# Poppy coaster

6 inch (15 cm) hoop, 4.6 × 4.7 in (11.7 × 11.9 cm)



Colors by number: page 2.

## What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

19 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

## Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

## How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

## Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 1 strand
   Stem hairs



2. **Stem stitch**
   4 strands: stems
   1 strand: stem highlights



3. **Fishbone stitch**, 2 strands
   Leaves



4. **Long and short stitch**, 1 strand
   Petal feet, far petals, side petals, rolled lips, near petal, near petal lip, bud, half-open poppy, seed pod



5. **Satin stitch**, 2 strands
   Seed cap, bud sliver, half-open foot, pod crown



6. **Stem stitch**
   3 strands: leaf veins
   2 strands: seed cap edge
   1 strand: pod crown edge



7. **Split stitch**, 1 strand
   Petal creases, bud seam, pod ribs



8. **Straight stitch**
   1 strand: stamens, lines of the half-open stamens
   2 strands: cap rays



9. **French knot**
   2 strands, two wraps
   Stamen tips, knots of the half-open stamens



Take out lines that still show, press face down, finish the hoop or sew a pillow.



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# Poppy coaster

**6 inch hoop**

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.




| | | | | | |
|---|---|---|---|---|---|
| 1 | DMC 924 Very Dark Gray Green | 8 | DMC 498 Dark Red | 15 | DMC 3041 Medium Antique Violet |
| 2 | DMC 3362 Dark Pine Green | 9 | DMC 350 Medium Coral | 16 | DMC 927 Light Gray Green |
| 3 | DMC 3363 Medium Pine Green | 10 | DMC 351 Coral | 17 | DMC 3768 Dark Gray Green |
| 4 | DMC 3364 Pine Green | 11 | DMC 352 Light Coral | 18 | DMC 926 Medium Gray Green |
| 5 | DMC 154 Very Dark Grape | 12 | DMC 3824 Light Apricot | 19 | DMC 3013 Light Khaki Green |
| 6 | DMC 321 Red | 13 | DMC 939 Very Dark Navy Blue | | |
| 7 | DMC 814 Dark Garnet | 14 | DMC 3740 Dark Antique Violet | | |



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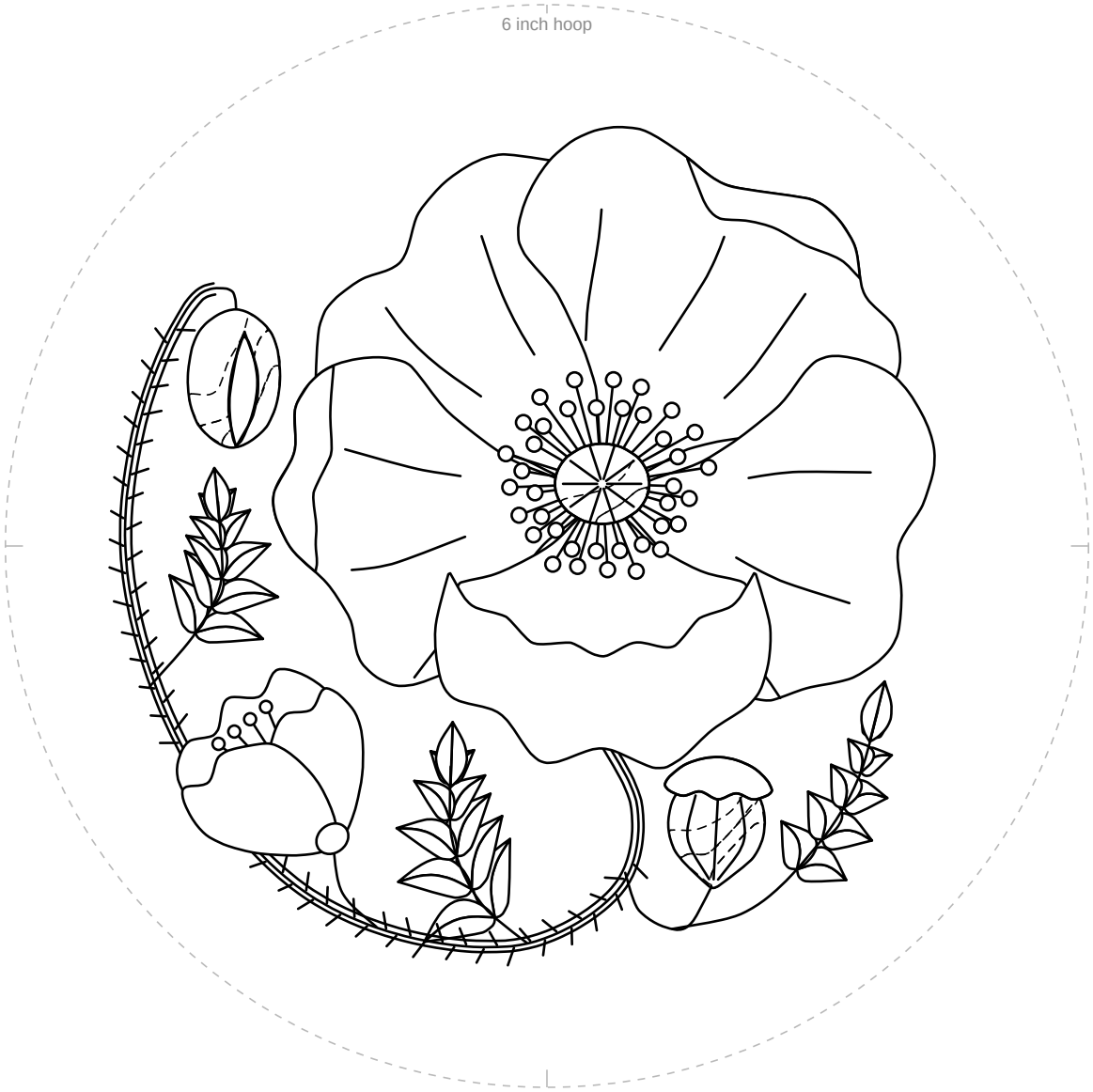
**6 inch hoop**

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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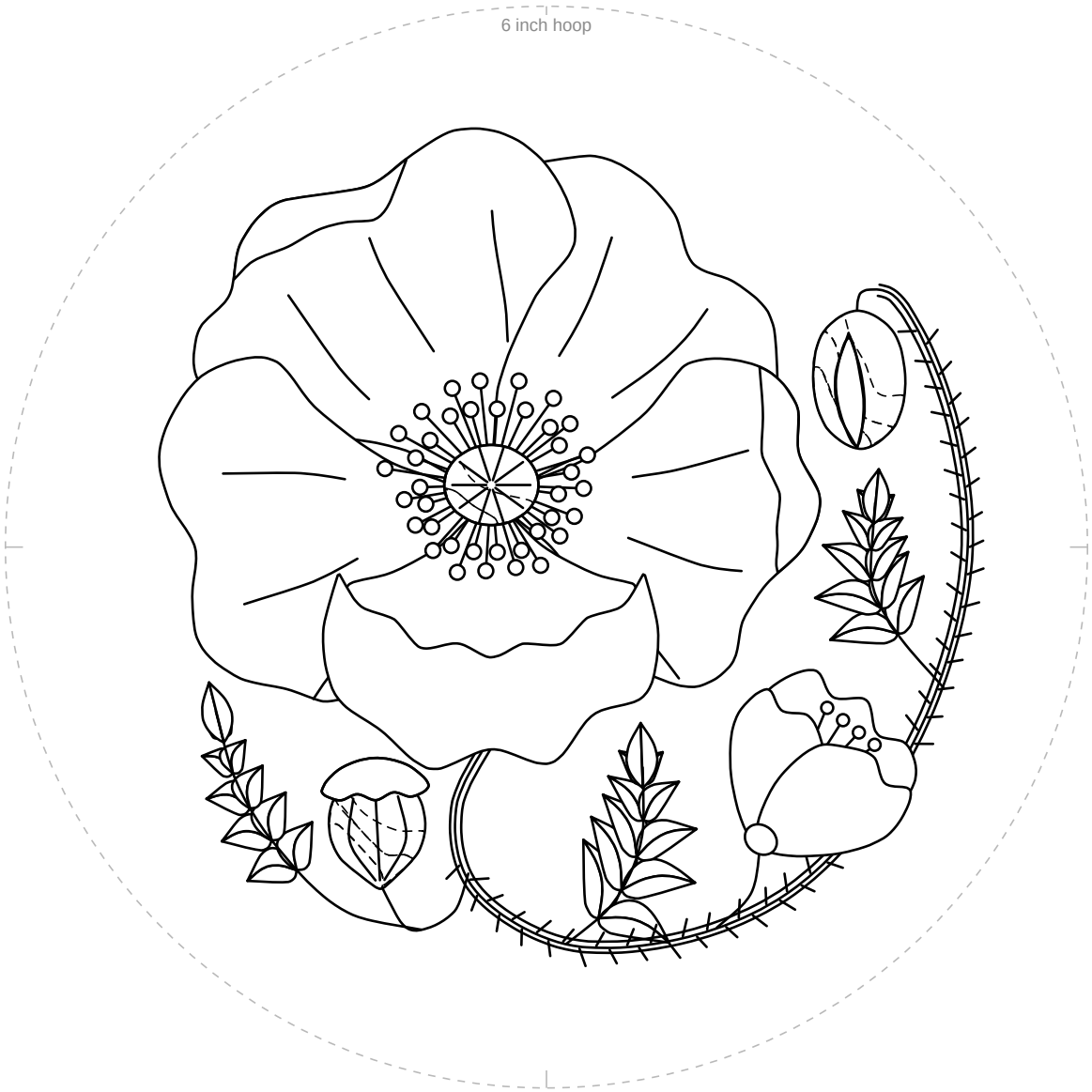
# Poppy coaster

**6 inch hoop**

For an iron-on pen only. Go over the lines, press ink side down.

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25.4 mm

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