Stethoscope heart over laurel

6 inch (15 cm) hoop, 4.2 × 4.2 in (10.7 × 10.7 cm)



Colors by number: page 2.
Fabric: teal cotton or linen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Berry stems

2. **Satin stitch**, 2 strands
   Laurel stems, ribbon



3. **Buttonhole stitch**, 2 strands
   Open leaves



4. **Stem stitch**, 1 strand
   Leaf veins

5. **Padded satin stitch**, 2 strands
   Full leaves, berries, ear tubes, ear tips, tubing, chest piece, ribbon



Take out lines that still show, press face down, finish the hoop.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

Buy: 5 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of teal cotton or linen, a white pencil.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1 DMC 822 Light Beige Gray
2 DMC BLANC White
3 DMC 712 Cream
4 DMC 762 Very Light Pearl Gray
5 DMC 318 Light Steel Gray

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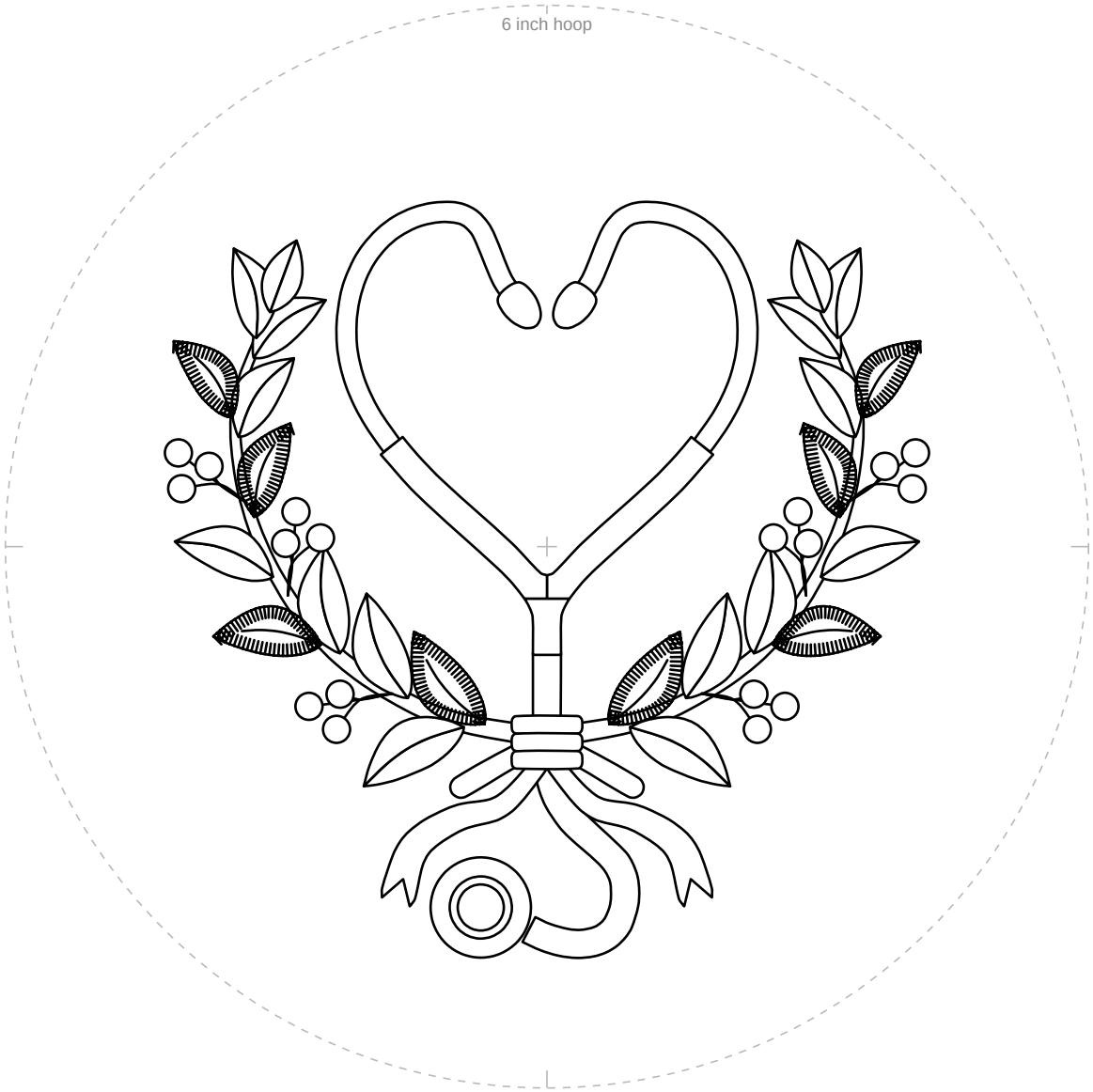
Stethoscope heart over laurel

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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