Pho noodle bowl with herbs and lime

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 4 in (10.9 × 10.2 cm).



Which color goes where: by number on page 2.
Fabric: sage green cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines.

1. **Long and short stitch**
   strands by part on page 2
   Shadow on the cloth, bowl foot, bowl, inside of the bowl, rim, broth, beef, beef folds, chopsticks, chili
2. **Satin stitch**, 2 strands
   Cobalt leaves, scallion rings, chili rings, lime rind, lime pith, lime flesh, star anise, chili cap
3. **Fishbone stitch**, 2 strands
   Basil leaves
4. **Stem stitch**, strands by part on page 2
   Cobalt bands, cobalt vine, noodles, noodle shadow, beef folds, beef edges, basil leaves, basil stem, lime rind, chili stem
5. **Straight stitch**, 2 strands
   Star anise

Floss

- 1 **DMC 523 Light Fern Green** Shadow on the cloth
- 2 **DMC 3752 Very Light Antique Blue**
  Bowl, bowl foot and rim (dark), inside of the bowl (middle), noodle shadow
- 3 **DMC 318 Light Steel Gray**
  Inside of the bowl (dark), bowl and bowl foot (darkest)
- 4 **DMC 762 Very Light Pearl Gray**
  Inside of the bowl, bowl and bowl foot (light), rim (middle)
- 5 **DMC BLANC White**
  Bowl and bowl foot (lightest), noodles (lighter), rim (light), lime pith
- 6 **DMC 977 Light Golden Brown** Broth (light)
- 7 **DMC 3826 Golden Brown**
  Broth (dark), chopsticks and star anise (lighter)
- 8 **DMC 976 Medium Golden Brown** Broth (middle)
- 9 **DMC 797 Royal Blue**
  Cobalt bands, cobalt vine and cobalt leaves
- 10 **DMC 738 Very Light Tan** Noodles (darker)
- 11 **DMC 3859 Light Rosewood**
  Beef and beef folds (middle)
- 12 **DMC 3858 Medium Rosewood**
  Beef and beef folds (dark), beef edges and basil stem, chili (darker)
- 13 **DMC 224 Very Light Shell Pink**
  Beef folds and beef (light)
- 14 **DMC 988 Medium Forest Green**
  Basil leaves (middle), lime rind (lighter), scallion rings (darker), chili cap
- 15 **DMC 986 Very Dark Forest Green**
  Basil leaves (dark), lime rind (darker), chili stem
- 16 **DMC 472 Ultra Light Avocado Green**
  Basil leaves (light), lime flesh, scallion rings (lighter)
- 17 **DMC 801 Dark Coffee Brown**
  Chopsticks and star anise (darker)
- 18 **DMC 321 Red** Chili (lighter), chili rings

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

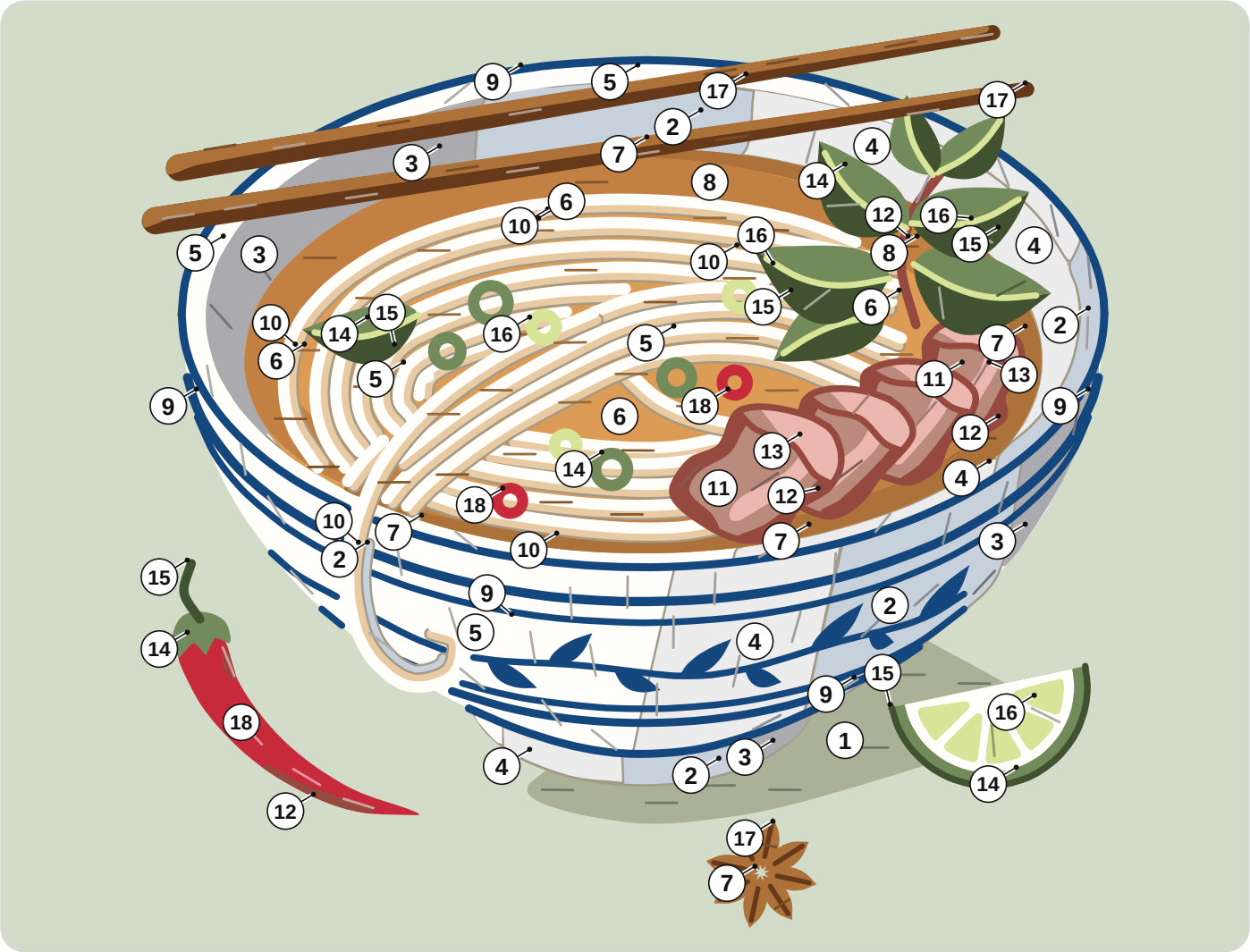
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 523 Light Fern Green	7	DMC 3826 Golden Brown	13	DMC 224 Very Light Shell Pink
2	DMC 3752 Very Light Antique Blue	8	DMC 976 Medium Golden Brown	14	DMC 988 Medium Forest Green
3	DMC 318 Light Steel Gray	9	DMC 797 Royal Blue	15	DMC 986 Very Dark Forest Green
4	DMC 762 Very Light Pearl Gray	10	DMC 738 Very Light Tan	16	DMC 472 Ultra Light Avocado Green
5	DMC BLANC White	11	DMC 3859 Light Rosewood	17	DMC 801 Dark Coffee Brown
6	DMC 977 Light Golden Brown	12	DMC 3858 Medium Rosewood	18	DMC 321 Red

How many strands

Long and short stitch. 2 strands: shadow on the cloth, bowl foot, bowl, inside of the bowl, rim, broth; 1 strand: beef, beef folds, chopsticks, chili.

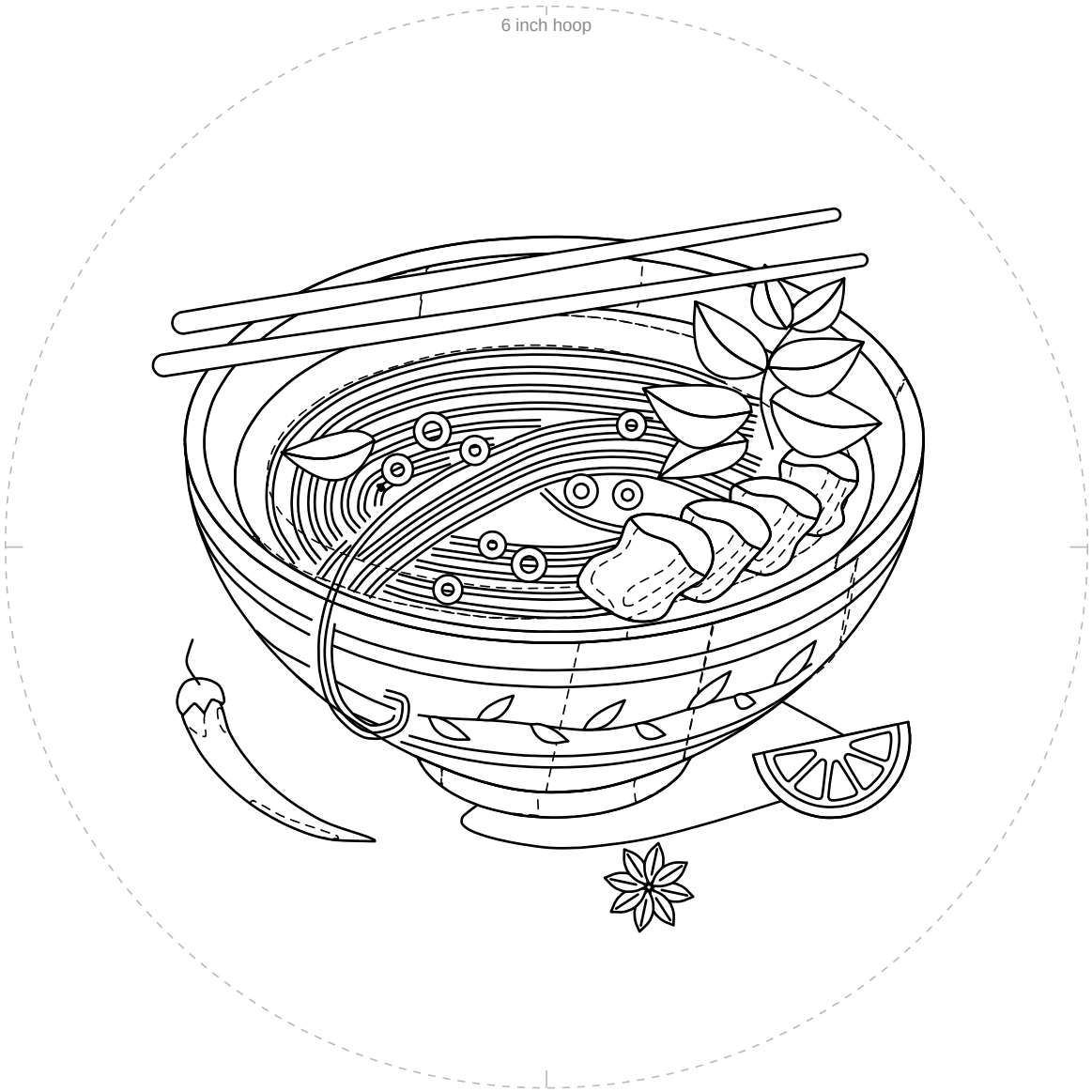
Stem stitch. 4 or 6 strands: noodles; 4 strands: basil stem, chili stem; 2 to 4 strands: cobalt bands; 3 strands: noodle shadow; 2 strands: cobalt vine, beef edges, lime rind; 1 strand: beef folds, basil leaves.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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