Panda and frog protection talisman

6 inch (15 cm) hoop, 5 × 5 in (12.7 × 12.7 cm)



Colors by number: page 2.
Fabric: teal cotton or linen.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

Buy: 17 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), embroidery needles size 9, and size 5 for 4 strands, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of teal cotton or linen, a white pencil.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 4 strands
   Lotus stems

2. **Long and short stitch**, 1 strand
   Golden bamboo, lotus buds (color 7), lotus flowers, lotus seat, ears, belly, feet, arms, held lotus, paws, head, frog legs, frog body, frog head



3. **Satin stitch**, 2 strands
   Bamboo leaves, ring lotus, bamboo joints, lotus leaves, lotus buds (color 1), inner ears, paw pads, eye patches, closed eyes, cheeks, nose, frog feet, frog belly, frog eyelids, frog eyes, frog pupils



4. **Straight stitch**
   3 strands: bamboo joint lines
   1 strand: paw fingers
   2 strands: lashes, nose highlight



5. **Split stitch**
   3 strands: mouth, frog smile
   1 strand: frog leg edges

6. **French knot**, two wraps
   2 strands: gold beads, knots of the frog feet, eye highlights
   1 strand: frog nostrils



Take out lines that still show, press face down, finish the hoop.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3348 Light Yellow Green	7	DMC 3705 Dark Melon	13	DMC 762 Very Light Pearl Gray
2	DMC 3346 Hunter Green	8	DMC 310 Black	14	DMC 702 Kelly Green
3	DMC 3821 Straw	9	DMC 3799 Very Dark Pewter Gray	15	DMC 704 Bright Chartreuse
4	DMC 321 Red	10	DMC 317 Pewter Gray	16	DMC 699 Green
5	DMC 815 Medium Garnet	11	DMC 3865 Winter White	17	DMC 3819 Light Moss Green
6	DMC 3706 Medium Melon	12	DMC 415 Pearl Gray		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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