Easy nurse heartbeat key fob

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.9 in (12.4 × 12.4 cm).



Which color goes where.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Floss

- **DMC 3849 Light Teal Green**
  Tube, fob edge and ear tips
- **DMC 415 Pearl Gray**
  Chest piece rim, ear tubes and yoke
- **DMC 351 Coral**
  Heart (lighter), small heart
- **DMC 349 Dark Coral**
  Heart (darker)
- **DMC 3865 Winter White**
  Petals and heartbeat
- **DMC 3053 Green Gray**
  Leaves and sprig stems
- **DMC 3822 Light Straw**
  Flower center

Stitches

- **Blanket stitch**, 3 strands
  Fob edge
- **Satin stitch**, 2 strands
  Tube, ear tubes, ear tips, yoke, chest piece rim, small heart, petals
- **Stem stitch**, 3 strands
  Heart, sprig stems
- **Back stitch**, 4 strands
  Heartbeat
- **Fishbone stitch**, 2 strands
  Leaves
- **French knot**, 2 strands, two wraps
  Flower center

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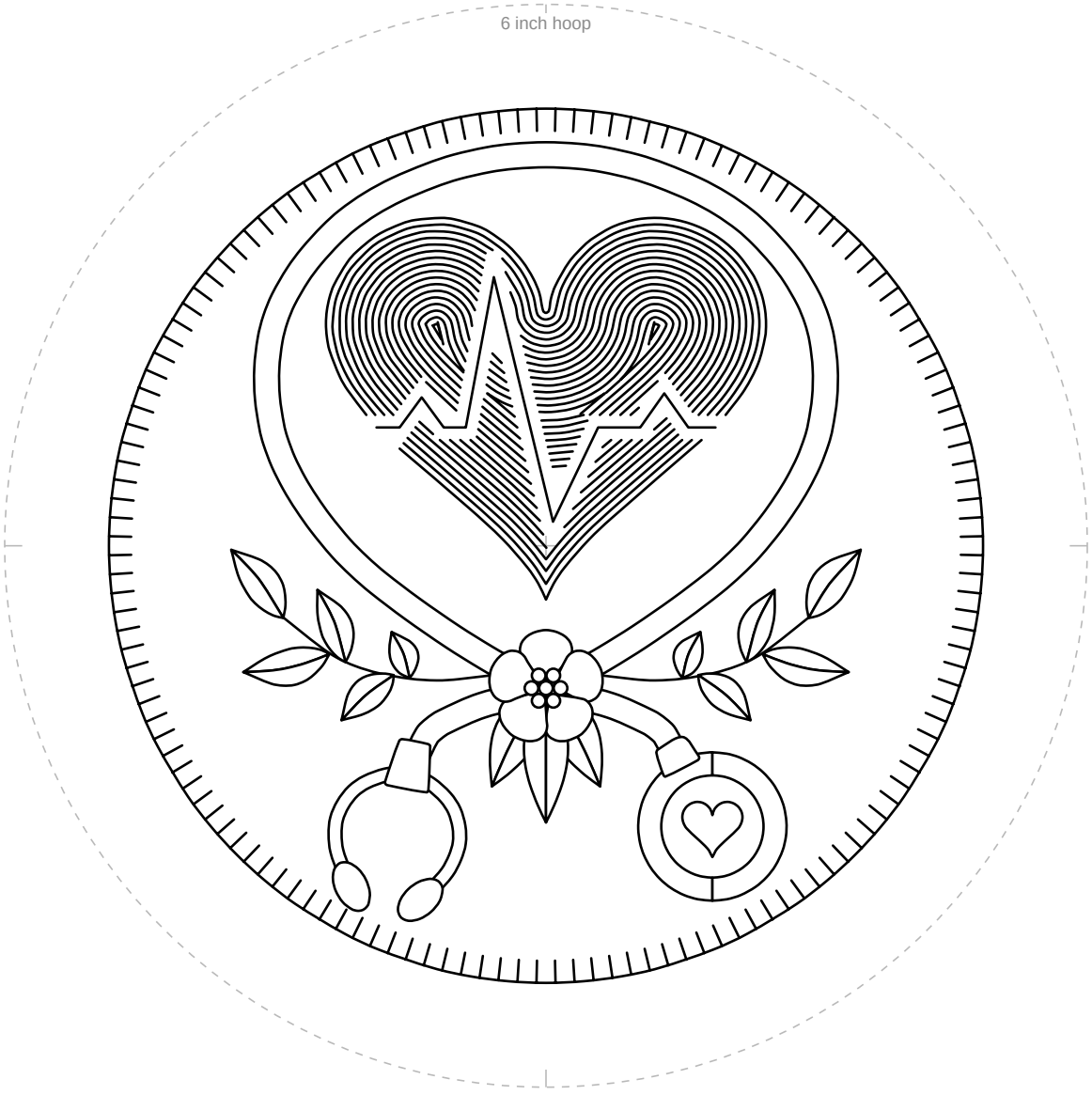
6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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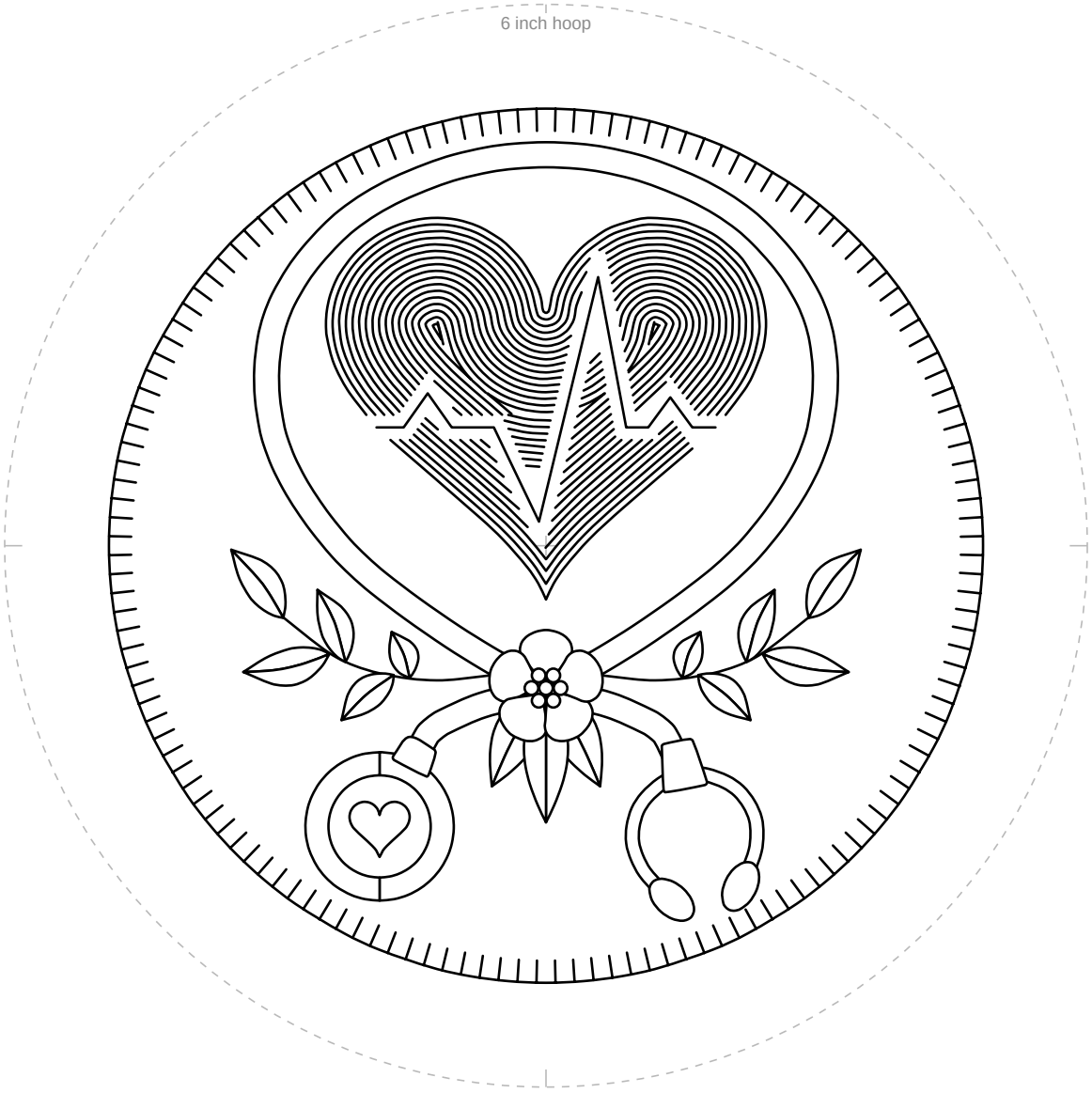
6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



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