Periwinkle vine heart

6 inch (15 cm) hoop, 4.5 × 4.5 in (11.4 × 11.4 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

16 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, colors 2, 3
   3 strands: vine
   2 strands: bud stalks

2. **Fishbone stitch**
   2 strands, colors 1, 2, 3, 4
   Leaves



3. **Long and short stitch**
   1 strand, colors 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 16
   Periwinkle petals, white eyes (color 14)



4. **Satin stitch**
   2 strands, colors 1, 3, 5, 6, 7, 8, 9, 10, 11, 12, 14
   Furled buds, bud cups, flower tube, white eyes (color 14), dark eye rims



5. **French knot**
   1 strand, two wraps, color 15
   Flower centers



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3362 Dark Pine Green	7	DMC 794 Light Cornflower Blue	13	DMC 157 Very Light Cornflower Blue
2	DMC 3363 Medium Pine Green	8	DMC 3746 Dark Blue Violet	14	DMC 3865 Winter White
3	DMC 367 Dark Pistachio Green	9	DMC 155 Medium Dark Blue Violet	15	DMC 3821 Straw
4	DMC 989 Forest Green	10	DMC 340 Medium Blue Violet	16	DMC 333 Very Dark Blue Violet
5	DMC 3807 Cornflower Blue	11	DMC 3747 Very Light Blue Violet		
6	DMC 793 Medium Cornflower Blue	12	DMC 791 Very Dark Cornflower Blue		

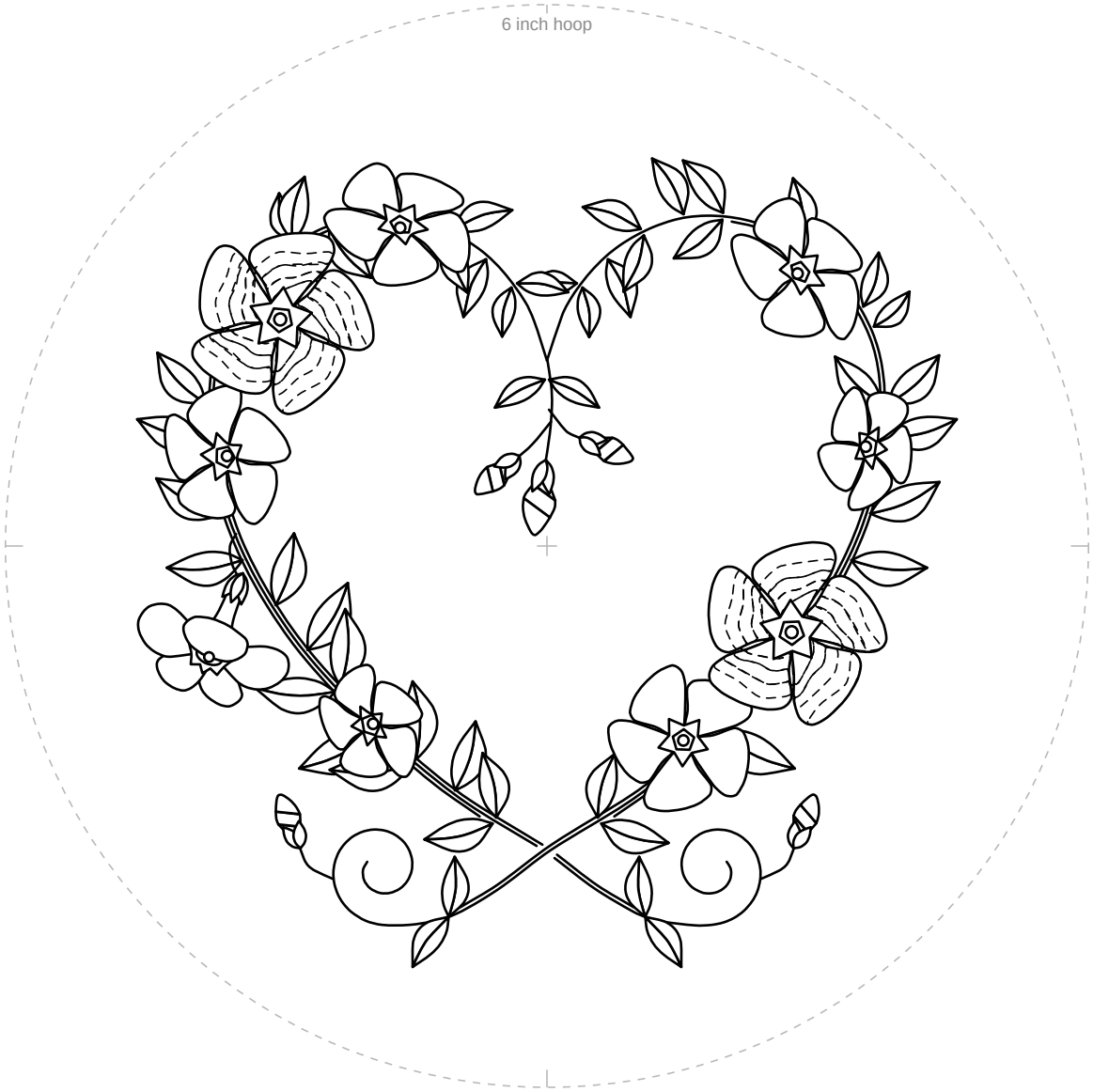
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

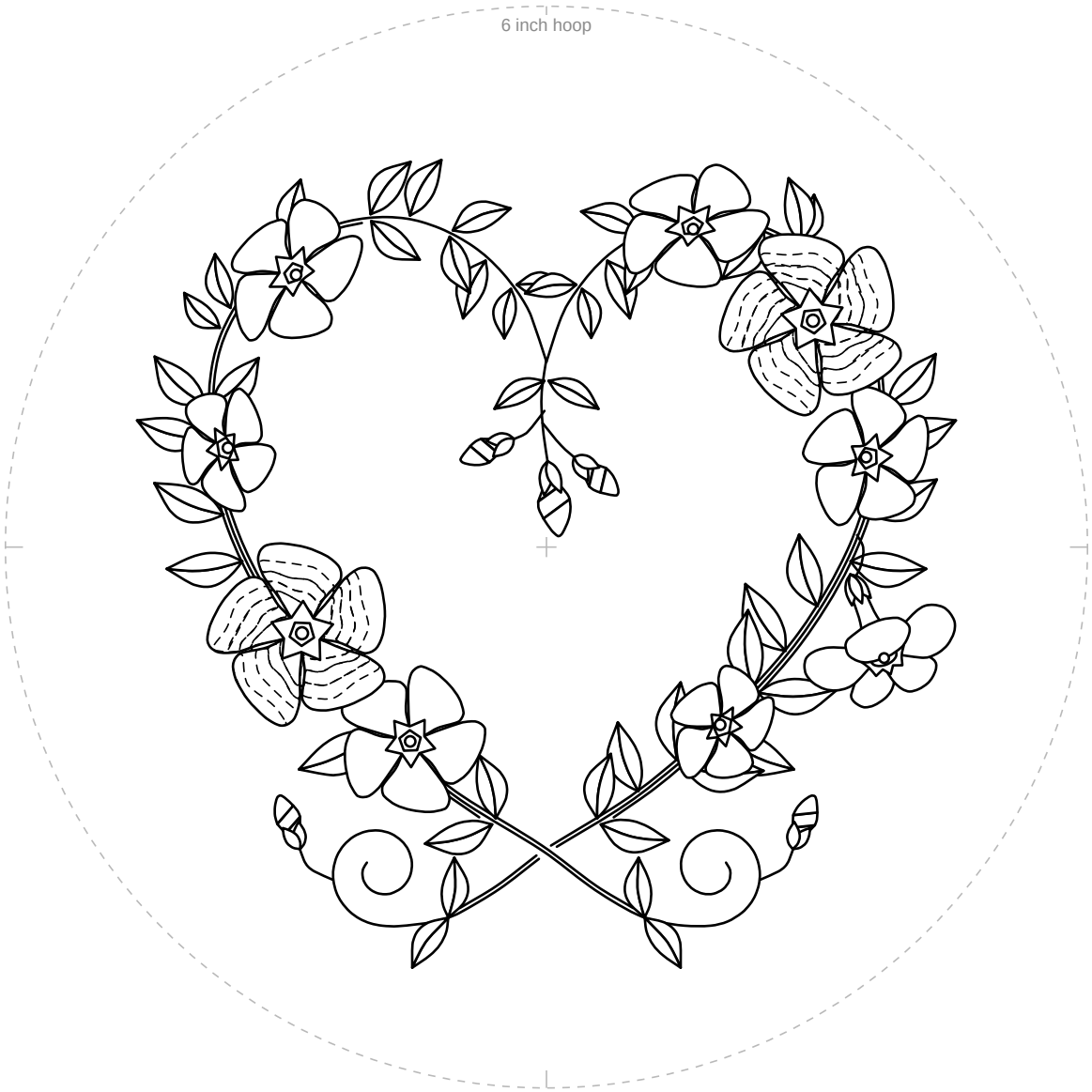
Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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