Rocks and lichen

6 inch (15 cm) hoop, 4.5 × 3.7 in (11.4 × 9.4 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of pale blue cotton or linen.

An embroidery needle, size 7.

18 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands, colors 1, 3
   Lines of the fern

2. **Long and short stitch**
   2 strands, colors 3, 4, 5, 6, 7, 8, 9, 10, 11, 12
   Back stone, tall granite, warm boulder, small stone, moss bank



3. **Satin stitch**
   2 strands, colors 1, 2, 3, 8, 12, 16, 17
   Fern, cracks, pixie cups, cup mouths



4. **Split stitch**, 2 strands, colors 8, 12
   Rock edges

5. **Chain stitch**
   2 strands, colors 13, 14
   Lines of the gold lichen



6. **Lazy daisy stitch**
   2 strands, colors 13, 16, 17
   Loops of the gold lichen, sage lichen



7. **French knot**
   2 strands, two wraps, colors 1, 2, 3, 9, 14, 15, 18
   Moss cushions, lichen fruits, white crust, red fruits



Take out lines that still show, press face down, finish the hoop or sew a pillow.

In a 6 inch hoop the French knots and the shortest lazy daisy loops are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Rocks and lichen

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 469 Avocado Green	7	DMC 317 Pewter Gray	13	DMC 783 Medium Topaz
2	DMC 471 Very Light Avocado Green	8	DMC 3799 Very Dark Pewter Gray	14	DMC 676 Light Old Gold
3	DMC 936 Very Dark Avocado Green	9	DMC 822 Light Beige Gray	15	DMC 829 Very Dark Golden Olive
4	DMC 318 Light Steel Gray	10	DMC 642 Dark Beige Gray	16	DMC 522 Fern Green
5	DMC 762 Very Light Pearl Gray	11	DMC 640 Very Dark Beige Gray	17	DMC 524 Very Light Fern Green
6	DMC 414 Dark Steel Gray	12	DMC 3787 Dark Brown Gray	18	DMC 817 Very Dark Coral Red

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Rocks and lichen

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

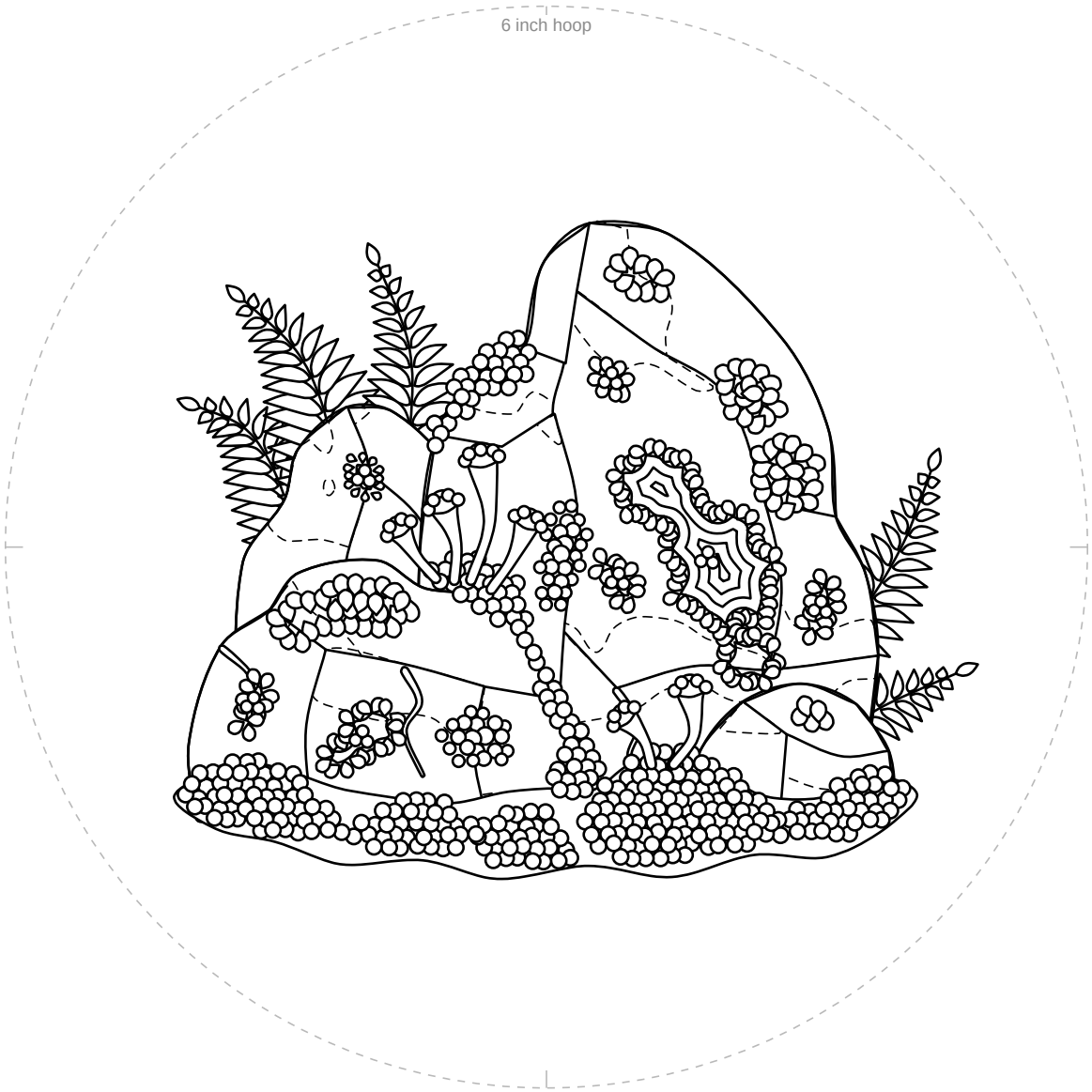
Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Rocks and lichen

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.