Polish folk flowers in Kashubian blues

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.5 in (11.4 × 11.4 cm).



Which color goes where: by number on page 2.
Fabric: sage green cotton or linen.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 699 Green**
  Saw-edged leaves, flower cups, stems and small leaves
- **2 DMC 310 Black**
  Stamens (darker), seeds and petal tips
- **3 DMC 321 Red**
  Great tulip and pomegranate (middle), small tulips (dark), buds (darker), little heart
- **4 DMC 743 Medium Yellow**
  Great tulip, pomegranate and small tulips (lightest) and 3 more parts
- **5 DMC 798 Dark Delft Blue**
  Great tulip and pomegranate (dark), small tulips (darkest)
- **6 DMC 3325 Light Baby Blue**
  Great tulip, small tulips and pomegranate (light), bells (lighter) and 1 more part
- **7 DMC 820 Very Dark Royal Blue**
  Great tulip and pomegranate (darkest), bells (darker)

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Saw-edged leaves, small tulips, flower cups, bells, buds, forget-me-nots, great tulip, little heart, pomegranate
2. **Fishbone stitch**, 2 strands
   Small leaves, flower cups
3. **Stem stitch**, strands by part on page 2
   Stems, stamens
4. **French knot**, 2 strands, two wraps
   Stamens, forget-me-nots, petal tips, seeds

What you need

Intermediate. A 6 inch (15 cm) hoop, and a 9 inch (23 cm) square of plain cotton or linen, in sage green. Embroidery needle: size 9 for 1 strand, size 7 for 2 or 3, size 3 for 4 to 6 (a lower number is a thicker needle). Skeins: one of each color is enough. An estimate for the 6 inch hoop, from the length of each line and the area of each filled shape, with a fifth added for tails.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 699 Green
2 DMC 310 Black
3 DMC 321 Red
4 DMC 743 Medium Yellow
5 DMC 798 Dark Delft Blue
6 DMC 3325 Light Baby Blue
7 DMC 820 Very Dark Royal Blue

How many strands

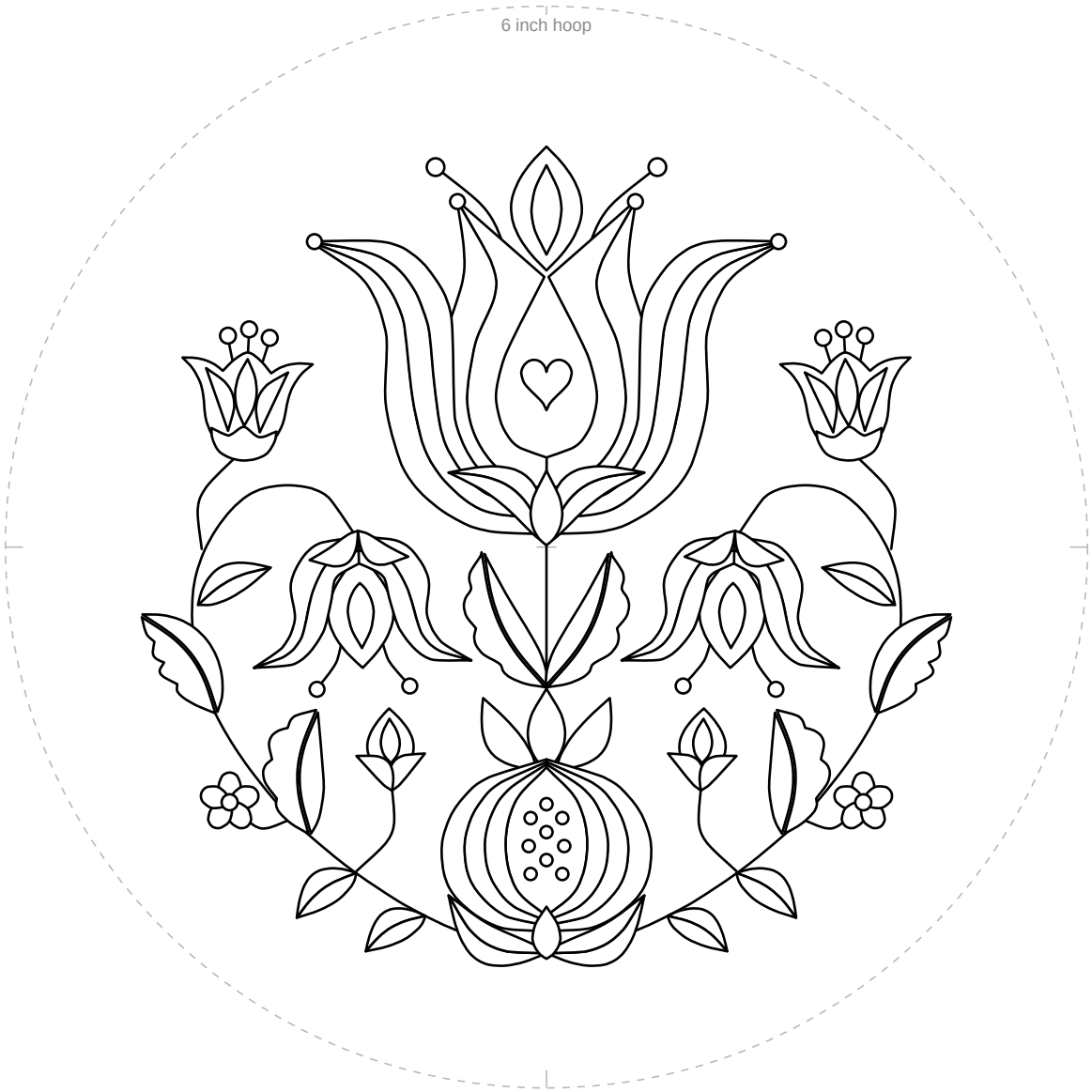
Stem stitch. 3 to 6 strands: stems; 1 strand: stamens.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

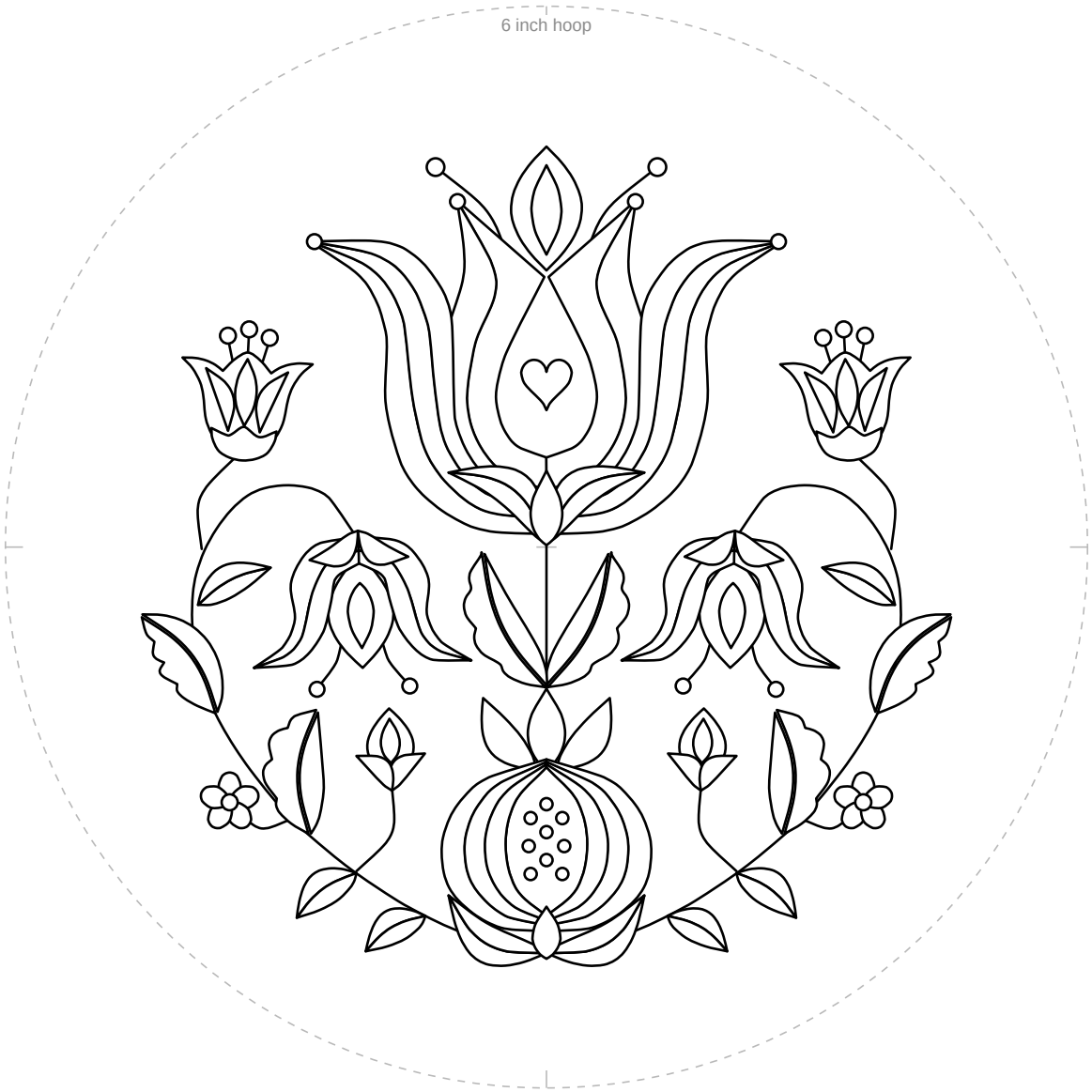
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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