Portuguese folk dress yoke

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.6 in (12.4 × 11.7 cm).



Which color goes where.

Stitches

- **Stem stitch**, 1 to 3 strands
  Side stems, wing lines
- **Satin stitch**, 2 strands
  Vine, leaves, buds, petal edges, flower cups, small flowers, heart, camellia petals, inner petals, pomegranate crowns, pomegranates, and 9 more
- **Chain stitch**, 2 strands
  Chain scrolls, heart lining, neckline
- **French knot**, 2 strands, two wraps
  Small flower hearts, camellia stamens, pomegranate seeds, cup knots, bird eyes, lace knots, drop knots
- **Straight stitch**, 2 to 3 strands
  Petal veins, love knot bands, heart drop
- **Padded satin stitch**, 2 strands
  Camellia hearts

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC 702 Kelly Green**
  Vine and side stems
- **DMC 700 Bright Green**
  Leaves (darker)
- **DMC 703 Chartreuse**
  Leaves (lighter), flower cups
- **DMC 666 Bright Red**
  Camellia petals, heart, buds and bird breasts, carnation petals (dark) and 2 more parts
- **DMC BLANC White**
  Petal edges, lace knots, bird wings and bird eyes, heart drop (lighter)
- **DMC 742 Light Tangerine**
  Pomegranates, neckline, chain scrolls and heart lining and 7 more parts
- **DMC 3843 Electric Blue**
  Bird bodies and small flowers, carnation petals (lightest), bird tails (lighter)
- **DMC 498 Dark Red**
  Inner petals and pomegranate insides, petal veins (darker), carnation petals (darkest)
- **DMC 740 Tangerine**
  Love knot and pomegranate crowns
- **DMC 825 Dark Blue**
  Carnation petals (light), bird tails (darker), petal veins (lighter), wing lines

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

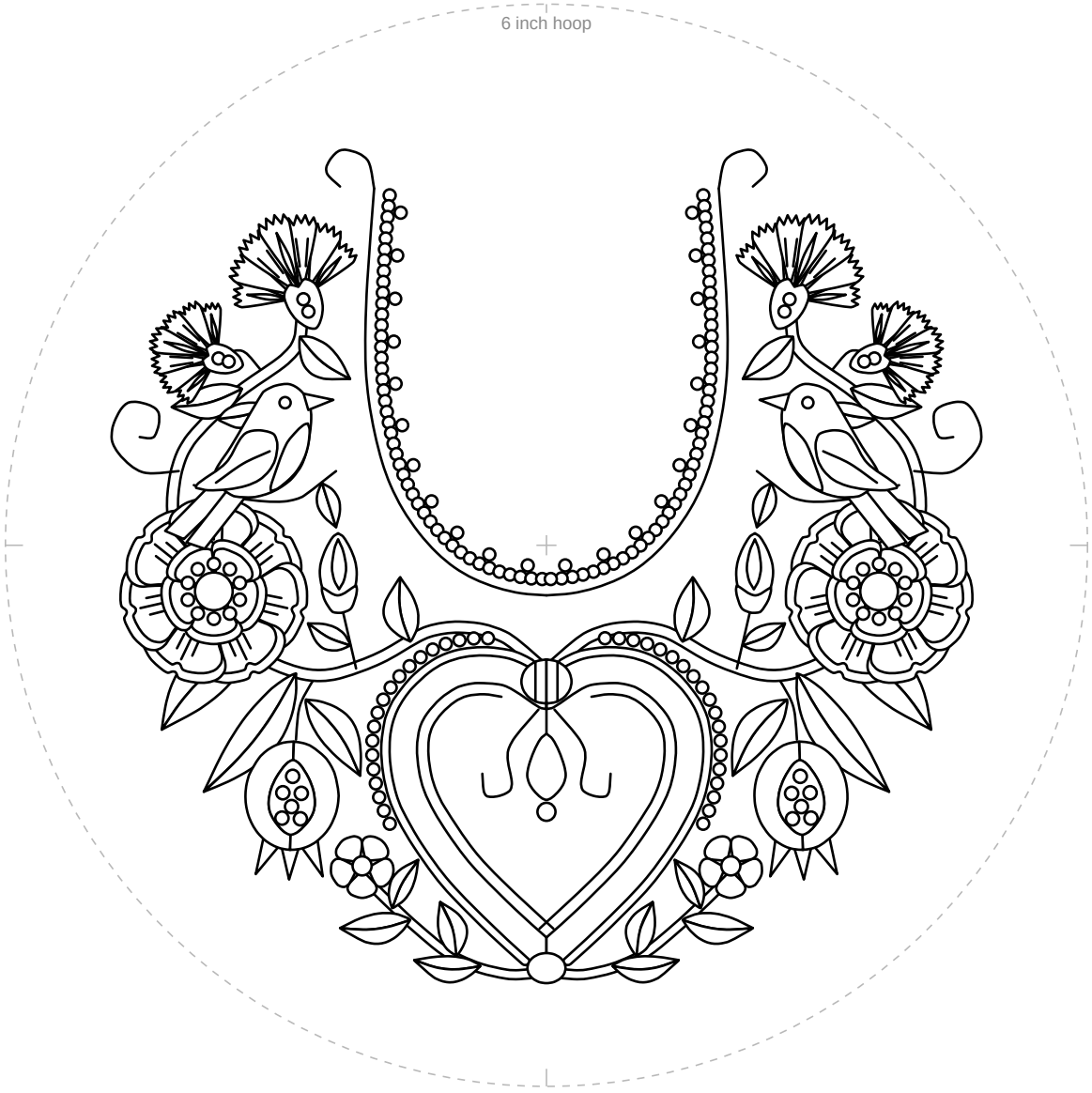
Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

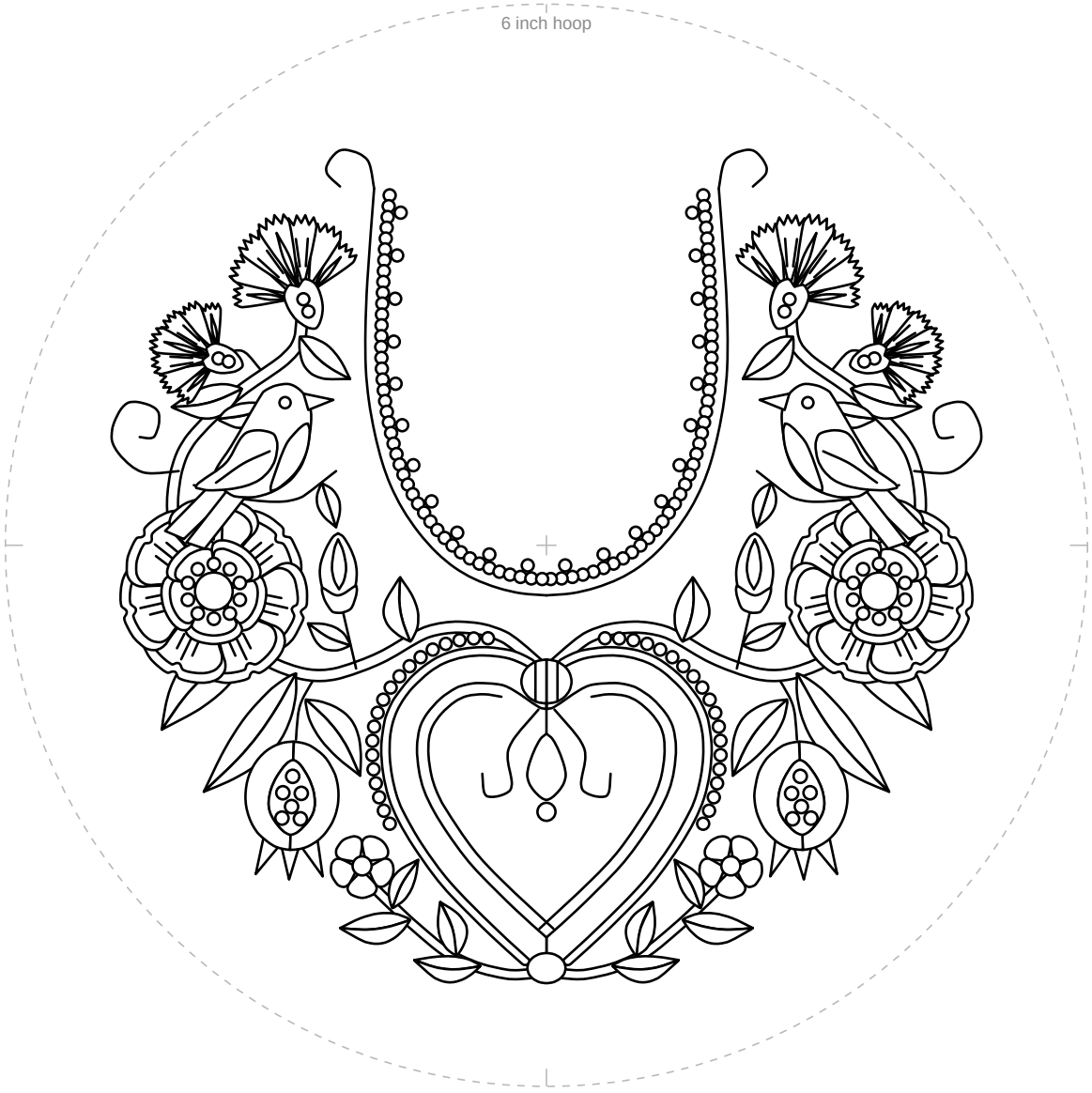
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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