Pom pom flowers in flat stitches

6 inch (15 cm) hoop, 4.1 × 4.8 in (10.4 × 12.2 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Stems

2. **Satin stitch**, 2 strands
   Leaves, cream dahlia, plum globe, coral hero, flower centers, slipped flower, ribbon



3. **Straight stitch**
   3 strands: plum pom
   1 strand: lines of the blush flower
   2 strands: ribbon folds



4. **Fly stitch**, 2 strands
   Mustard ball



5. **Split stitch**, 1 strand
   Petal edges, ribbon edge

6. **Lazy daisy stitch**, 2 strands
   Loops of the blush flower



Take out lines that still show, press face down, finish the hoop or sew a pillow.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 10 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of pale blue cotton or linen, a water-soluble pen.

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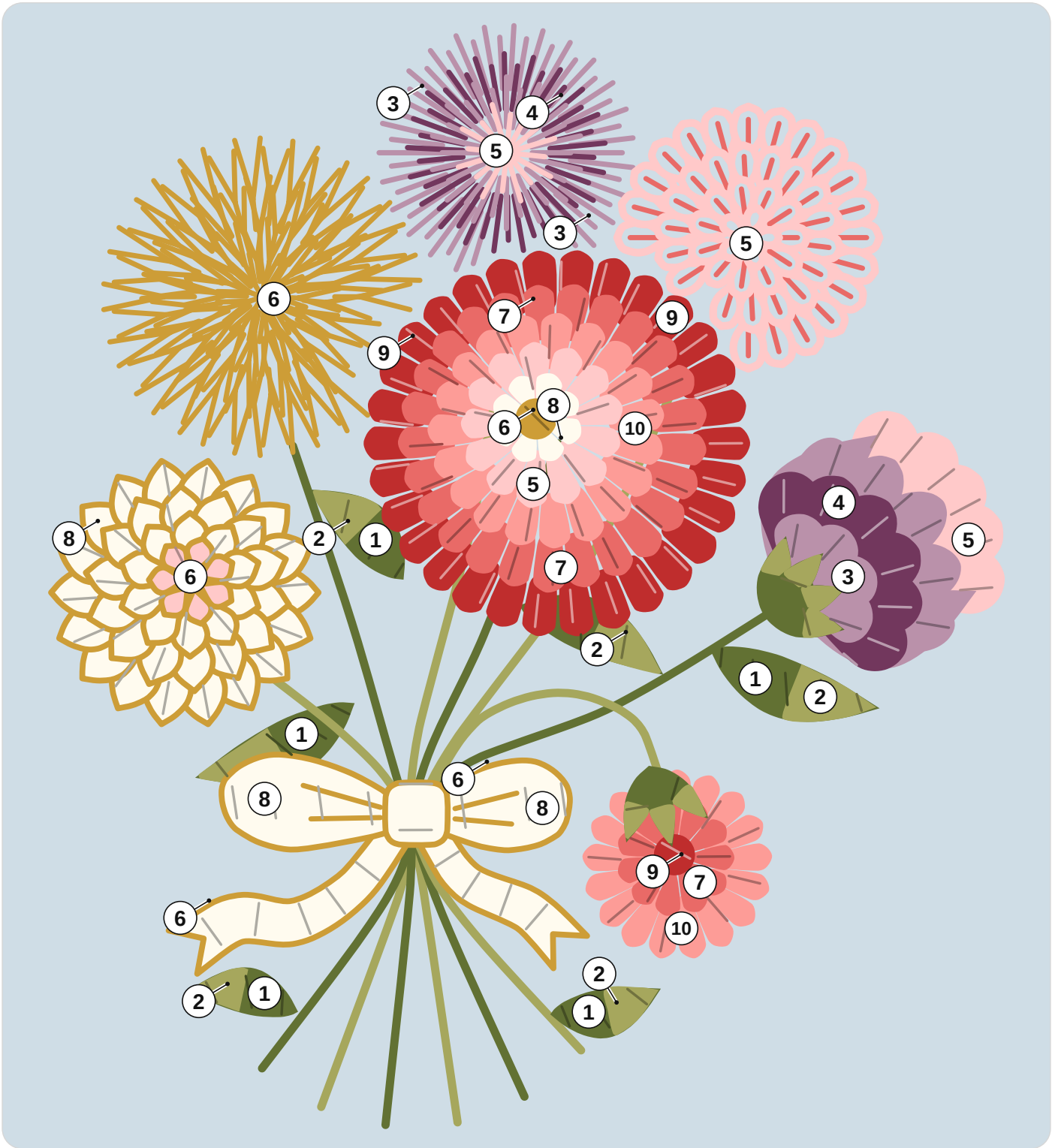
6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 937 Medium Avocado Green	**5**	DMC 761 Light Salmon	**9**	DMC 347 Very Dark Salmon
2	DMC 3012 Medium Khaki Green	**6**	DMC 3852 Very Dark Straw	**10**	DMC 352 Light Coral
3	DMC 3836 Light Grape	**7**	DMC 351 Coral		
4	DMC 3834 Dark Grape	**8**	DMC 712 Cream		

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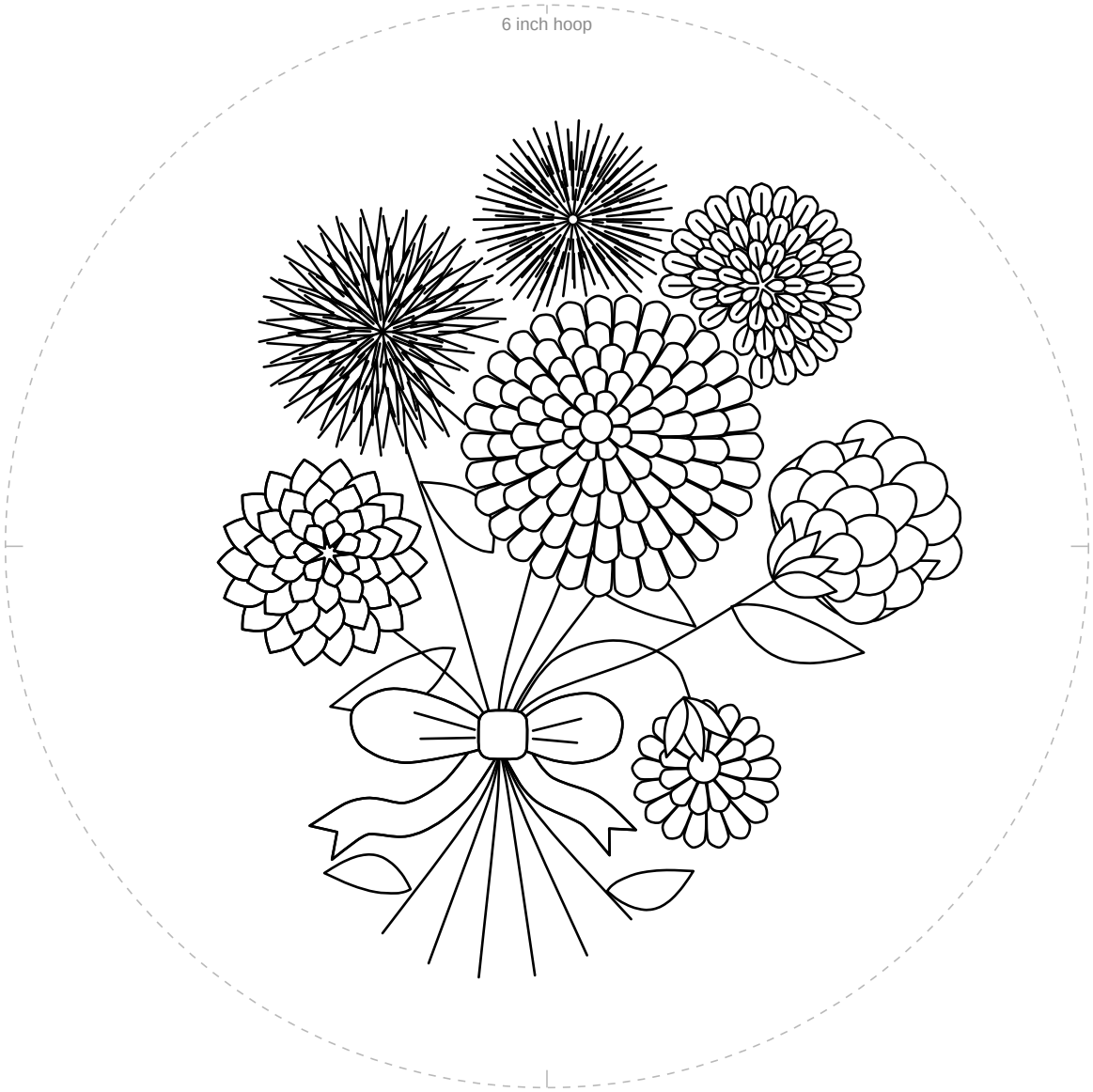
Pom pom flowers in flat stitches

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a loop is one lazy daisy, begun at its point.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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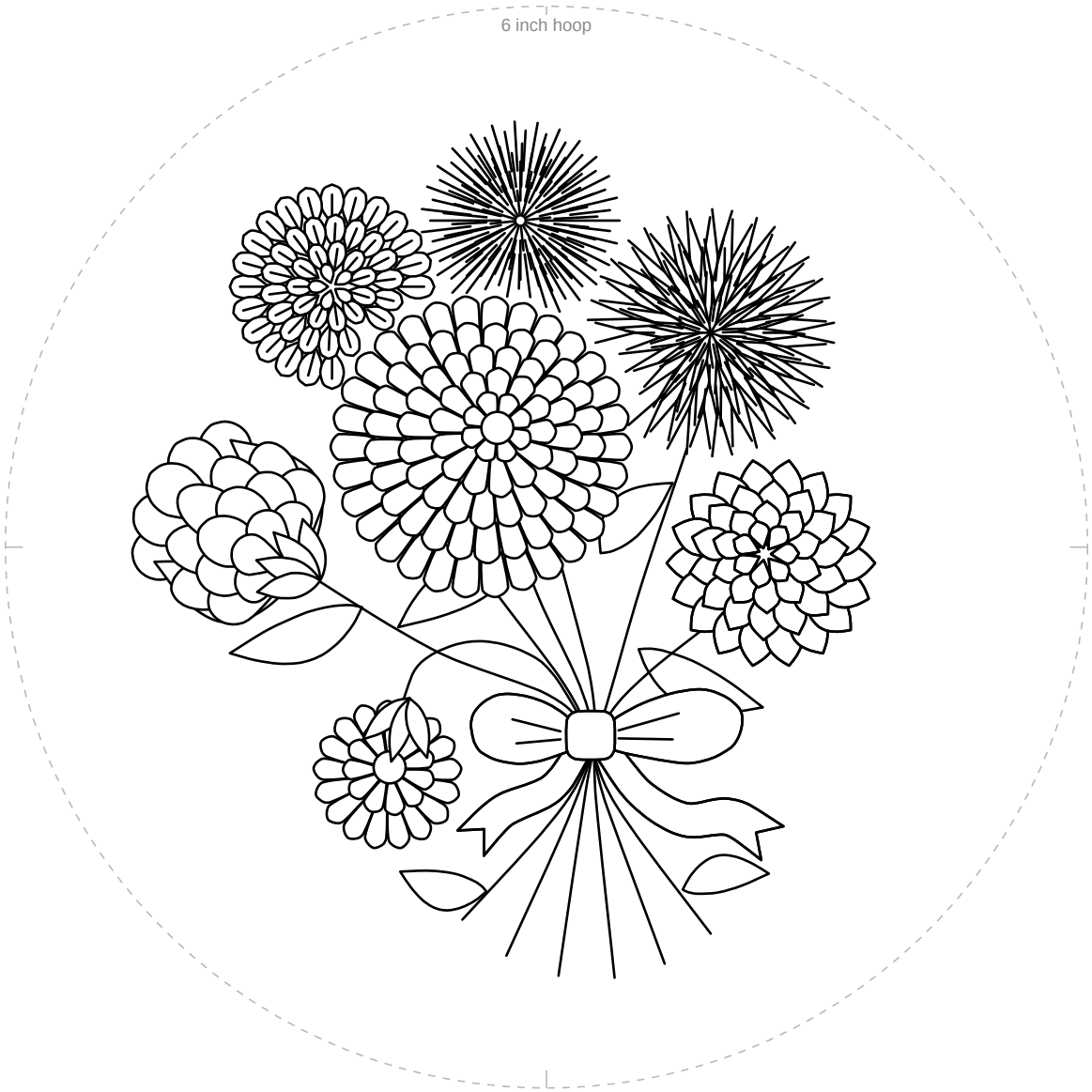
6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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