Quail head portrait

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.7 in (12.4 × 11.9 cm).



Which color goes where: by number on page 2.
Fabric: blush pink cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Breast, nape feathers, cap, forehead, face, plume, oak leaves, acorns
2. **Satin stitch**, 2 strands
   Beak, brow band, bridle, eye rim, iris, pupil, acorn cups
3. **Split stitch**, strands by part on page 2
   Feather edges, beak, eyelid, acorns
4. **Straight stitch**, 2 strands
   Eye light
5. **Stem stitch**, strands by part on page 2
   Oak twigs, oak leaves
6. **French knot**, 1 strand, two wraps
   Acorn cups

Floss

- **1 DMC 3750 Very Dark Antique Blue**
  Nape feathers and breast (darkest), face and plume (light)
- **2 DMC 930 Dark Antique Blue**
  Nape feathers and breast (dark), eye rim, plume and face (lightest), beak (light)
- **3 DMC 931 Medium Antique Blue**
  Nape feathers and breast (middle)
- **4 DMC 932 Light Antique Blue**
  Breast and nape feathers (light)
- **5 DMC 3752 Very Light Antique Blue**
  Breast and nape feathers (lightest)
- **6 DMC 939 Very Dark Navy Blue** Feather edges
- **7 DMC 300 Very Dark Mahogany** Cap (dark), iris
- **8 DMC 938 Ultra Dark Coffee Brown**
  Cap (darkest), oak twigs, acorn cups (dark)
- **9 DMC 400 Dark Mahogany** Cap (light)
- **10 DMC 301 Medium Mahogany** Cap (lightest)
- **11 DMC 3046 Medium Yellow Beige**
  Forehead (light), acorns (middle)
- **12 DMC 898 Very Dark Coffee Brown**
  Acorn cups (middle), forehead (dark)
- **13 DMC 3045 Dark Yellow Beige**
  Acorns (dark), forehead (middle), acorn cups (light)
- **14 DMC 3799 Very Dark Pewter Gray**
  Face and plume (dark), beak (middle)
- **15 DMC 310 Black**
  Face and plume (darkest), beak (dark), pupil and eyelid
- **16 DMC 3865 Winter White** Bridle, brow band and eye light
- **17 DMC 934 Black Avocado Green** Oak leaves (darkest)
- **18 DMC 3362 Dark Pine Green** Oak leaves (middle light)
- **19 DMC 3363 Medium Pine Green** Oak leaves (light)
- **20 DMC 3364 Pine Green** Oak leaves (lightest)
- **21 DMC 902 Very Dark Garnet** Oak leaves (dark)
- **22 DMC 3721 Dark Shell Pink** Oak leaves (middle dark)
- **23 DMC 3047 Light Yellow Beige** Acorns (light)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Quail head portrait

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3750 Very Dark Antique Blue	**9**	DMC 400 Dark Mahogany	**17**	DMC 934 Black Avocado Green
2	DMC 930 Dark Antique Blue	**10**	DMC 301 Medium Mahogany	**18**	DMC 3362 Dark Pine Green
3	DMC 931 Medium Antique Blue	**11**	DMC 3046 Medium Yellow Beige	**19**	DMC 3363 Medium Pine Green
4	DMC 932 Light Antique Blue	**12**	DMC 898 Very Dark Coffee Brown	**20**	DMC 3364 Pine Green
5	DMC 3752 Very Light Antique Blue	**13**	DMC 3045 Dark Yellow Beige	**21**	DMC 902 Very Dark Garnet
6	DMC 939 Very Dark Navy Blue	**14**	DMC 3799 Very Dark Pewter Gray	**22**	DMC 3721 Dark Shell Pink
7	DMC 300 Very Dark Mahogany	**15**	DMC 310 Black	**23**	DMC 3047 Light Yellow Beige
8	DMC 938 Ultra Dark Coffee Brown	**16**	DMC 3865 Winter White		

How many strands

Split stitch. 2 strands: eyelid; 1 strand: feather edges, beak, acorns.
Stem stitch. 3 or 6 strands: oak twigs; 1 strand: oak leaves.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Quail head portrait

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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