Polish folk art horse

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.2 × 4.6 in (10.7 × 11.7 cm).



Which color goes where: by number on page 2.
Fabric: black cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 699 Green**
  Tail and mane (darkest), leaves (darker), stems
- **2 DMC 704 Bright Chartreuse**
  Leaves (lighter), mane and tail (lightest)
- **3 DMC 3865 Winter White**
  Horse body, far legs, head and ears, crimped edges (lighter)
- **4 DMC 3844 Dark Bright Turquoise**
  Tail and mane (middle dark), blue flowers, saddle cloth and crimped edges (darker)
- **5 DMC 743 Medium Yellow**
  Saddle cloth and bridle (lighter), tulips (light), flower hearts and rose heart
- **6 DMC 970 Light Pumpkin**
  Tail and mane (middle light), tulips (dark), hooves
- **7 DMC 956 Geranium**
  Tail, mane and rose (light), tulips (middle)
- **8 DMC 321 Red**
  Mane and tail (dark), rose (middle), bridle (darker), red flower
- **9 DMC 815 Medium Garnet**
  Rose (dark), eye

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Leaves, crimped edges, blue flowers, flower hearts, tulips, tail, mane, far legs, hooves, horse body, ears, head, bridle, saddle cloth, and 3 more
2. **Stem stitch**, 3 strands
   Stems
3. **French knot**, 2 strands, two wraps
   Eye

What you need

Advanced. A 6 inch (15 cm) hoop, and a 9 inch (23 cm) square of plain cotton or linen, in black. Embroidery needle: size 7. Skeins: one of each color is enough. An estimate for the 6 inch hoop, from the length of each line and the area of each filled shape, with a fifth added for tails.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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