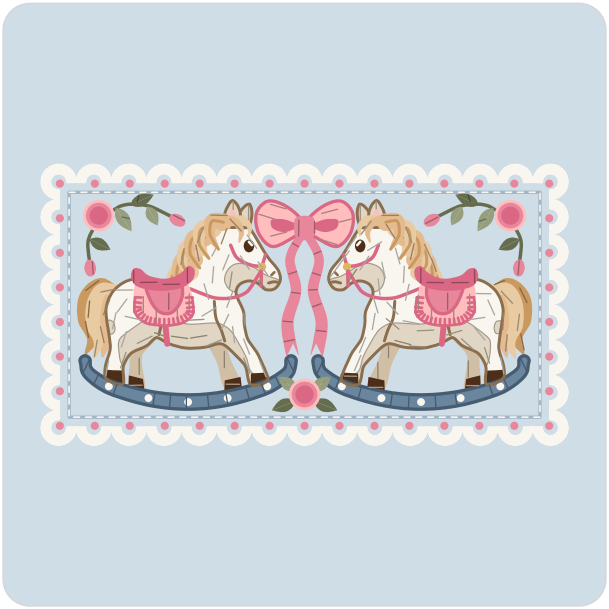
# Rocking horse insertion band

6 inch (15 cm) hoop, 4.5 × 2.4 in (11.4 × 6.1 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

## What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of pale blue cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

17 colors of floss (page 2): 2 skeins of DMC 3865; one of each other color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

## Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

## How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

## Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Stems
2. **Long and short stitch**, 1 strand
   Tail, far legs, horses
3. **Satin stitch**, 2 strands
   Hooves, rockers, ears, ear lining, mane, eye, girth, saddle cloth, saddle, bow tails, bow, bow folds, rosebuds
4. **Fishbone stitch**, 2 strands
   Leaves
5. **Woven wheel stitch**, 4 strands
   Roses
6. **Buttonhole stitch**
   2 strands: scalloped edge
   1 strand: edges of the saddle cloth
7. **Whipped back stitch**, 2 strands
   Inner line
8. **Straight stitch**
   1 strand: eye highlight
   2 strands: nostrils
9. **Split stitch**, 1 strand
   Outline, mane lines
10. **Stem stitch**
    1 strand: edges of the rockers, edges of the saddle, bow edges
    2 strands: bridle
11. **Padded satin stitch**, 2 strands
    Saddle, bow
12. **French knot**, 2 strands, two wraps
    Edge knots, rocker knots, bridle knots

Take out lines that still show, press face down, finish the hoop or sew a pillow.



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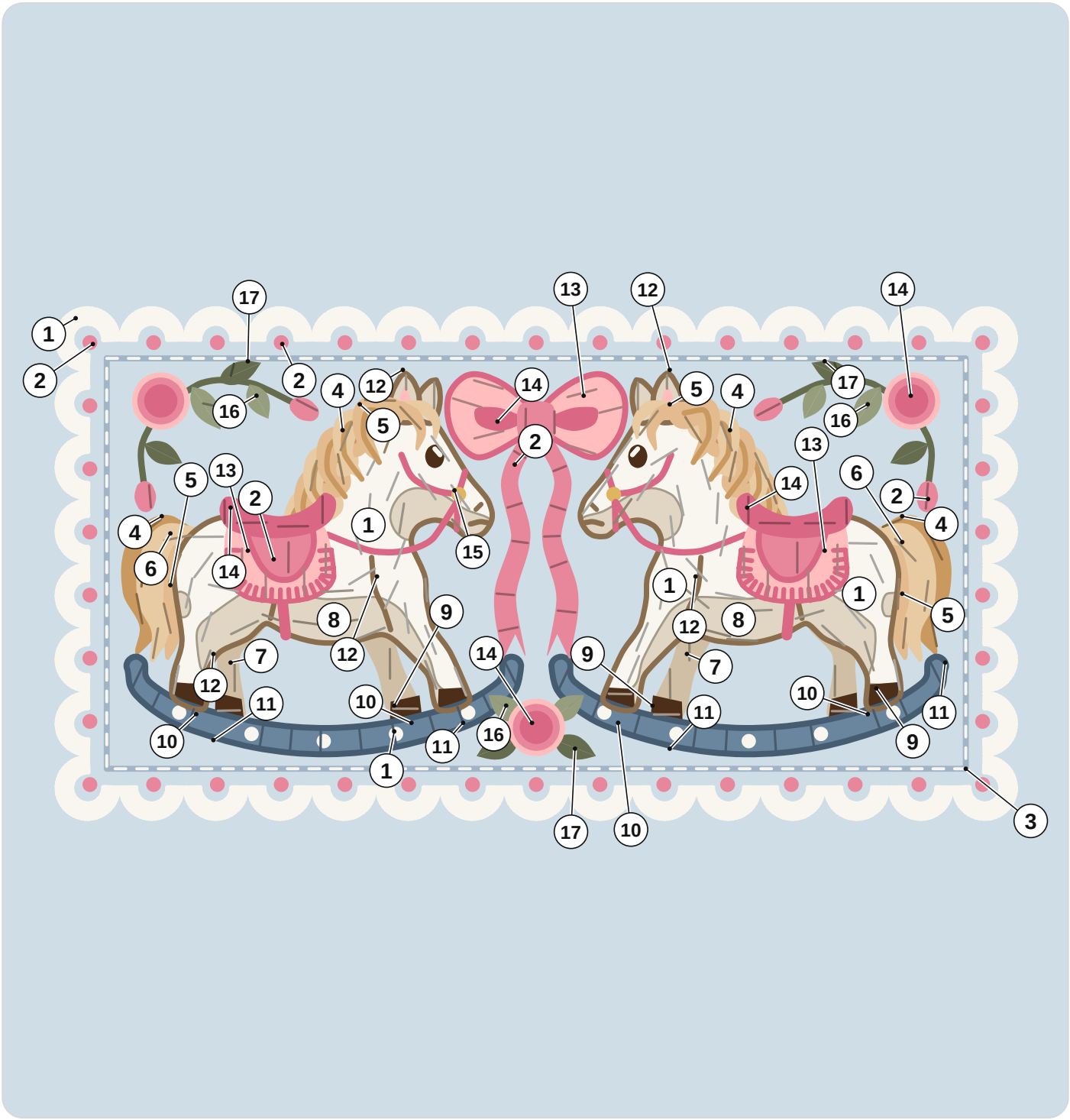
**6 inch hoop**

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



| | | | | | |
|---|---|---|---|---|---|
| 1 | DMC 3865 Winter White | 7 | DMC 842 Very Light Beige Brown | 13 | DMC 3716 Very Light Rose |
| 2 | DMC 3733 Dusty Rose | 8 | DMC 3033 Very Light Mocha Brown | 14 | DMC 3731 Very Dark Dusty Rose |
| 3 | DMC 932 Light Antique Blue | 9 | DMC 898 Very Dark Coffee Brown | 15 | DMC 3820 Dark Straw |
| 4 | DMC 436 Tan | 10 | DMC 931 Medium Antique Blue | 16 | DMC 522 Fern Green |
| 5 | DMC 437 Light Tan | 11 | DMC 930 Dark Antique Blue | 17 | DMC 520 Dark Fern Green |
| 6 | DMC 738 Very Light Tan | 12 | DMC 3862 Dark Mocha Beige | | |



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# Rocking horse insertion band

**6 inch hoop**

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a dashed line is whipped back stitch; a finer one inside a shape is where two shades meet: trace it, do not stitch it.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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# Rocking horse insertion band

**6 inch hoop**

For an iron-on pen only. Go over the lines, press ink side down.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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