Polar bear portrait with arctic poppies

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.6 in (11.4 × 11.7 cm).



Which color goes where.

Stitches

- **Long and short stitch**, 1 strand
  Ears, head and neck, nose, buds, poppy petals
- **Stem stitch**, 1 to 3 strands
  Mouth, leaf ribs, flower stalks
- **Satin stitch**, 1 to 2 strands
  Eyes, eye light, leaves, poppy petals, poppy hearts, saxifrage
- **Straight stitch**, 1 strand
  Eye light, bud hairs, stamens, poppy heart ribs
- **Split stitch**, 1 strand
  Eyelids
- **French knot**, 1 to 2 strands, two wraps
  Stamen tips, moss, saxifrage hearts

Floss

- **DMC 932 Light Antique Blue**
  Head and neck (dark), ears (shade 2 of 7)
- **DMC 168 Very Light Pewter**
  Head and neck (middle dark), ears (shade 4 of 7)
- **DMC 822 Light Beige Gray**
  Head and neck (middle light), ears (shade 5 of 7)
- **DMC 712 Cream**
  Head and neck (light), ears (shade 6 of 7)
- **DMC BLANC White**
  Head and neck (lightest), ears (shade 7 of 7), eye light
- **DMC 3864 Light Mocha Beige** Ears (shade 3 of 7)
- **DMC 931 Medium Antique Blue**
  Ears (shade 1 of 7), head and neck (darkest)
- **DMC 310 Black** Nose (darker), eyes
- **DMC 3799 Very Dark Pewter Gray**
  Eyelids and mouth, nose (lighter)
- **DMC 3363 Medium Pine Green**
  Moss and leaves (lighter), flower stalks, buds (middle) and 2 more parts
- **DMC 520 Dark Fern Green**
  Moss and leaves (darker), leaf ribs and bud hairs, buds (dark)
- **DMC 472 Ultra Light Avocado Green**
  Buds (light), poppy hearts (lighter)
- **DMC 743 Medium Yellow**
  Poppy petals (light), saxifrage hearts
- **DMC 742 Light Tangerine** Poppy petals (dark)
- **DMC 783 Medium Topaz**
  Poppy petals (darkest), stamens
- **DMC 780 Ultra Very Dark Topaz** Stamen tips
- **DMC 745 Light Pale Yellow** Poppy petals (lightest)
- **DMC 554 Light Violet** Saxifrage (lighter)
- **DMC 553 Violet** Saxifrage (darker)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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Polar bear portrait with arctic poppies

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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