Peace in laurel

6 inch (15 cm) hoop, 4.7 × 4.2 in (11.9 × 10.7 cm)



A number is a row of the list.
Fabric: sage green cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of sage green cotton or linen.

An embroidery needle, size 9.

One skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 2 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 2 on top; trace with a ballpoint.

Iron-on pen: go over page 3, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Floss

- **DMC 712 Cream**
  Trellis leaves and satin leaves (darker), stems, nest (middle)
- **DMC BLANC White**
  Open leaves, letters, berries and berry stems, satin leaves and trellis leaves (lighter), nest (light)
- **DMC 3033 Very Light Mocha Brown**
  Nest (dark), nest hollow
- **DMC 3841 Pale Baby Blue**
  Eggs

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Berry stems

2. **Fishbone stitch**, 2 strands
   Satin leaves



3. **Trellis stitch**, 2 strands
   Trellis leaves



4. **Long and short stitch**
   2 strands
   Nest hollow, nest



5. **Satin stitch**, 2 strands
   Letters



6. **Straight stitch**, 1 strand
   Open leaves (DMC BLANC)



7. **Stem stitch**
   3 strands: open leaves (DMC BLANC)
   2 strands: edges of the trellis leaves, lines of the nest

8. **Padded satin stitch**, 2 strands
   Berries, eggs



9. **Colonial knot**
   2 strands, two wraps
   Stems



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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Peace in laurel

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one Colonial knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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Peace in laurel

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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