Potion bottles on an apothecary shelf

6 inch (15 cm) hoop, 3.9 × 4 in (9.9 × 10.2 cm)



Colors by number: page 2.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 21 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of white or light cotton or linen, a water-soluble pen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Glass edges, lavender stems, lines of the fern

2. **Long and short stitch**, 1 strand
   Dusk sky, far wood, mossy ground, amber potion, rose potion, mortar, corbels, shelf



3. **Satin stitch**, 2 strands
   Fir trees, corks, cork tops, glass lips, potion tops, pestle, mortar rim, snail, snail shell, lavender leaves, twine ties, fern, key



4. **Split stitch**, 1 strand
   Edges of the corbels, shelf grain

5. **Stem stitch**
   2 strands: shelf edge, lines of the twine ties
   1 strand: lines of the snail shell

6. **Straight stitch**
   1 strand: lines of the snail horns
   3 strands: key hook



7. **Whipped back stitch**, 3 strands
   Twine

8. **Padded satin stitch**, 2 strands
   Moon



9. **French knot**, two wraps
   2 strands: moss, twine ends, lavender flowers
   1 strand: knots of the snail horns



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3836 Light Grape	8	DMC 500 Very Dark Blue Green	15	DMC 783 Medium Topaz
2	DMC 154 Very Dark Grape	9	DMC 3364 Pine Green	16	DMC 3822 Light Straw
3	DMC 3834 Dark Grape	10	DMC 435 Very Light Brown	17	DMC 224 Very Light Shell Pink
4	DMC 3835 Medium Grape	11	DMC 433 Medium Brown	18	DMC 3722 Medium Shell Pink
5	DMC 153 Very Light Violet	12	DMC 437 Light Tan	19	DMC 225 Ultra Very Light Shell Pink
6	DMC 746 Off White	13	DMC 3787 Dark Brown Gray	20	DMC 801 Dark Coffee Brown
7	DMC 520 Dark Fern Green	14	DMC 780 Ultra Very Dark Topaz	21	DMC 522 Fern Green

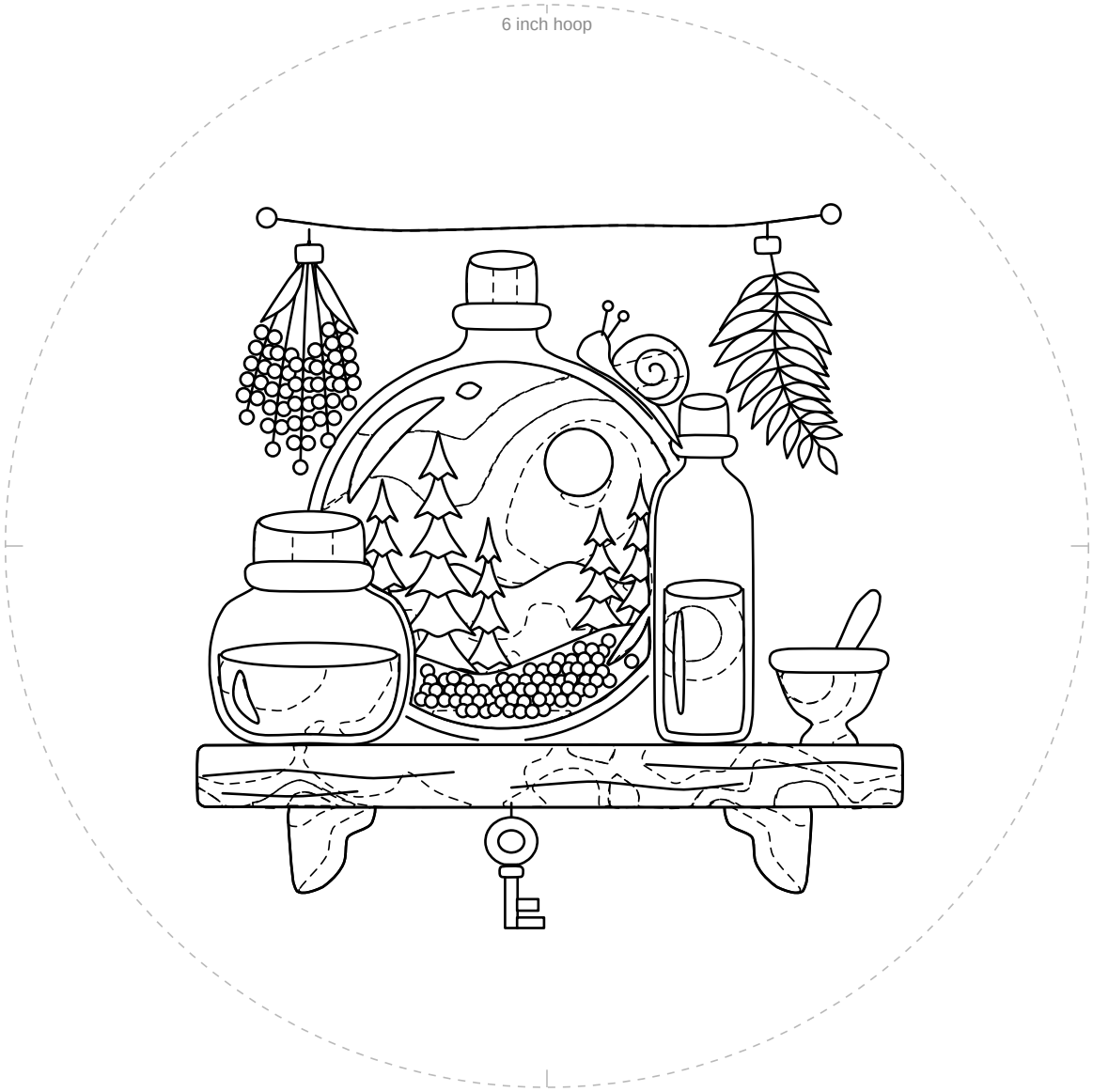
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a dashed line is whipped back stitch; a finer one inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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