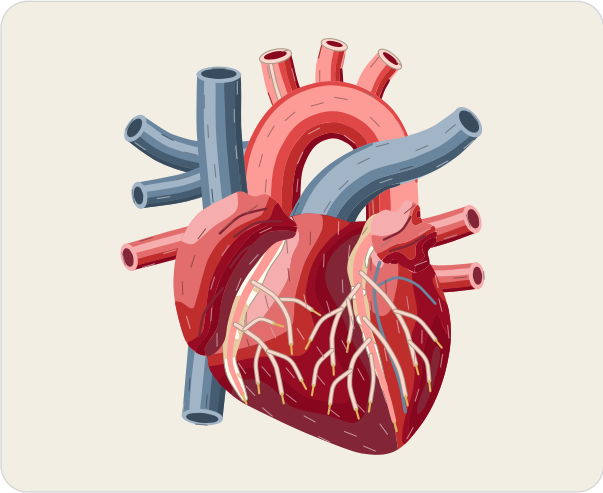
Realistic human heart

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.9 × 4.5 in (9.9 × 11.4 cm).



Which color goes where.

Stitches

- **Long and short stitch**, 1 strand
  Pulmonary veins, pulmonary arteries, lower vena cava, aorta, upper vena cava, pulmonary trunk, left ventricle, right ventricle, and 3 more
- **Satin stitch**, 2 strands
  Cut ends, openings, coronary arteries
- **Stem stitch**, 2 to 3 strands
  Great cardiac vein, artery twigs
- **Split stitch**, 1 strand
  Atrium folds
- **Straight stitch**, 3 strands
  Gold tips

Floss

- **DMC 3328 Dark Salmon**
  Right atrium, pulmonary veins, right ventricle, left ventricle and left auricle (light)
- **DMC 815 Medium Garnet**
  Right ventricle, aorta, left ventricle and right atrium (darkest) and 3 more parts
- **DMC 347 Very Dark Salmon**
  Left ventricle and right ventricle (middle light), aorta (dark) and 3 more parts
- **DMC 760 Salmon**
  Right ventricle, left auricle and pulmonary veins (lightest) and 3 more parts
- **DMC 902 Very Dark Garnet**
  Right ventricle, right atrium and left ventricle (dark), atrium folds, openings (middle)
- **DMC 931 Medium Antique Blue**
  Upper vena cava, pulmonary arteries and lower vena cava (light) and 2 more parts
- **DMC 3750 Very Dark Antique Blue**
  Pulmonary trunk, pulmonary arteries and upper vena cava (darkest) and 2 more parts
- **DMC 930 Dark Antique Blue**
  Pulmonary trunk, upper vena cava, pulmonary arteries and lower vena cava (dark)
- **DMC 932 Light Antique Blue**
  Pulmonary trunk and upper vena cava (lightest), cut ends (dark) and 2 more parts
- **DMC 352 Light Coral** Aorta (light), coronary arteries
- **DMC 350 Medium Coral** Aorta (middle)
- **DMC 353 Peach**
  Artery twigs, cut ends (light), aorta (lightest)
- **DMC 816 Garnet**
  Right ventricle, left ventricle and right atrium (middle dark), left auricle (dark)
- **DMC 712 Cream** Fat along the grooves (lighter)
- **DMC 738 Very Light Tan** Fat along the grooves (darker)
- **DMC 3820 Dark Straw** Gold tips

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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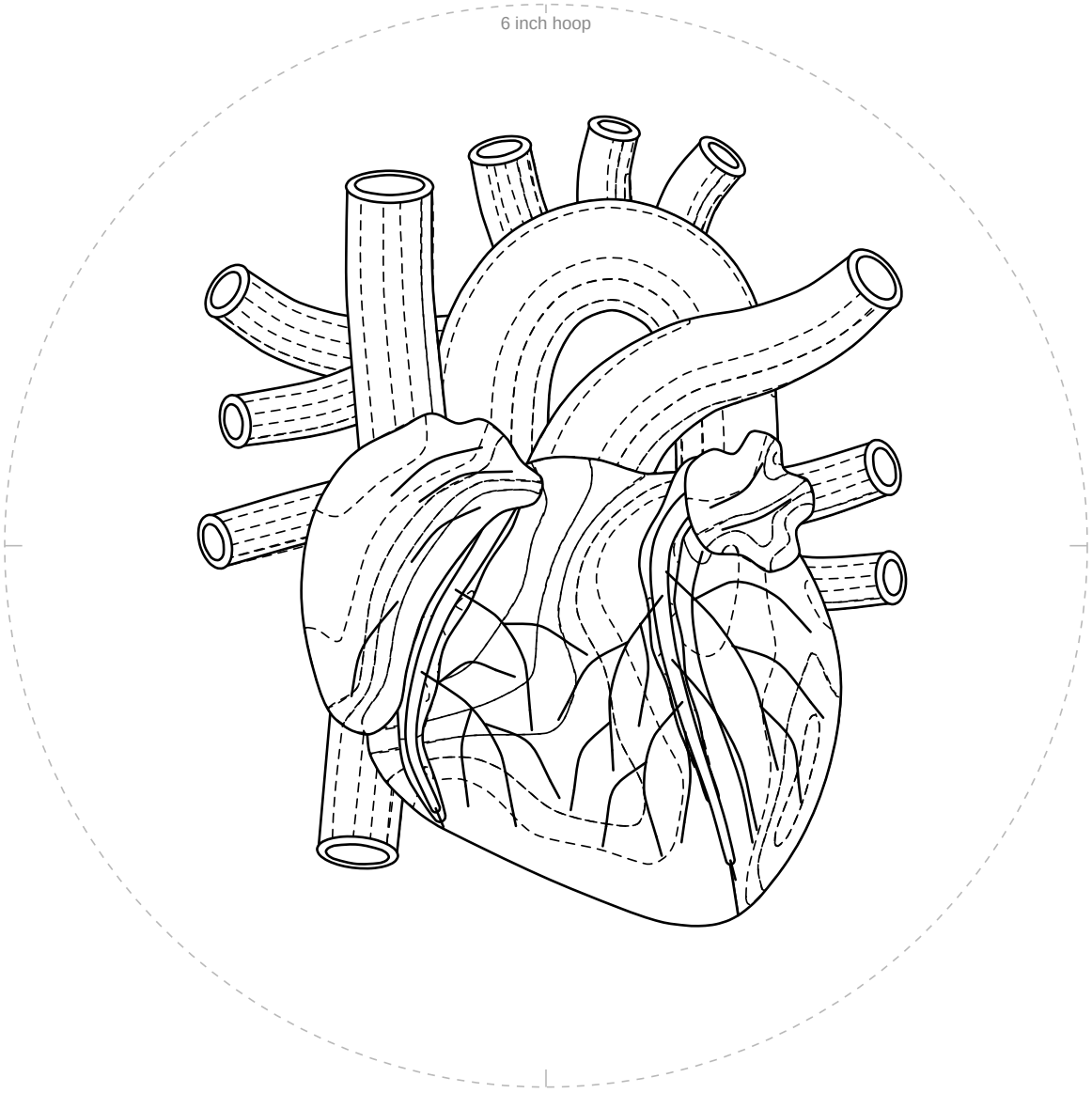
Realistic human heart

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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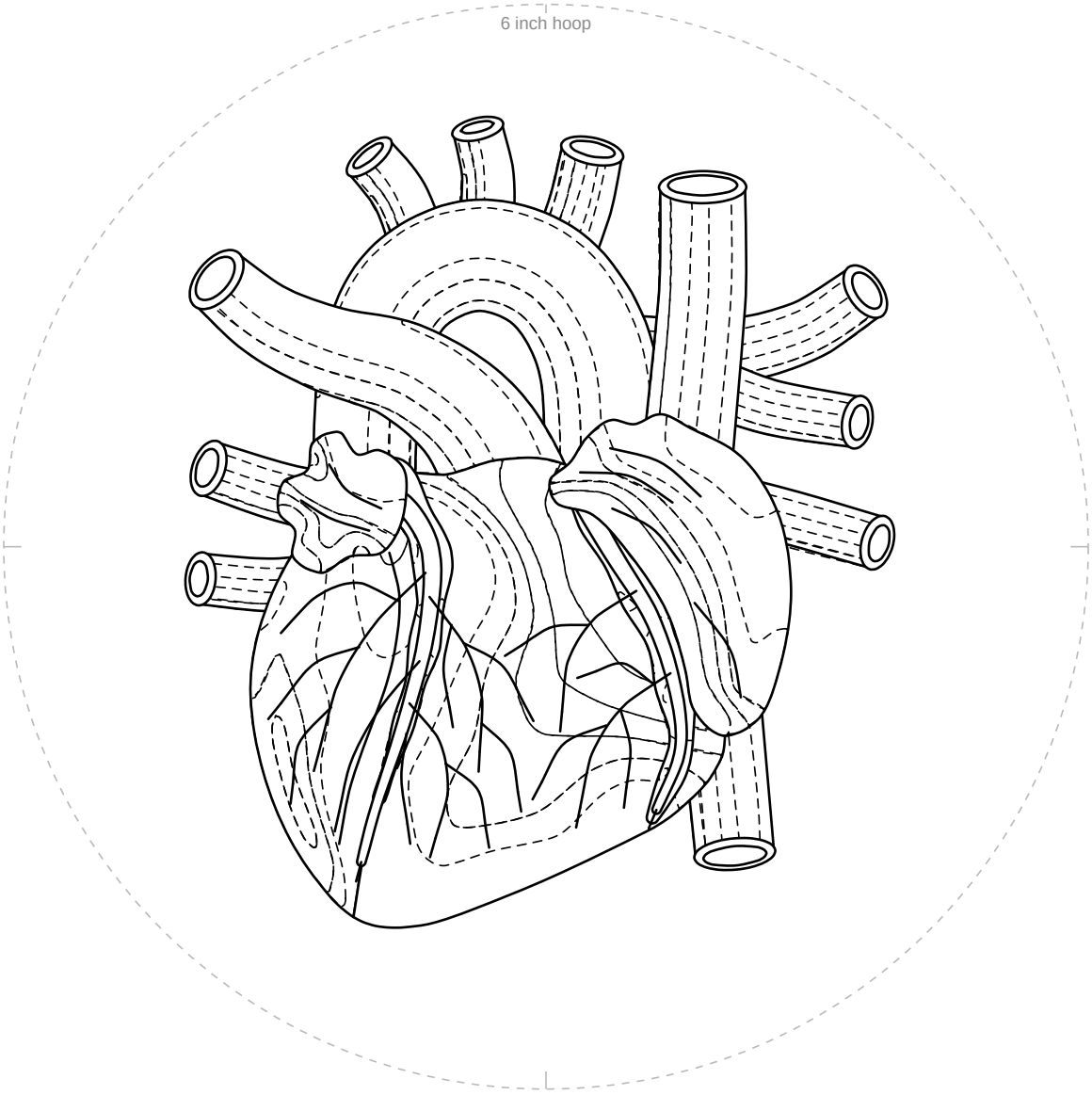
Realistic human heart

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

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