 783 Medium Topaz** Daisy hearts (darker)
- **14 DMC 3820 Dark Straw**
  Daisy hearts (lighter), small flower hearts
- **15 DMC 340 Medium Blue Violet** Small flowers
- **16 DMC 814 Dark Garnet** Words

Stitches, continued

7. **French knot**, 2 strands, two wraps
   Daisy hearts, small flowers, small flower hearts

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Nurse with a stethoscope

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 501 Dark Blue Green	**7**	DMC BLANC White	**13**	DMC 783 Medium Topaz
2	DMC 502 Blue Green	**8**	DMC 3687 Mauve	**14**	DMC 3820 Dark Straw
3	DMC 503 Medium Blue Green	**9**	DMC 3685 Very Dark Mauve	**15**	DMC 340 Medium Blue Violet
4	DMC 415 Pearl Gray	**10**	DMC 3689 Light Mauve	**16**	DMC 814 Dark Garnet
5	DMC 413 Dark Pewter Gray	**11**	DMC 3752 Very Light Antique Blue		
6	DMC 318 Light Steel Gray	**12**	DMC 931 Medium Antique Blue		

How many strands

Stem stitch. 2 strands: eucalyptus stems, light on the tube, heartbeat; 1 strand: light on the ear tubes.
Split stitch. 2 strands: chest piece edge, words; 1 strand: spring, ear tube edges, ear tips, tube edges, chest piece stem, daisy petals, small heart.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Nurse with a stethoscope

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Nurse with a stethoscope

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.