Renaissance bookmark in the Polish style

Sized for a 6 inch hoop (15 cm). The stitched design is about 1.7 × 4.9 in (4.3 × 12.4 cm).



Which color goes where: by number on page 2.
Fabric: wine red cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Trellis stitch**, strands by part on page 2
   Open leaves, far mounds, pomegranate rind
2. **Satin stitch**, 2 strands
   Curled leaf, turned tip, pomegranate crown, pomegranate lips, pomegranate foot, bud cup, carnation foot
3. **Fishbone stitch**, 2 strands
   Sage leaves
4. **Long and short stitch**, 1 strand
   Pomegranate rind, bud petals, carnation petals, carnation cup
5. **Padded satin stitch**, 2 strands
   Garnet seeds
6. **Couching**, strands by part on page 2
   Border, pomegranate stem, bud stem, leaf edges, leaf rib, main stem, mound edges, front mound, crown edge, pomegranate edge, cup edges
7. **Stem stitch**, strands by part on page 2
   Tendrils, curled leaf edge, turned tip, pomegranate slit, petal edges
8. **Straight stitch**, 1 strand
   Seed lights
9. **French knot**, 1 strand, two wraps
   Border pearls

Floss

- **1 DMC 783 Medium Topaz**
  Petal edges, border and main stem (dark), mound edges (darker) and 7 more parts
- **2 DMC 152 Medium Light Shell Pink**
  Carnation petals (middle), border and pomegranate rind (light) and 7 more parts
- **3 DMC 676 Light Old Gold**
  Border, main stem and pomegranate rind (lightest), leaf rib (lighter) and 8 more parts
- **4 DMC 3721 Dark Shell Pink**
  Carnation petals (dark), pomegranate rind and border (darkest) and 10 more parts
- **5 DMC 712 Cream**
  Carnation petals and bud petals (light), border pearls, pomegranate lips and seed lights
- **6 DMC 524 Very Light Fern Green**
  Open leaves, carnation cup and sage leaves (lighter), curled leaf edge and 4 more parts
- **7 DMC 522 Fern Green**
  Far mounds, curled leaf, sage leaves, carnation cup, turned tip and bud cup (darker)
- **8 DMC 321 Red** Garnet seeds

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 783 Medium Topaz
2 DMC 152 Medium Light Shell Pink
3 DMC 676 Light Old Gold
4 DMC 3721 Dark Shell Pink
5 DMC 712 Cream
6 DMC 524 Very Light Fern Green
7 DMC 522 Fern Green
8 DMC 321 Red

How many strands

Trellis stitch. 2 strands: far mounds; 1 strand: open leaves, pomegranate rind.
Couching. 4 or 6 strands: border; 4 strands: main stem, front mound, pomegranate edge; 3 or 4 strands: mound edges; 2 or 4 strands: leaf rib; 3 strands: pomegranate stem, bud stem; 2 strands: leaf edges, crown edge, cup edges.
Stem stitch. 2 strands: tendrils; 1 strand: curled leaf edge, turned tip, pomegranate slit, petal edges.

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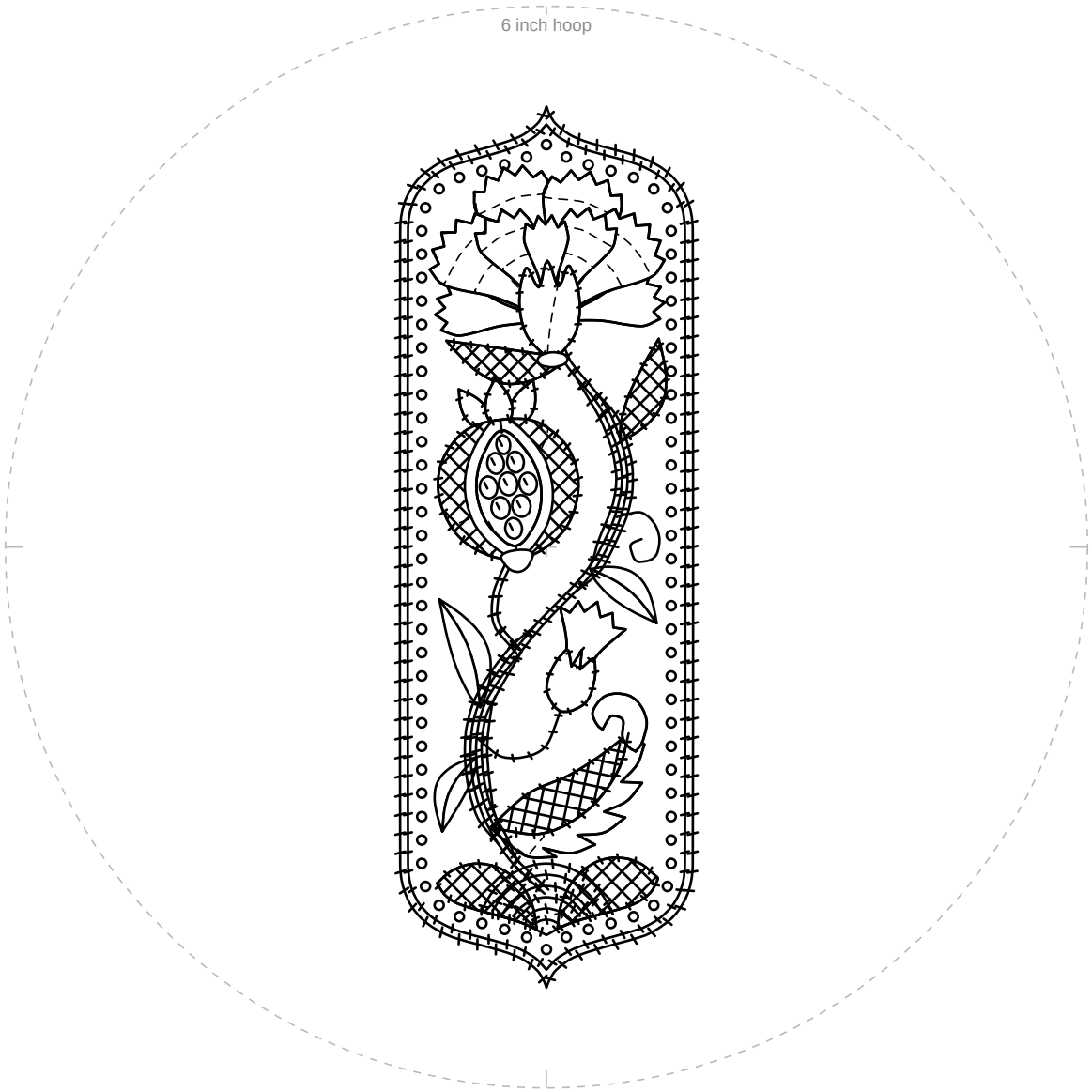
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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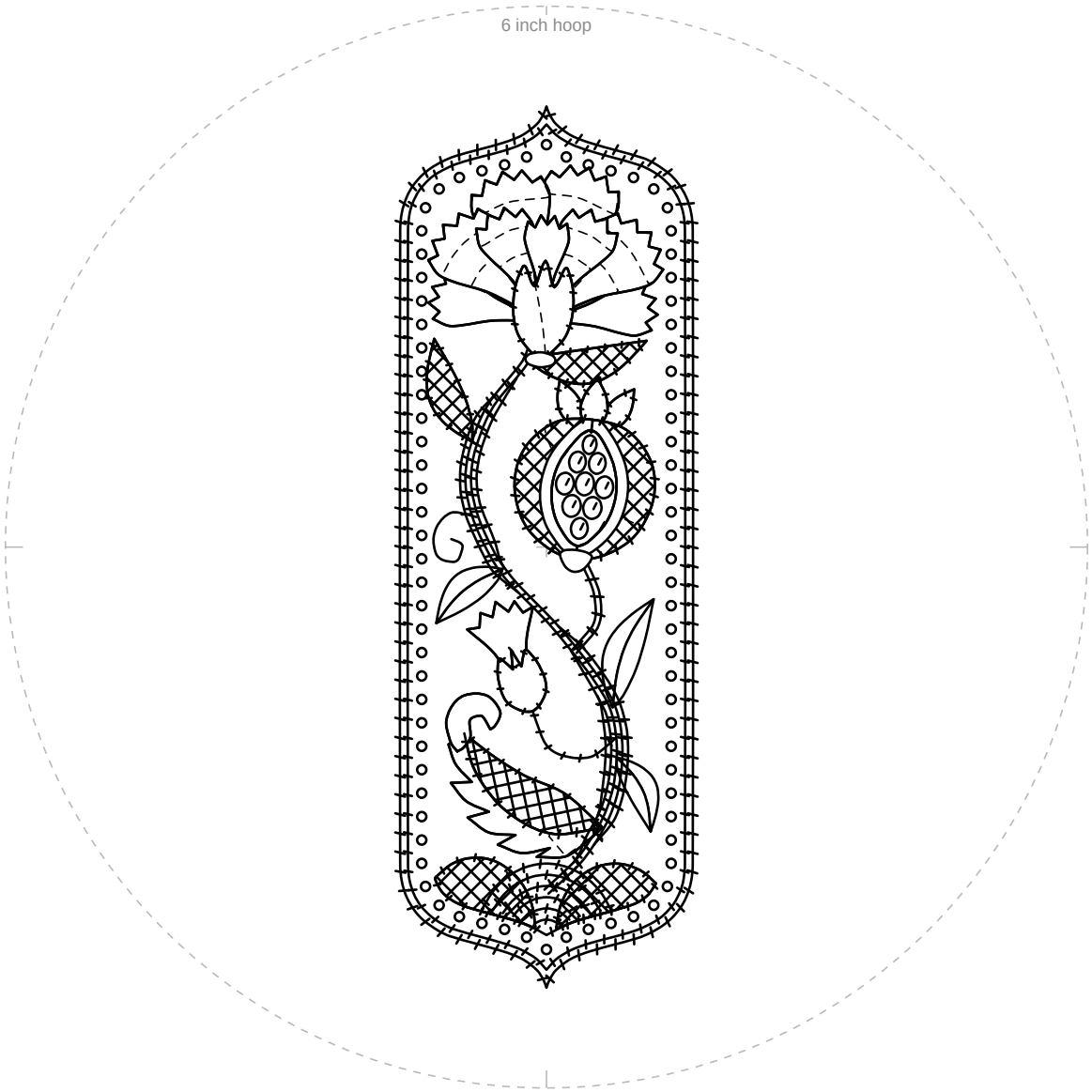
6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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