Praying mantis among poppies

Sized for a 6 inch hoop (15 cm). The stitched design is about 2.7 × 4.8 in (6.9 × 12.2 cm).



Which color goes where.

Stitches

- **Stem stitch**, 1 to 4 strands
  Outer frame, gold frame line, leaves edge, leaves ribs, apricot petals edges, plum petals edges, bud edge, seed head edge, body rings, and 8 more
- **Satin stitch**, 2 strands
  Leaves, frame stem, poppy stems, poppy heart, seed head crown, legs, far foreleg, forelegs
- **Long and short stitch**, 1 strand
  Apricot petals, plum petals, bud, bud petals, seed head, body, wings, head
- **Straight stitch**, 1 strand
  Stamens, poppy heart rays, foreleg spines, mouth
- **French knot**, 1 strand, two wraps
  Stamen knots, gold stamen knots, eye lights
- **Fishbone stitch**, 2 strands
  Plum poppy sepals
- **Padded satin stitch**, 2 strands
  Eyes

Floss

- **DMC 154 Very Dark Grape**
  Plum petals (darkest), outer frame and plum petals edges and 7 more parts
- **DMC 783 Medium Topaz**
  Gold frame line, eyes, seed head crown and gold stamen knots, stamens (lighter)
- **DMC 3052 Medium Green Gray**
  Poppy stems and frame stem, leaves (darker), seed head (middle) and 2 more parts
- **DMC 523 Light Fern Green**
  Leaves (lighter), bud and seed head (light), poppy heart
- **DMC 3051 Dark Green Gray**
  Leaves edge, leaves ribs and bud edge, seed head edge (darker) and 4 more parts
- **DMC 3855 Light Autumn Gold**
  Apricot petals and bud petals (lightest)
- **DMC 920 Medium Copper**
  Apricot petals edges, apricot petals (dark), seed head edge (lighter) and 1 more part
- **DMC 922 Light Copper**
  Apricot petals (middle), bud petals (dark)
- **DMC 3854 Medium Autumn Gold**
  Apricot petals and bud petals (light)
- **DMC 3834 Dark Grape** Plum petals (dark)
- **DMC 3835 Medium Grape** Plum petals (light)
- **DMC 3836 Light Grape** Plum petals (lightest)
- **DMC 561 Very Dark Jade**
  Wings and body (darkest), far foreleg and body rings, legs (dark)
- **DMC 471 Very Light Avocado Green**
  Body, wings and legs (light), forelegs (middle), head (darker)
- **DMC 562 Medium Jade**
  Body, wings and forelegs (dark), legs (middle)
- **DMC 472 Ultra Light Avocado Green**
  Wings and body (lightest), wing veins, forelegs (light), head (lighter)
- **DMC 500 Very Dark Blue Green**
  Wing edges, body edge, foreleg edges, leg edges, head edge and foreleg spines

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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Praying mantis among poppies

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Praying mantis among poppies

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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