Praying hands with an open Bible

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.6 in (12.4 × 11.7 cm).



Which color goes where.

Stitches

- **Stem stitch**, 1 to 3 strands
  Rays of light, stems, gutter
- **Fishbone stitch**, 2 strands
  Leaves
- **Satin stitch**, 2 strands
  Forget-me-nots, nails, cuffs, cover, page edges, ribbon marker, saying
- **Straight stitch**, 1 strand
  Flower eyes
- **French knot**, 2 strands, two wraps
  Flower hearts, buds
- **Long and short stitch**, 1 strand
  Far hand, far thumb, near hand, near thumb, sleeves, pages
- **Split stitch**, 1 strand
  Outlines, sleeve edges, cuff edges, book outlines, ribbon marker
- **Back stitch**, 1 strand
  Nail edges, knuckles, cuff hems, gilt lines
- **Running stitch**, 1 strand
  Lines of text

Floss

- **DMC 3822 Light Straw**
  Gilt lines and flower hearts, rays of light (lighter)
- **DMC 783 Medium Topaz** Rays of light (darker)
- **DMC 522 Fern Green** Stems
- **DMC 523 Light Fern Green** Leaves (lighter)
- **DMC 520 Dark Fern Green** Leaves (darker)
- **DMC 800 Pale Delft Blue** Forget-me-nots and buds (lighter)
- **DMC 712 Cream**
  Pages and cuffs (light), saying and flower eyes
- **DMC 799 Medium Delft Blue** Forget-me-nots (darker)
- **DMC 3328 Dark Salmon**
  Ribbon marker (lighter), buds (darker)
- **DMC 3371 Black Brown**
  Outlines, far hand and far thumb (darkest), near thumb and near hand (shade 1 of 7)
- **DMC 3857 Dark Rosewood**
  Far hand and far thumb (dark), nail edges, near hand (shade 2 of 7) and 2 more parts
- **DMC 632 Ultra Very Dark Desert Sand**
  Far hand and far thumb (middle), near hand and near thumb (shade 3 of 7)
- **DMC 3772 Very Dark Desert Sand**
  Near hand and near thumb (shade 4 of 7), far hand and far thumb (light)
- **DMC 407 Dark Desert Sand**
  Near hand and near thumb (shade 6 of 7), far thumb and far hand (lightest)
- **DMC 3773 Medium Desert Sand**
  Near hand and near thumb (shade 5 of 7)
- **DMC 3064 Desert Sand**
  Near hand and near thumb (shade 7 of 7), nails
- **DMC 931 Medium Antique Blue**
  Sleeves (dark), lines of text and cuff hems
- **DMC 930 Dark Antique Blue**
  Sleeve edges, sleeves (darkest)
- **DMC 932 Light Antique Blue** Sleeves (light)
- **DMC 3752 Very Light Antique Blue** Sleeves (lightest)
- **DMC 739 Ultra Very Light Tan** Pages and cuffs (middle)
- **DMC 3045 Dark Yellow Beige**
  Page edges, cuff edges, book outlines and gutter, pages and cuffs (dark)
- **DMC 3777 Very Dark Terra Cotta**
  Cover, ribbon marker (darker)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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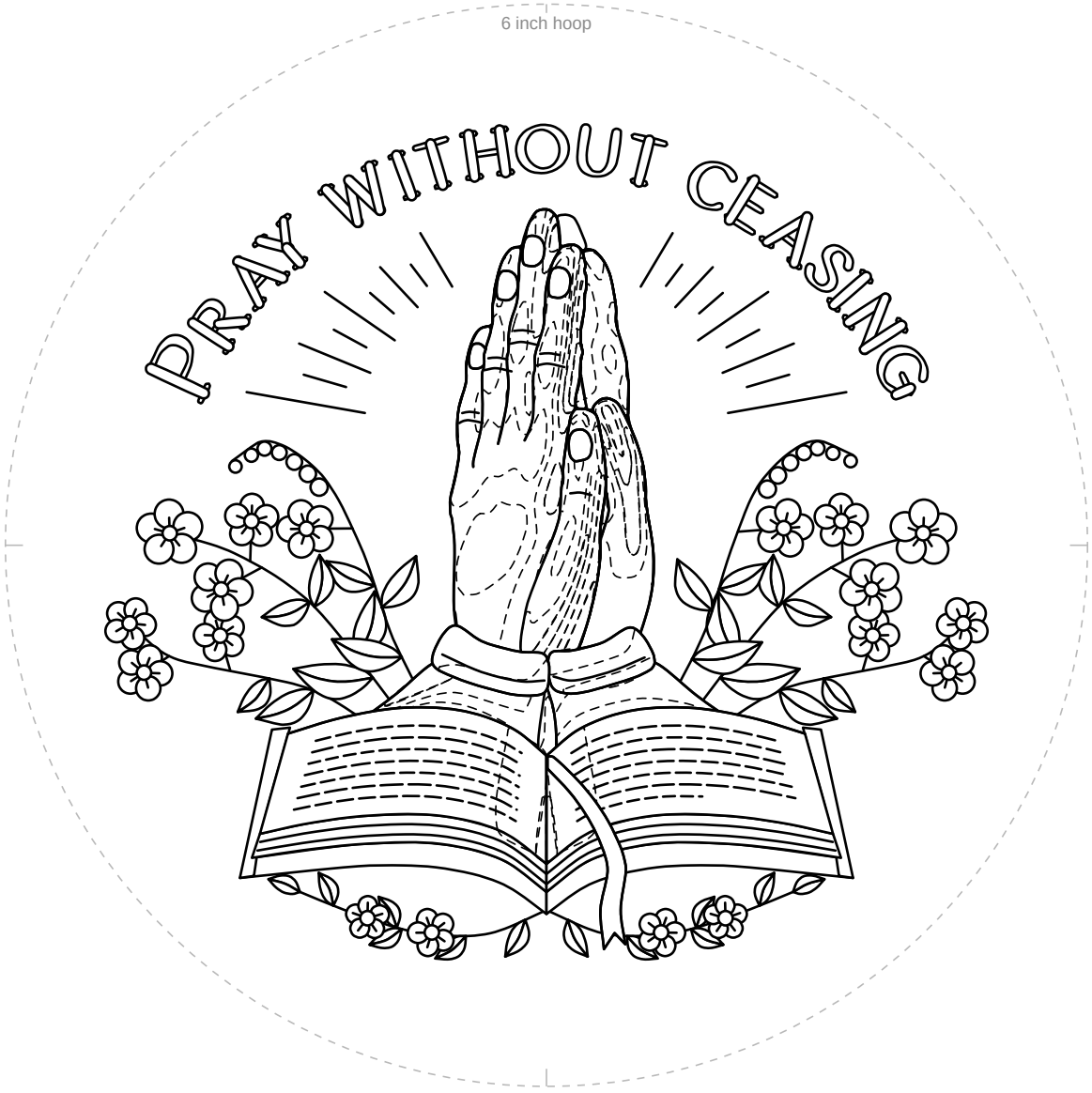
6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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