Pennsylvania keystone, mountain laurel

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.9 × 3.6 in (9.9 × 9.1 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Keystone, blossoms
2. **Satin stitch**, strands by part on page 2
   Gold rim, buds, flower cups, crimson stars
3. **Fishbone stitch**, 2 strands
   Leaves
4. **Stem stitch**, strands by part on page 2
   Rim edges, stems, leaves
5. **Whipped back stitch**, 1 strand
   Gold line
6. **Straight stitch**, 1 strand
   Bud ribs, stamens
7. **Back stitch**, 1 strand
   Blossom folds
8. **Split stitch**, 1 strand
   Blossom edges
9. **French knot**
   strands by part on page 2, two wraps
   Anther pockets, pistils

Floss

- **1 DMC 823 Dark Navy Blue** Keystone
- **2 DMC 3820 Dark Straw** Gold rim
- **3 DMC 782 Dark Topaz** Rim edges
- **4 DMC 3822 Light Straw** Gold line
- **5 DMC 988 Medium Forest Green**
  Leaves (dark), stems and flower cups
- **6 DMC 989 Forest Green** Leaves (light)
- **7 DMC 3348 Light Yellow Green**
  Leaves (lightest), pistils
- **8 DMC 986 Very Dark Forest Green**
  Leaves (darkest)
- **9 DMC 3350 Ultra Dark Dusty Rose**
  Blossom edges, buds (darker), blossoms (darkest)
- **10 DMC 3688 Medium Mauve**
  Blossoms (middle dark), buds (lighter)
- **11 DMC 3689 Light Mauve**
  Blossoms (middle light), bud ribs
- **12 DMC 3687 Mauve**
  Blossoms (dark), stamens, blossom folds (lighter)
- **13 DMC 3685 Very Dark Mauve**
  Blossom folds (darker)
- **14 DMC 819 Light Baby Pink** Blossoms (lightest)
- **15 DMC 818 Baby Pink** Blossoms (light)
- **16 DMC 815 Medium Garnet**
  Crimson stars and anther pockets

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Pennsylvania keystone, mountain laurel

6 inch hoop

How to read it

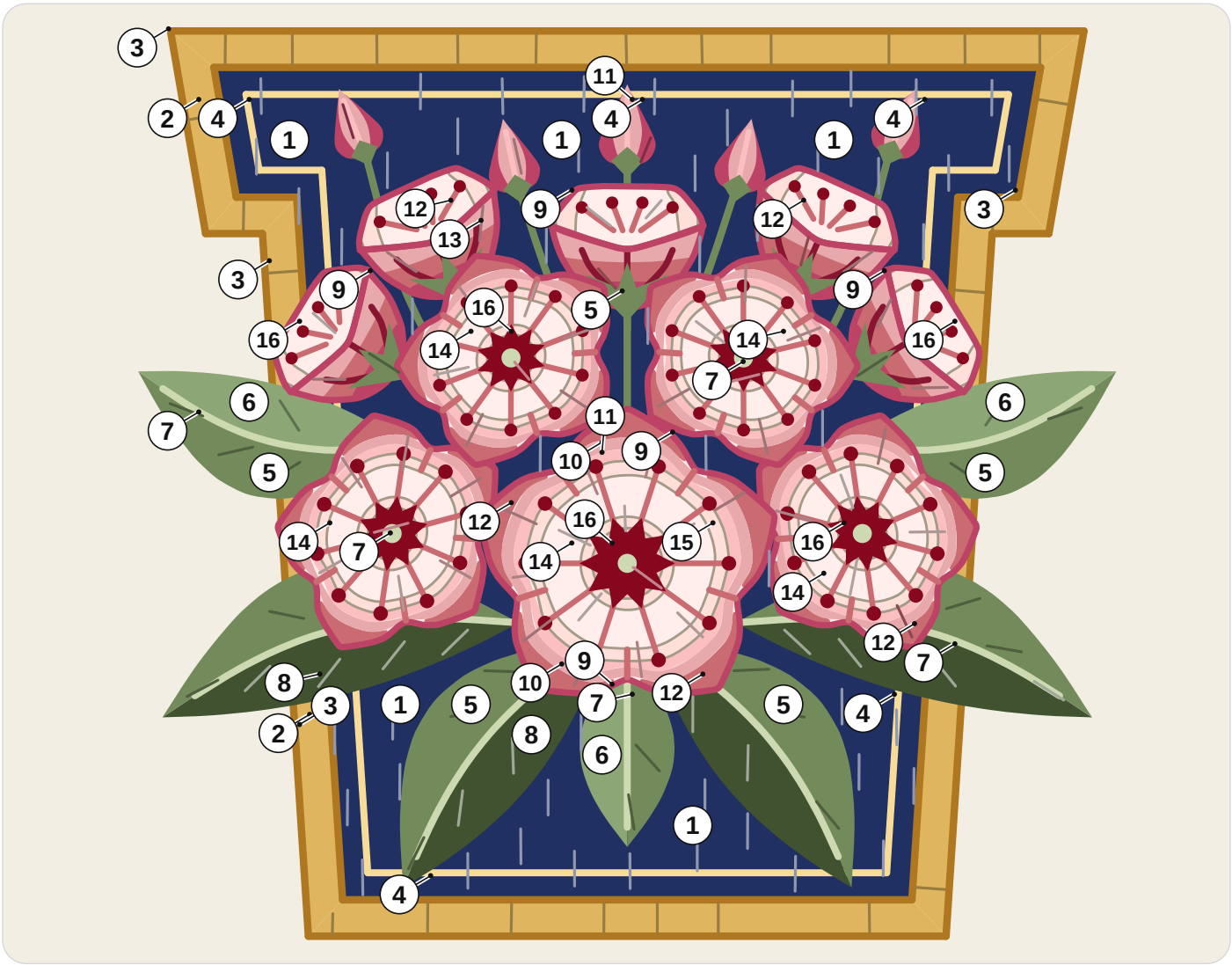
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 823 Dark Navy Blue	7	DMC 3348 Light Yellow Green	13	DMC 3685 Very Dark Mauve
2	DMC 3820 Dark Straw	8	DMC 986 Very Dark Forest Green	14	DMC 819 Light Baby Pink
3	DMC 782 Dark Topaz	9	DMC 3350 Ultra Dark Dusty Rose	15	DMC 818 Baby Pink
4	DMC 3822 Light Straw	10	DMC 3688 Medium Mauve	16	DMC 815 Medium Garnet
5	DMC 988 Medium Forest Green	11	DMC 3689 Light Mauve		
6	DMC 989 Forest Green	12	DMC 3687 Mauve		

How many strands

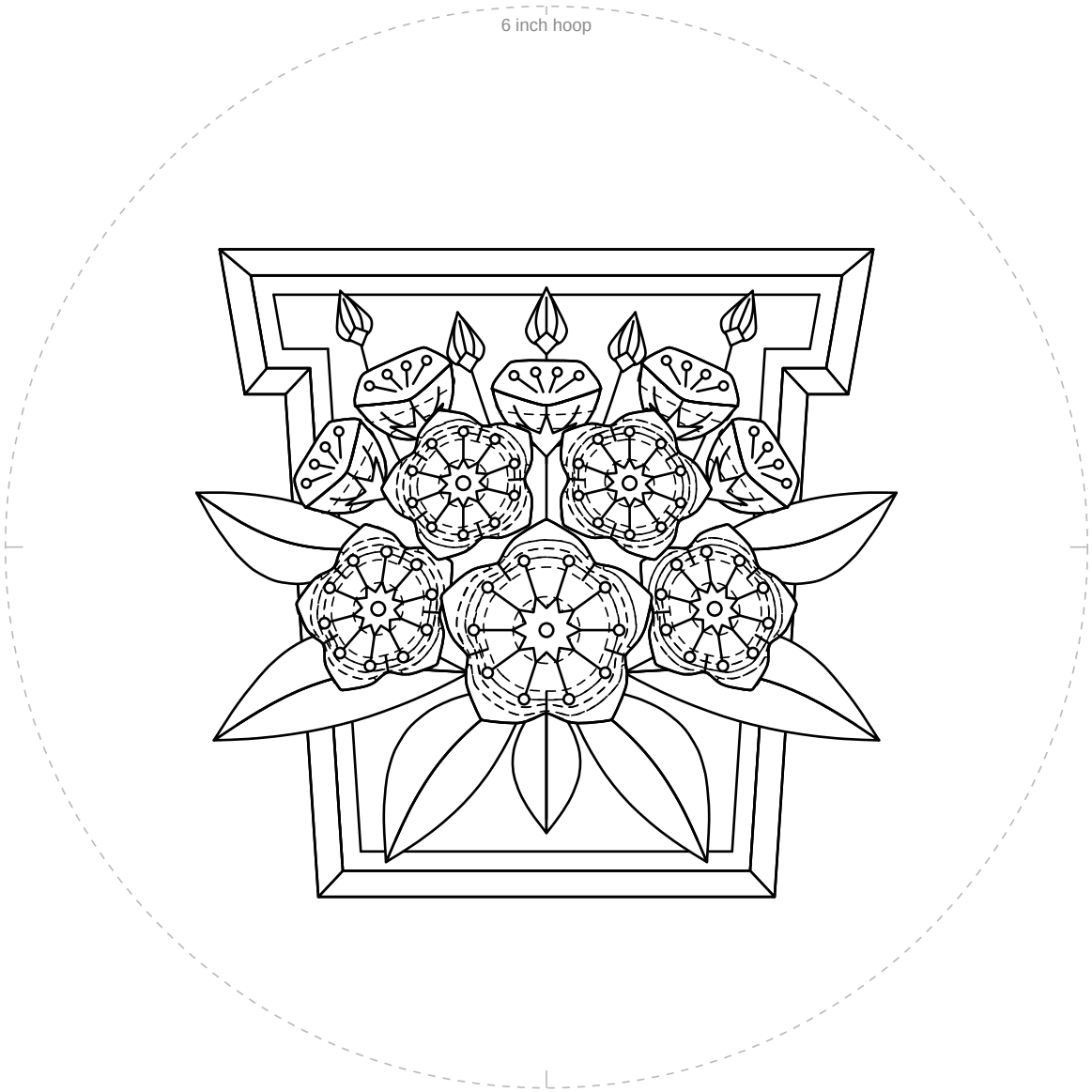
Satin stitch. 2 strands: gold rim, buds, flower cups; 1 strand: crimson stars.
Stem stitch. 2 strands: rim edges, stems; 1 strand: leaves.
French knot. 2 strands: pistils; 1 strand: anther pockets.

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Pennsylvania keystone, mountain laurel

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

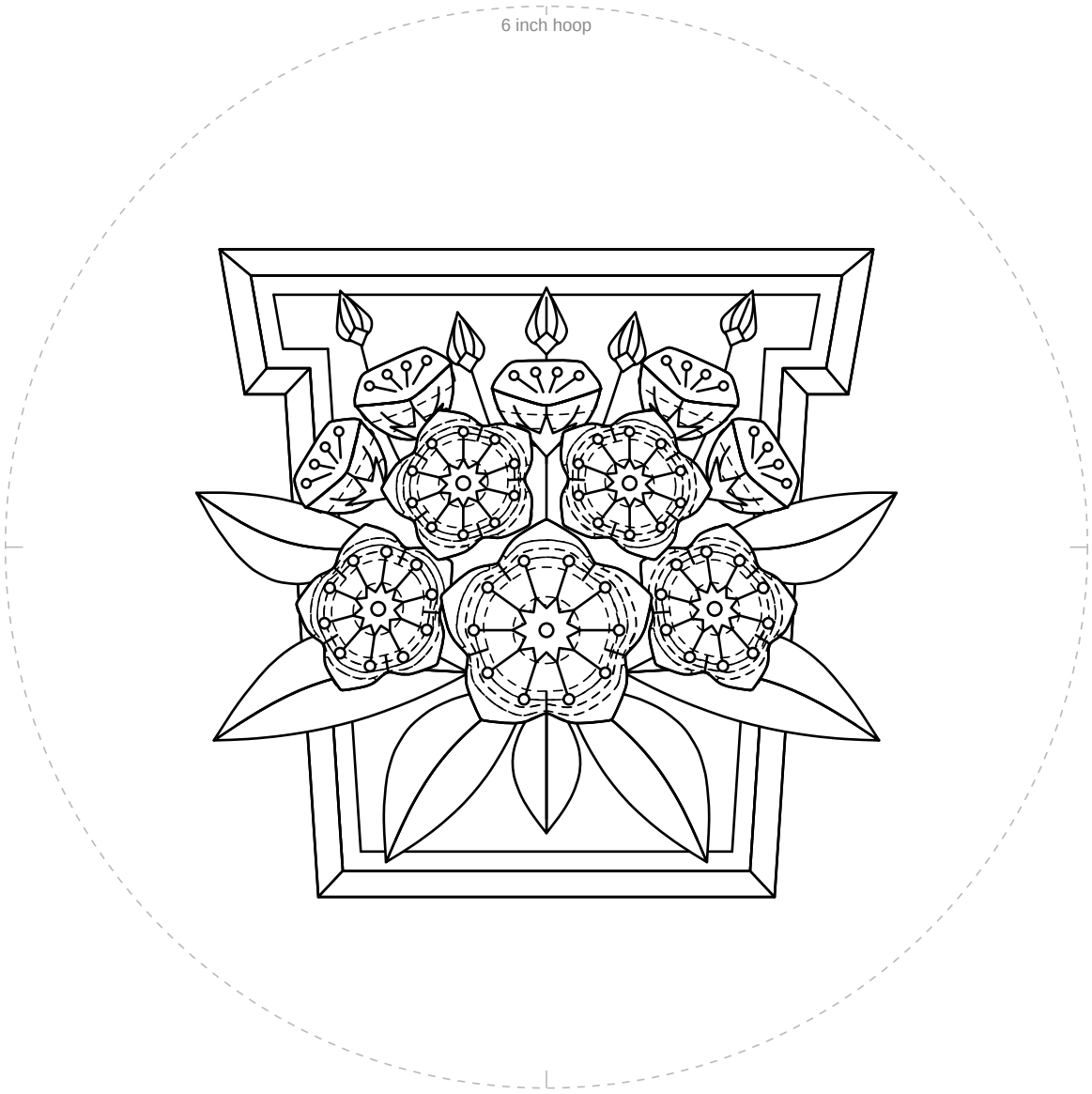
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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