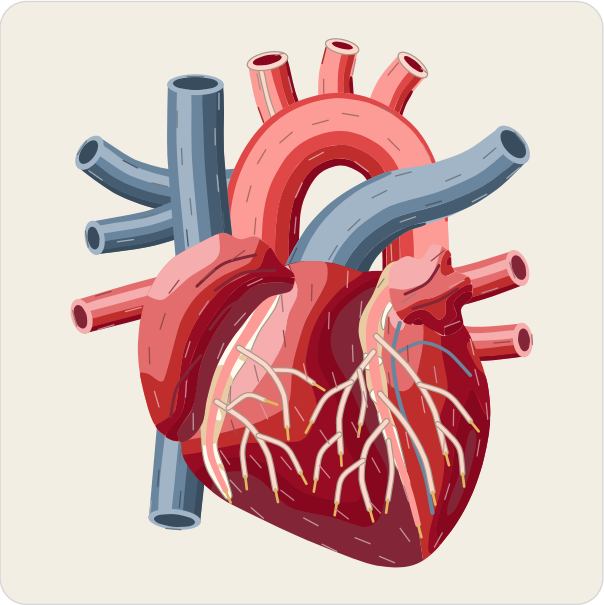
Realistic human heart

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.9 × 4.5 in (9.9 × 11.4 cm).



Which color goes where.

Stitches

- **Long and short stitch**, 1 strand
  Pulmonary veins, pulmonary arteries, lower vena cava, aorta, upper vena cava, pulmonary trunk, left ventricle, right ventricle, and 3 more
- **Satin stitch**, 2 strands
  Cut ends, openings, coronary arteries
- **Stem stitch**, 2 to 3 strands
  Great cardiac vein, artery twigs
- **Split stitch**, 1 strand
  Atrium folds
- **Straight stitch**, 3 strands
  Gold tips

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Floss

DMC 3328 Dark Salmon
Right atrium, pulmonary veins, right ventricle, left ventricle and left auricle (light)

DMC 815 Medium Garnet
Right ventricle, aorta, left ventricle and right atrium (darkest) and 3 more parts

DMC 347 Very Dark Salmon
Left ventricle and right ventricle (middle light), aorta (dark) and 3 more parts

DMC 760 Salmon
Right ventricle, left auricle and pulmonary veins (lightest) and 3 more parts

DMC 902 Very Dark Garnet
Right ventricle, right atrium and left ventricle (dark), atrium folds, openings (middle)

DMC 931 Medium Antique Blue
Upper vena cava, pulmonary arteries and lower vena cava (light) and 2 more parts

DMC 3750 Very Dark Antique Blue
Pulmonary trunk, pulmonary arteries and upper vena cava (darkest) and 2 more parts

DMC 930 Dark Antique Blue
Pulmonary trunk, upper vena cava, pulmonary arteries and lower vena cava (dark)

DMC 932 Light Antique Blue
Pulmonary trunk and upper vena cava (lightest), cut ends (dark) and 2 more parts

DMC 352 Light Coral
Aorta (light), coronary arteries

DMC 350 Medium Coral
Aorta (middle)

DMC 353 Peach
Artery twigs, cut ends (light), aorta (lightest)

DMC 816 Garnet
Right ventricle, left ventricle and right atrium (middle dark), left auricle (dark)

DMC 712 Cream
Fat along the grooves (lighter)

DMC 738 Very Light Tan
Fat along the grooves (darker)

DMC 3820 Dark Straw
Gold tips

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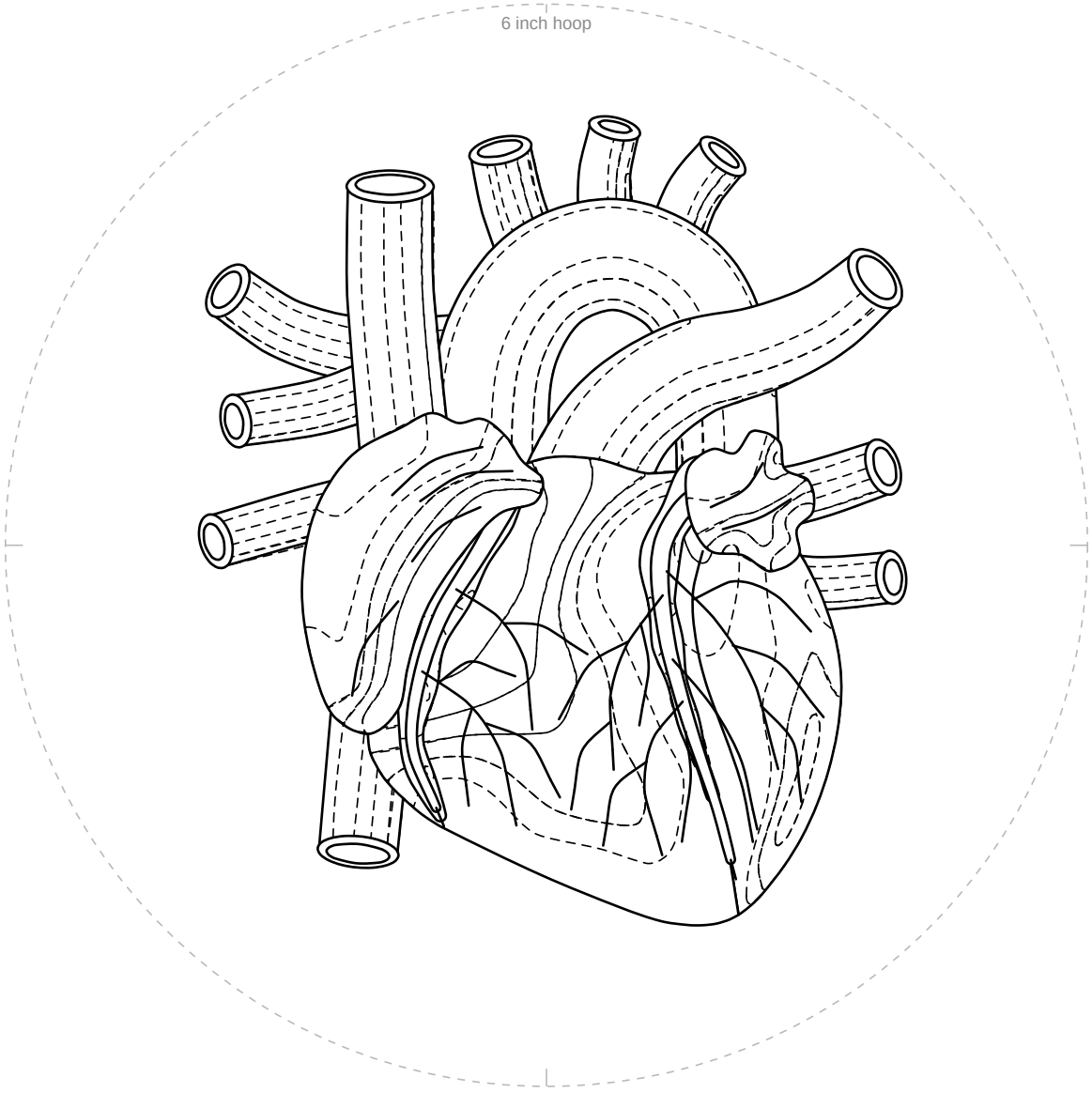
Realistic human heart

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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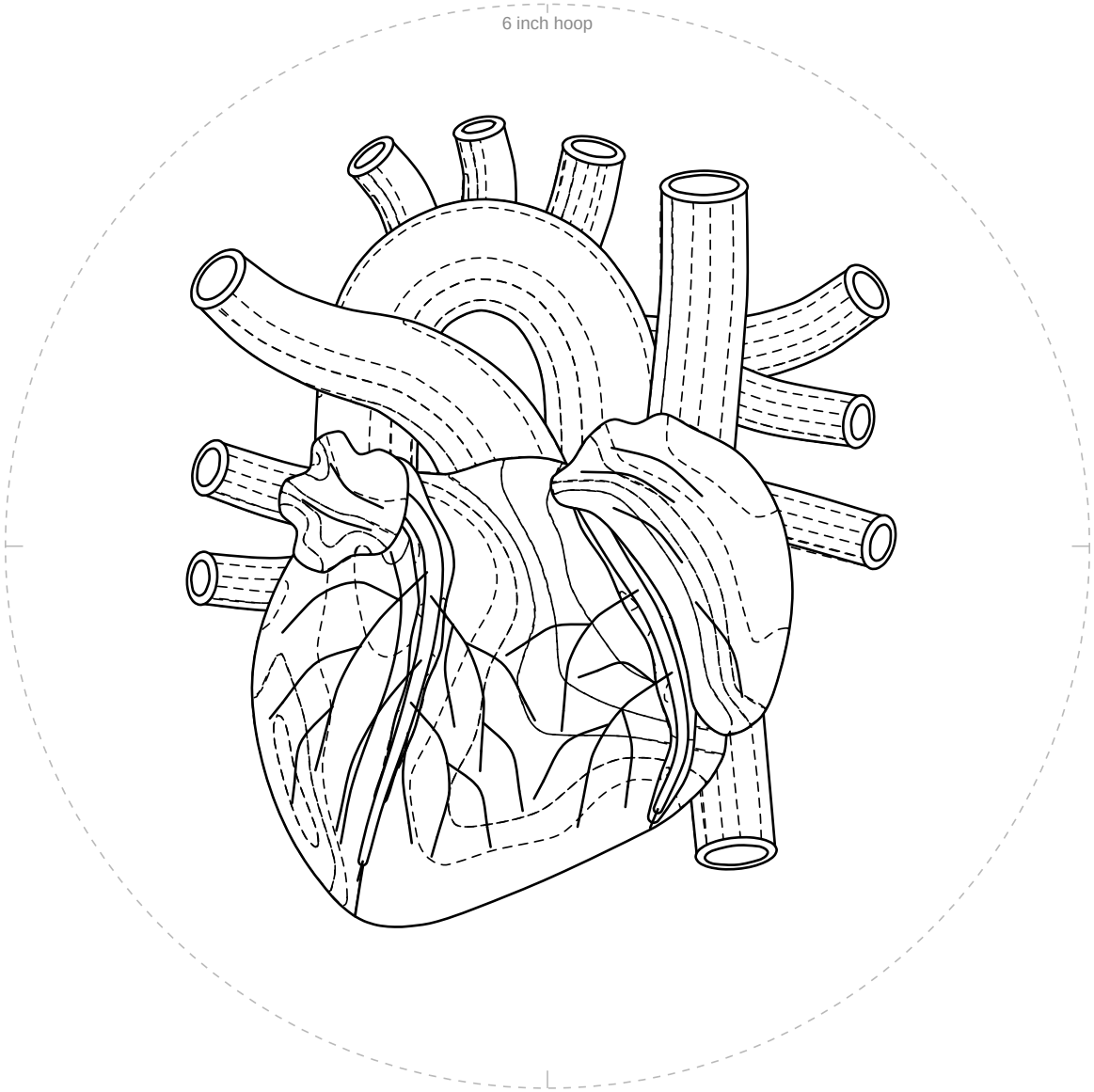
Realistic human heart

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



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