# One

6 inch (15 cm) hoop, 4.6 × 4.6 in (11.7 × 11.7 cm)




Colors by number: page 2.
Fabric: sage green cotton or linen.

## What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of sage green cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

8 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

## Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

## How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

## Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 4 strands, color 1
   Laurel stems



2. **Satin stitch**
   2 strands, colors 2, 3, 5, 8
   Flame, bow tails, ribbon inside, bow loops



3. **Back stitch**, 2 strands, color 1
   Berry stalks



4. **Straight stitch**, colors 1, 5
   1 strand: pleats, ribbon folds
   3 strands: wick



5. **Padded satin stitch**
   colors 2, 3, 4, 6, 7
   2 strands: laurel leaves, letters, cupcake case, candle, flame
   3 strands: bow knot



6. **Colonial knot**
   2 strands, two wraps, colors 2, 3, 4
   Berries, letter edges, icing



Take out lines that still show, press face down, finish the hoop or sew a pillow.



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# One

**6 inch hoop**

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.




**1** DMC 677 Very Light Old Gold
**2** DMC 822 Light Beige Gray
**3** DMC BLANC White
**4** DMC 3820 Dark Straw
**5** DMC 842 Very Light Beige Brown
**6** DMC 3822 Light Straw
**7** DMC 783 Medium Topaz
**8** DMC 745 Light Pale Yellow



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# One

**6 inch hoop**

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one Colonial knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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# One

**6 inch hoop**

For an iron-on pen only. Go over the lines, press ink side down.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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