Palm island at sunset

6 inch (15 cm) hoop, 4.7 × 4.7 in (11.9 × 11.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

18 colors of floss (page 2): 2 skeins of DMC 3687; one of each other color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   colors 1, 2, 3, 4, 5, 6, 7, 8, 9, 11, 12, 13, 14, 15, 16, 17
   2 strands: sky, clouds, sun, lagoon water, island reflection, scrub, sand, boat shadow
   1 strand: palm trunks



2. **Satin stitch**
   2 strands, colors 1, 6, 8, 9, 10, 11, 14, 15, 16, 17, 18
   Ripples, sun path, wet sand, palm fronds, roots, coconuts, boat inside, boat seats, boat stern, boat hull



3. **Fly stitch**, 2 strands, color 8
   Birds



4. **Split stitch**, 1 strand, colors 8, 10
   Sun edge, plank lines

5. **Straight stitch**, colors 10, 15
   1 strand: coconut highlights
   2 strands: beach grass



6. **Stem stitch**
   colors 2, 6, 7, 8, 9, 10, 16
   2 strands: foam, boat rim
   1 strand: trunk rings, frond ribs, mooring rope
   3 strands: round edge

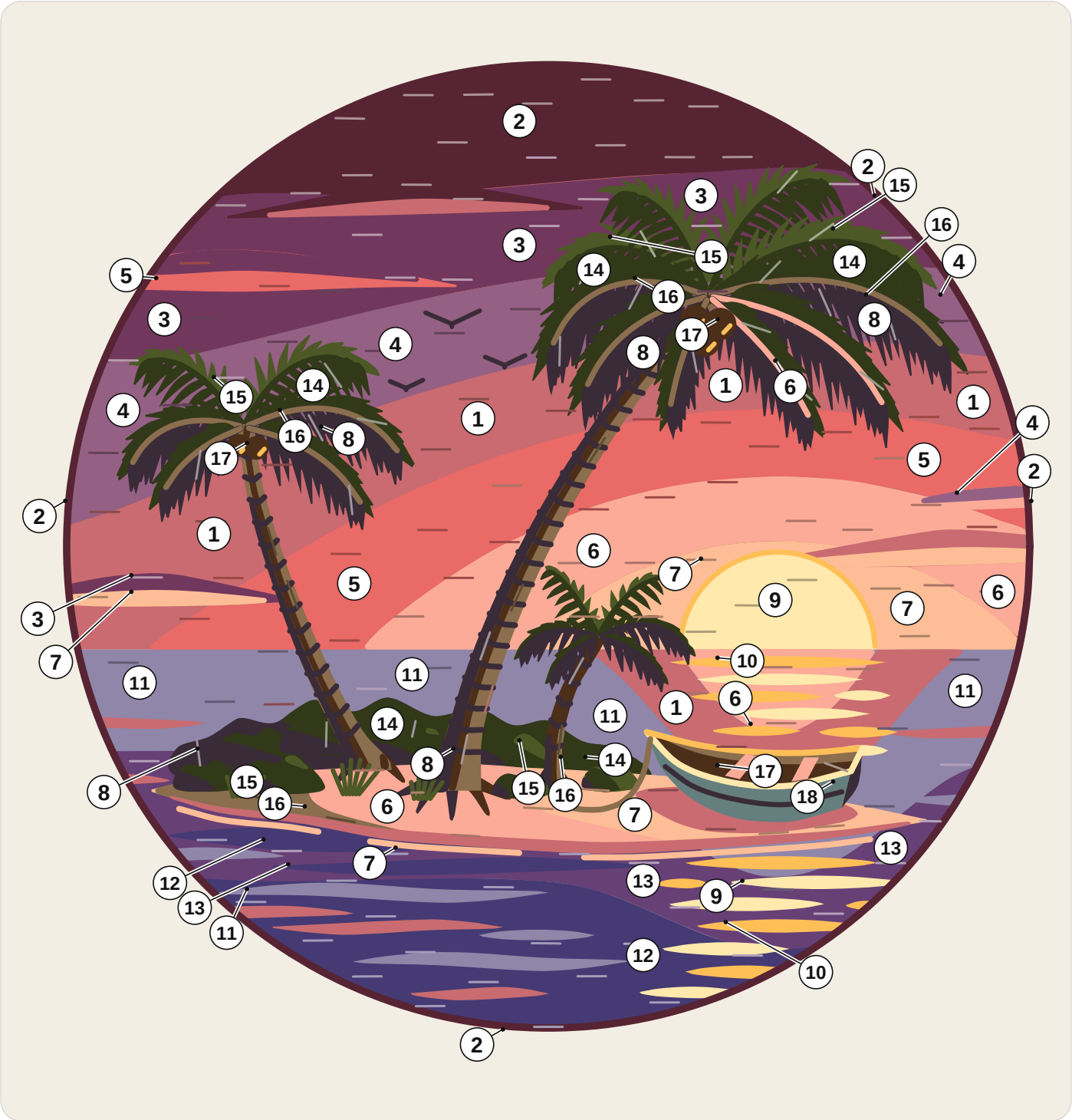
Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3687 Mauve	7	DMC 3825 Pale Pumpkin	13	DMC 29 Eggplant
2	DMC 154 Very Dark Grape	8	DMC 3371 Black Brown	14	DMC 934 Black Avocado Green
3	DMC 3834 Dark Grape	9	DMC 745 Light Pale Yellow	15	DMC 936 Very Dark Avocado Green
4	DMC 3835 Medium Grape	10	DMC 742 Light Tangerine	16	DMC 3862 Dark Mocha Beige
5	DMC 351 Coral	11	DMC 28 Medium Light Eggplant	17	DMC 898 Very Dark Coffee Brown
6	DMC 3341 Apricot	12	DMC 32 Dark Blueberry	18	DMC 3768 Dark Gray Green

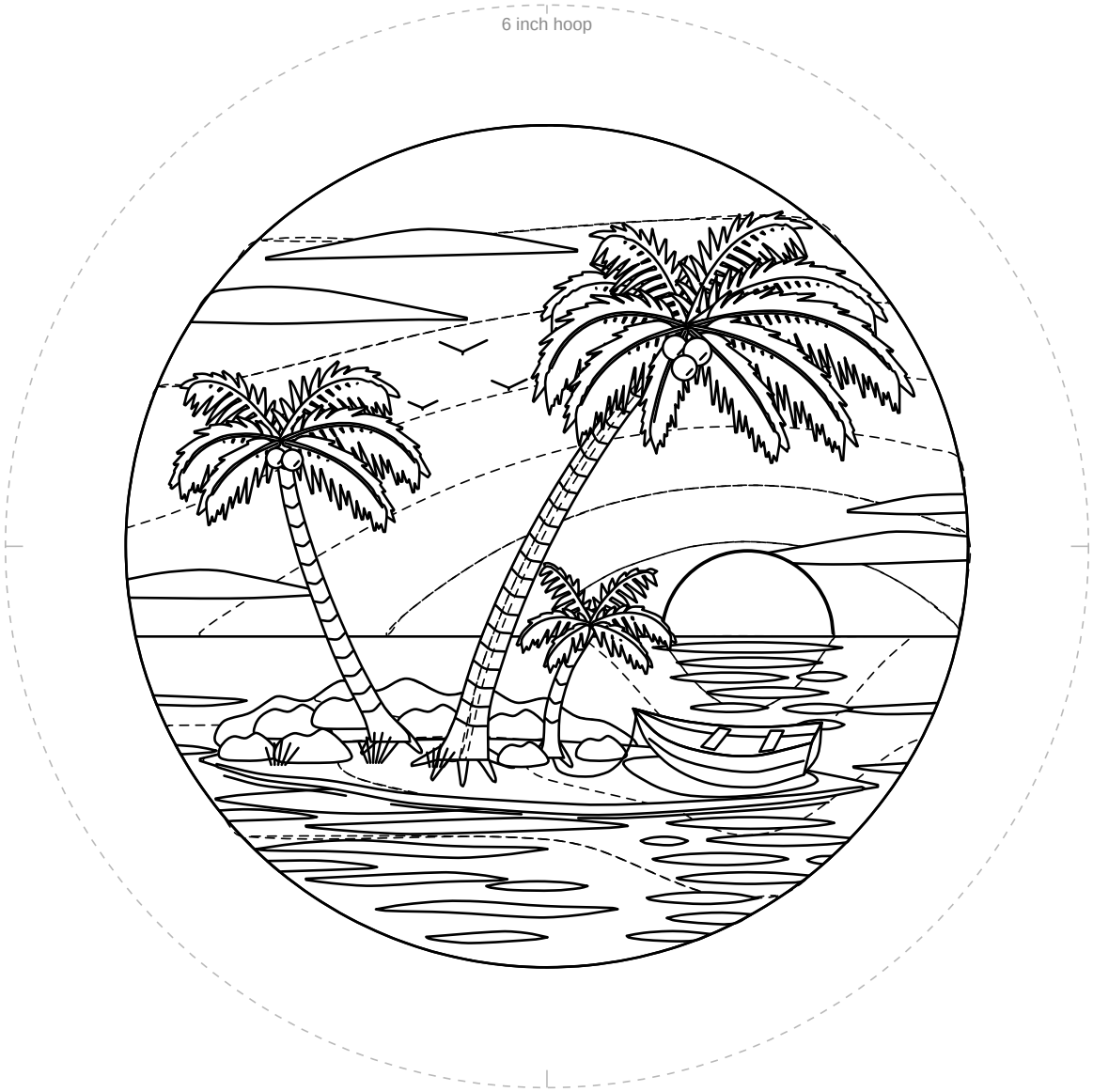
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

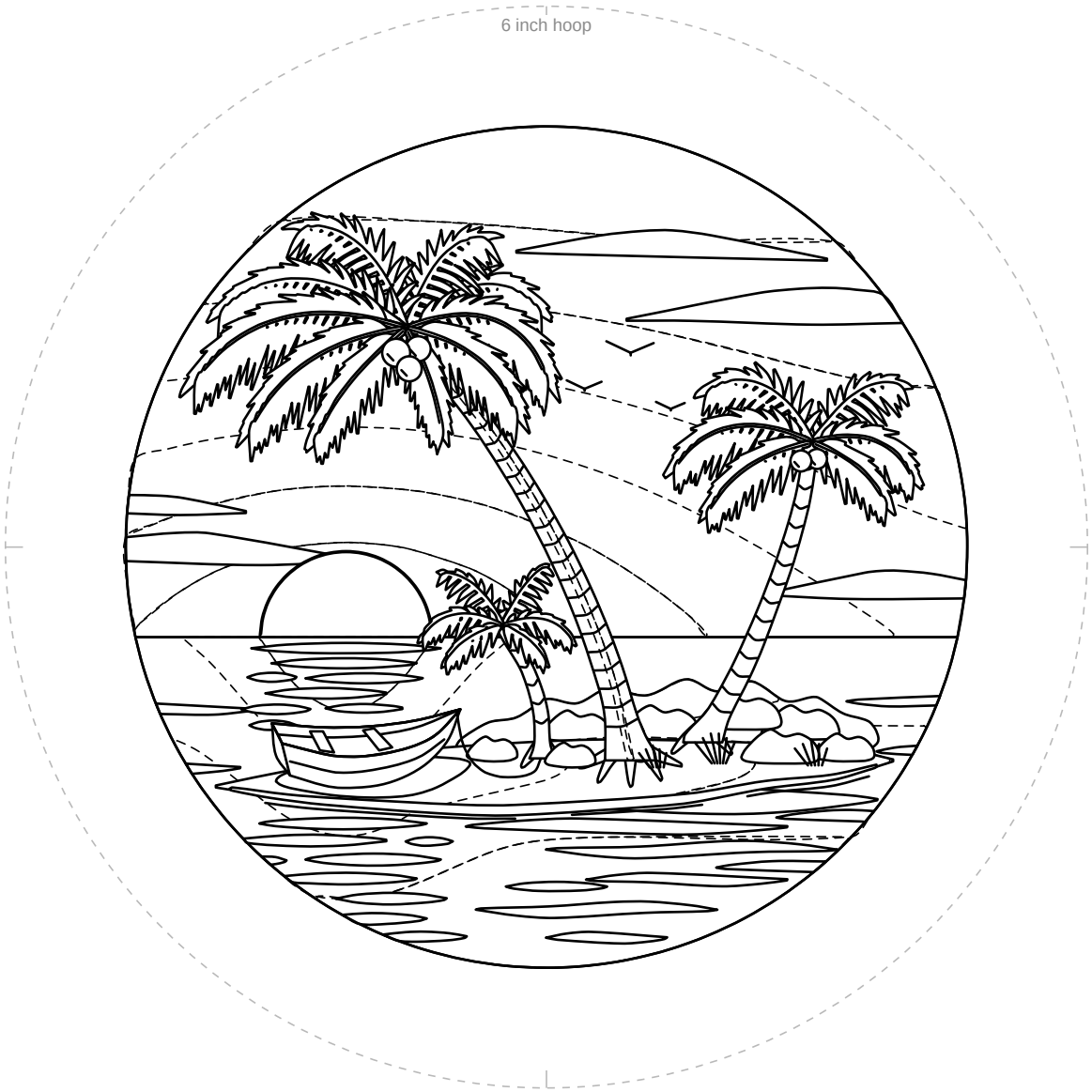
Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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