Officially one

6 inch (15 cm) hoop, 4.2 × 4.3 in (10.7 × 10.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

14 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 2 strands
   Wick



2. **Long and short stitch**, 1 strand
   Water, tail, back fin, belly fins, body, side fin



3. **Satin stitch**, 2 strands
   Pebbles, eye, bowl, bowl rim, letters, candle, candle stripes, flame, wording, pennants



4. **Split stitch**
   1 strand: water line, pebble edges, fin edges, body edge, eye edge, bubbles
   2 strands: gill, glass highlight

5. **Back stitch**
   1 strand: scales
   2 strands: mouth

6. **Stem stitch**, 2 strands
   Bowl edge, letter edge, candle edge, lines of the string

7. **Straight stitch**
   1 strand: eye highlight
   3 strands: rays



8. **French knot**
   2 strands, two wraps
   Knots of the string



Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3761 Light Sky Blue	**6**	DMC 3808 Ultra Very Dark Turquoise	**11**	DMC 741 Medium Tangerine
2	DMC 519 Sky Blue	**7**	DMC 3705 Dark Melon	**12**	DMC 946 Medium Burnt Orange
3	DMC 747 Very Light Sky Blue	**8**	DMC 725 Medium Light Topaz	**13**	DMC 900 Dark Burnt Orange
4	DMC 3810 Dark Turquoise	**9**	DMC 970 Light Pumpkin	**14**	DMC 939 Very Dark Navy Blue
5	DMC BLANC White	**10**	DMC 743 Medium Yellow		

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Officially one

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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Officially one

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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