Rolling pin and whisk with herbs

6 inch (15 cm) hoop, 3.8 × 3.1 in (9.7 × 7.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 7.

5 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**, 2 strands
   Herb leaves (each half slanted to the center vein, in its own color), whisk handle, collar of the whisk, handles of the rolling pin, rolling pin, bow loops, bow tails



Stitch in this order, continued

2. **Padded satin stitch**
   2 strands, color 5
   Bow knot



3. **Stem stitch**
   2 or 3 strands, colors 1, 3
   Stems of the herbs, whisk wires

Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list.



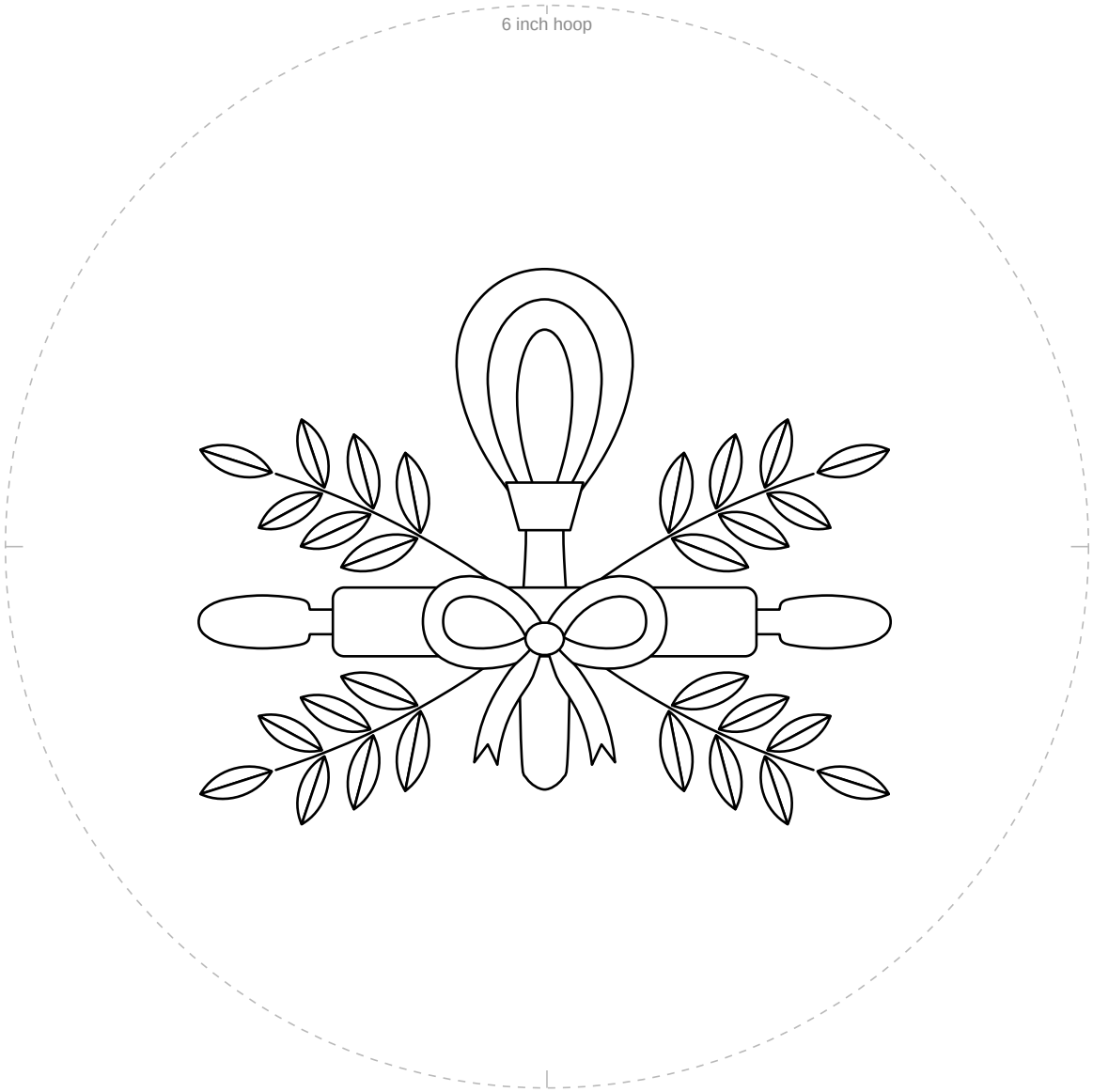
1 DMC 986 Very Dark Forest Green
2 DMC 320 Medium Pistachio Green
3 DMC 414 Dark Steel Gray
4 DMC 3828 Hazelnut Brown
5 DMC 304 Medium Red

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Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.



1 in
25.4 mm

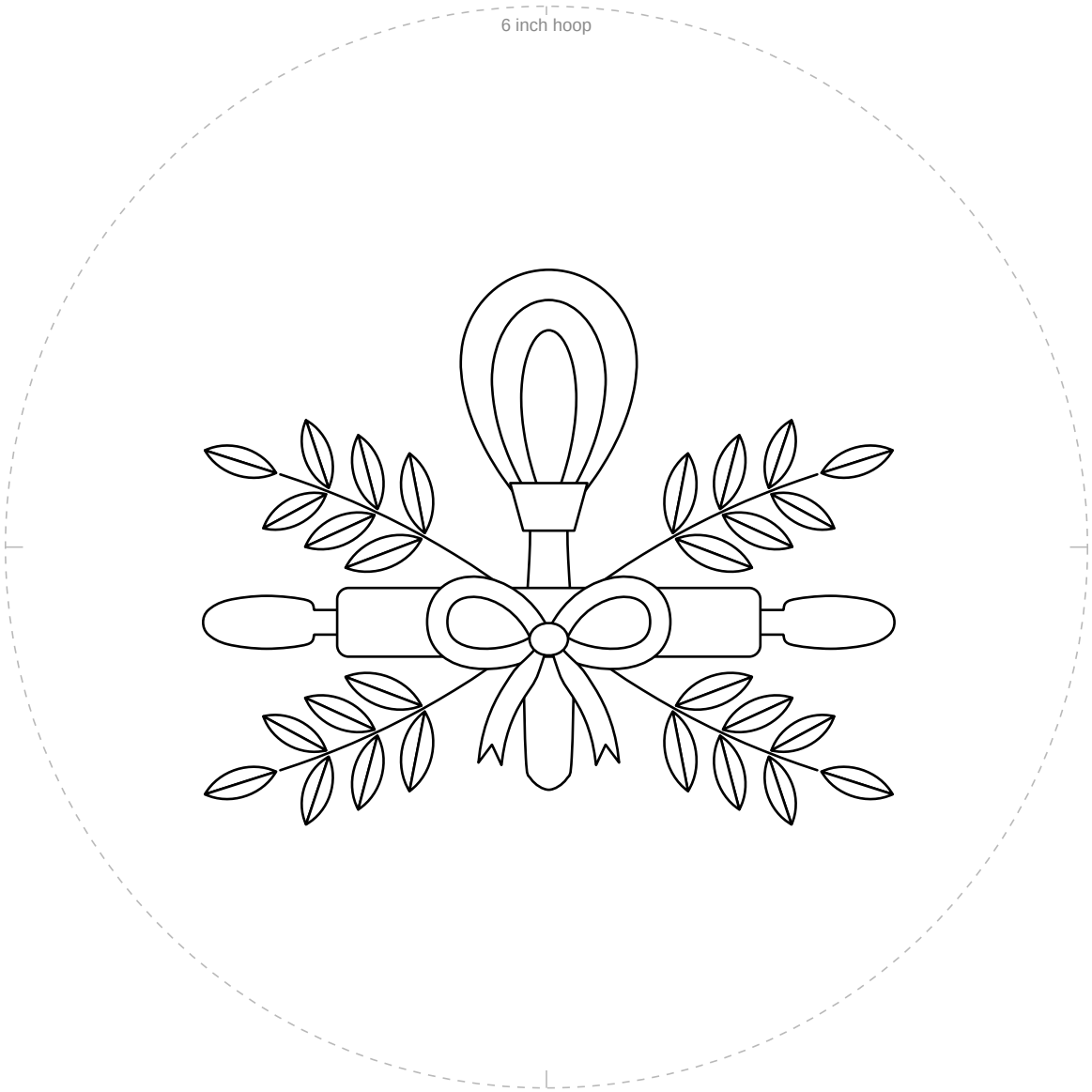
Not 1 inch (25.4 mm)? Print again at 100%.

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For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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