Redwork apple with a star core

6 inch (15 cm) hoop, 4 × 3.8 in (10.2 × 9.7 cm)



A number is a row of the list.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

One skein (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 2 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 2 on top; trace with a ballpoint.

Iron-on pen: go over page 3, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Floss

DMC 321 Red
Apple skin, shelf, cut apple skin, leaf shade, cut apple rim, scallops, leaf outline, pips, cut apple flesh, apple outline, leaf vein, core line, star, blossom petals, scallop line, stem, stem hollow, edging stars, petal lines, star ribs, leaf stalks, core knots and blossom center

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**, 2 strands
   Edging stars, apple skin, stem hollow, stem, leaf shade, cut apple skin



2. **Stem stitch**
   4 strands: shelf, apple outline, leaf stalks, cut apple rim, star
   3 strands: scallops, leaf outline, blossom petals
   2 strands: lines of the stem hollow, leaf vein (DMC 321), star ribs

3. **Back stitch**, 1 strand
   Scallop line, leaf vein (DMC 321), cut apple flesh, core line, petal lines

4. **Padded satin stitch**, 2 strands
   Pips



5. **French knot**
   2 strands, two wraps
   Core knots, blossom center



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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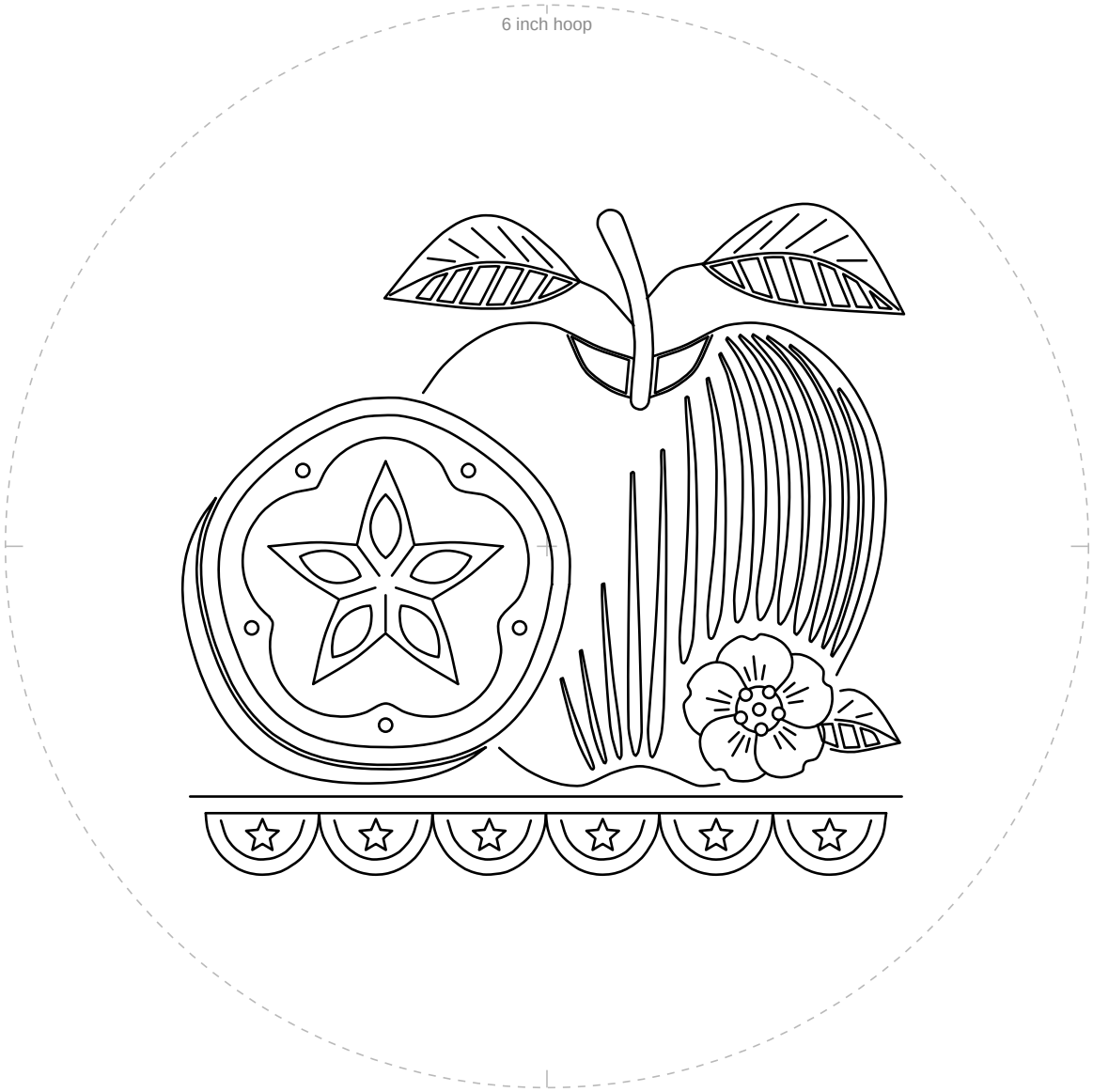
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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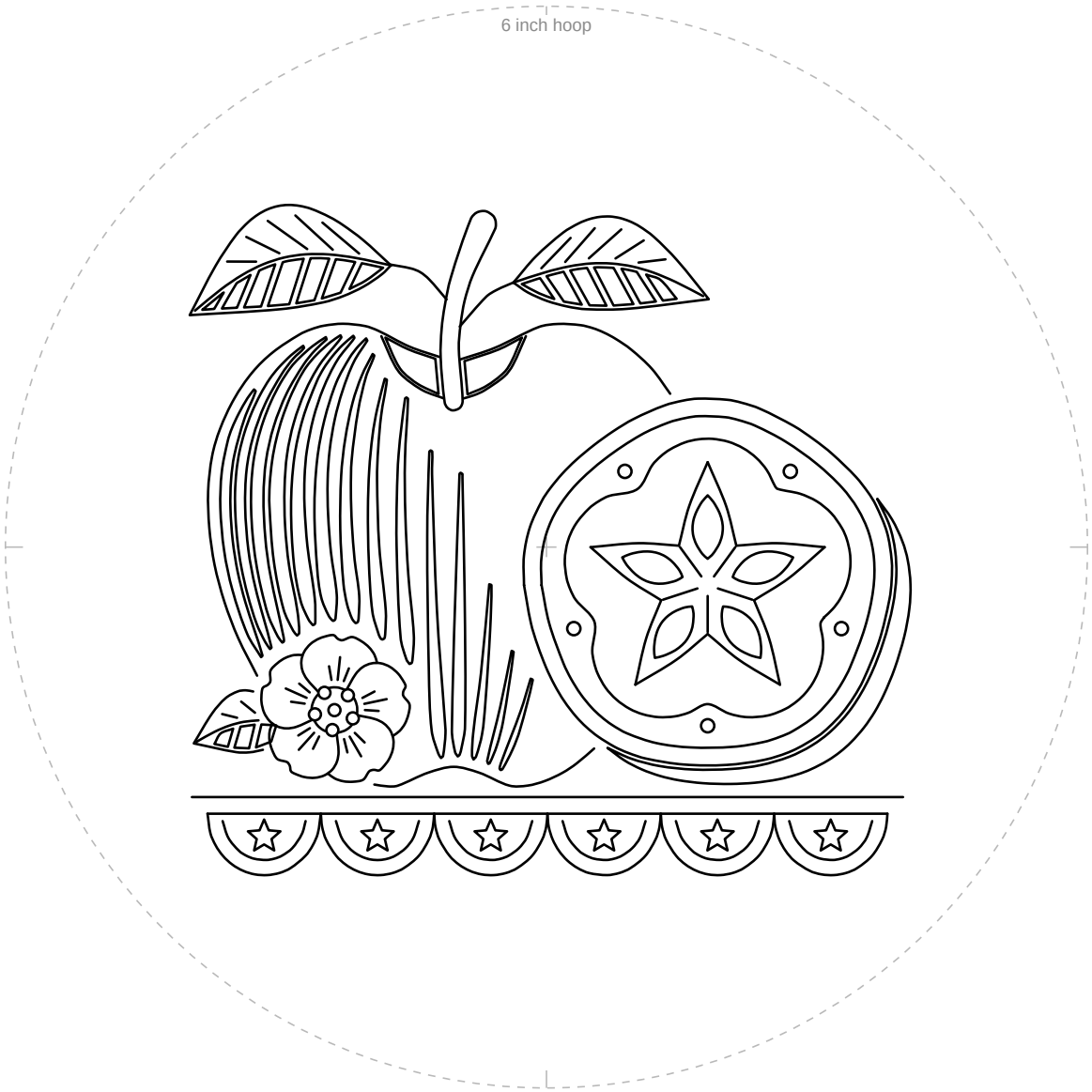
Redwork apple with a star core

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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