Old rocking horse in a wildflower meadow

6 inch (15 cm) hoop, 4.7 × 3.9 in (11.9 × 9.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

20 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Grasses
2. **Straight stitch**, 3 strands
   Grass seeds
3. **Long and short stitch**, 1 strand
   Meadow, rockers, far legs, worn cream paint, hooves, tail, body, near legs, ears (colors 6 and 7), head, mane, saddle, wren, poppy petals
4. **Satin stitch**, 2 strands
   Grass blades, slats, ears (color 8), eye, nostril, girth, stirrup leather, poppy centers, daisy petals, daisy centers, sepals, cornflower petals
5. **Fishbone stitch**, 2 strands
   Poppy buds
6. **Split stitch**
   1 strand: outline, mane edges, wren edges, poppy edges, daisy edges
   2 strands: edges of the eye, mouth, saddle edge, wren brow
7. **Stem stitch**
   4 strands: stirrup
   1 strand: wren legs (color 9)
   2 strands: flower stems, poppy leaves (color 3)
8. **Straight stitch**
   2 strands: eye highlight, wren bill, edges of the poppy petals
   1 strand: wren bars, wren legs (color 9), edges of the poppy centers
   3 strands: poppy leaves (color 3), edges of the cornflower petals
9. **French knot**, two wraps
   1 strand: wren eye, poppy stamens, knots of the daisy centers
   2 strands: cornflower centers

Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3347 Medium Yellow Green	8	DMC 300 Very Dark Mahogany	15	DMC 350 Medium Coral
2	DMC 3345 Dark Hunter Green	9	DMC 3371 Black Brown	16	DMC 817 Very Dark Coral Red
3	DMC 3013 Light Khaki Green	10	DMC 712 Cream	17	DMC 351 Coral
4	DMC 738 Very Light Tan	11	DMC 402 Very Light Mahogany	18	DMC 3865 Winter White
5	DMC 3776 Light Mahogany	12	DMC 931 Medium Antique Blue	19	DMC 783 Medium Topaz
6	DMC 301 Medium Mahogany	13	DMC 930 Dark Antique Blue	20	DMC 793 Medium Cornflower Blue
7	DMC 400 Dark Mahogany	14	DMC 3752 Very Light Antique Blue		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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