Small Roman helmet with a red crest

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.3 × 3.8 in (8.4 × 9.7 cm).



Which color goes where.

Stitches

- **Long and short stitch**, 1 strand
  Crest, neck guard, lining, dome, cheek plates
- **Split stitch**, 1 to 2 strands
  Plume lines, palmette edges, cheek plate lines, brow bar
- **Couching**, 3 to 4 strands
  Neck guard rim, holder edges, cheek plate edges, scrolls
- **Stem stitch**, 1 to 3 strands
  Neck guard rim, holder edges, laurel stems, berry stalks
- **Padded satin stitch**, 2 strands
  Crest holder, palmette, brow bar, ribbon tie
- **Satin stitch**, 2 strands
  Hinges, brow band, ribbon tie
- **French knot**, 2 strands, two wraps
  Rivets, laurel berries
- **Fishbone stitch**, 2 strands
  Laurel leaves

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC 814 Dark Garnet** Crest (darkest)
- **DMC 498 Dark Red** Crest and ribbon tie (dark), plume lines
- **DMC 321 Red** Crest and ribbon tie (middle)
- **DMC 349 Dark Coral** Crest and ribbon tie (light)
- **DMC 351 Coral** Crest (lightest)
- **DMC 898 Very Dark Coffee Brown**
  Neck guard (dark), cheek plate lines and palmette edges and 2 more parts
- **DMC 780 Ultra Very Dark Topaz**
  Neck guard (middle), crest holder, cheek plate edges (darker) and 5 more parts
- **DMC 782 Dark Topaz**
  Dome, cheek plates and brow bar (dark), neck guard (light), brow band, scrolls (darker)
- **DMC 3821 Straw**
  Cheek plates (lightest), cheek plate edges (lighter), dome (light) and 4 more parts
- **DMC 154 Very Dark Grape** Lining (darker)
- **DMC 902 Very Dark Garnet** Lining (lighter)
- **DMC 783 Medium Topaz**
  Cheek plates (light), dome, brow bar and neck guard rim (middle)
- **DMC 745 Light Pale Yellow**
  Brow bar and dome (lightest), palmette and rivets, scrolls (lighter)
- **DMC 3011 Dark Khaki Green**
  Laurel leaves (dark), laurel stems
- **DMC 3012 Medium Khaki Green**
  Laurel leaves (middle), berry stalks
- **DMC 3013 Light Khaki Green** Laurel leaves (light)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker’s carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

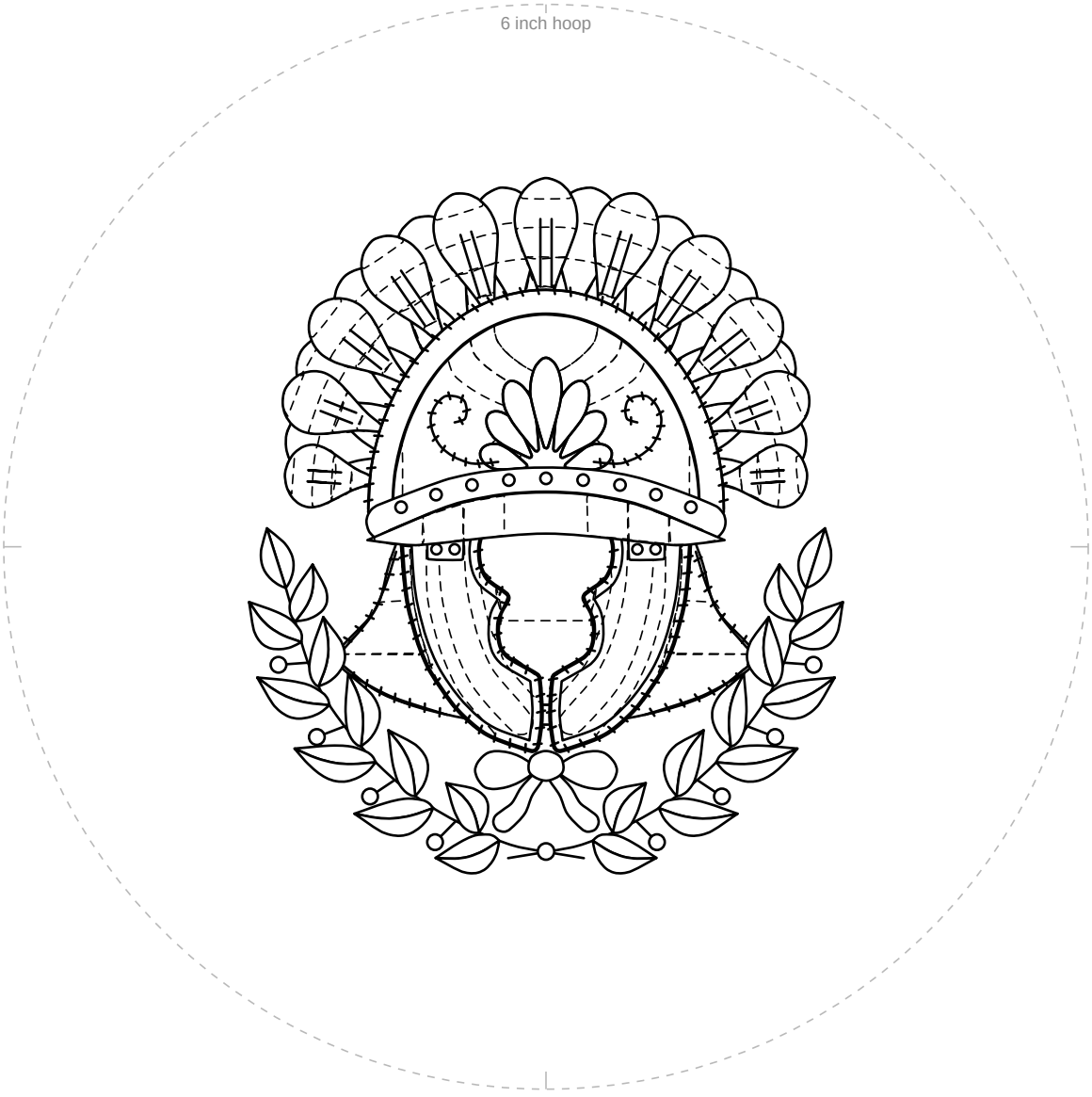
Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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Small Roman helmet with a red crest

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

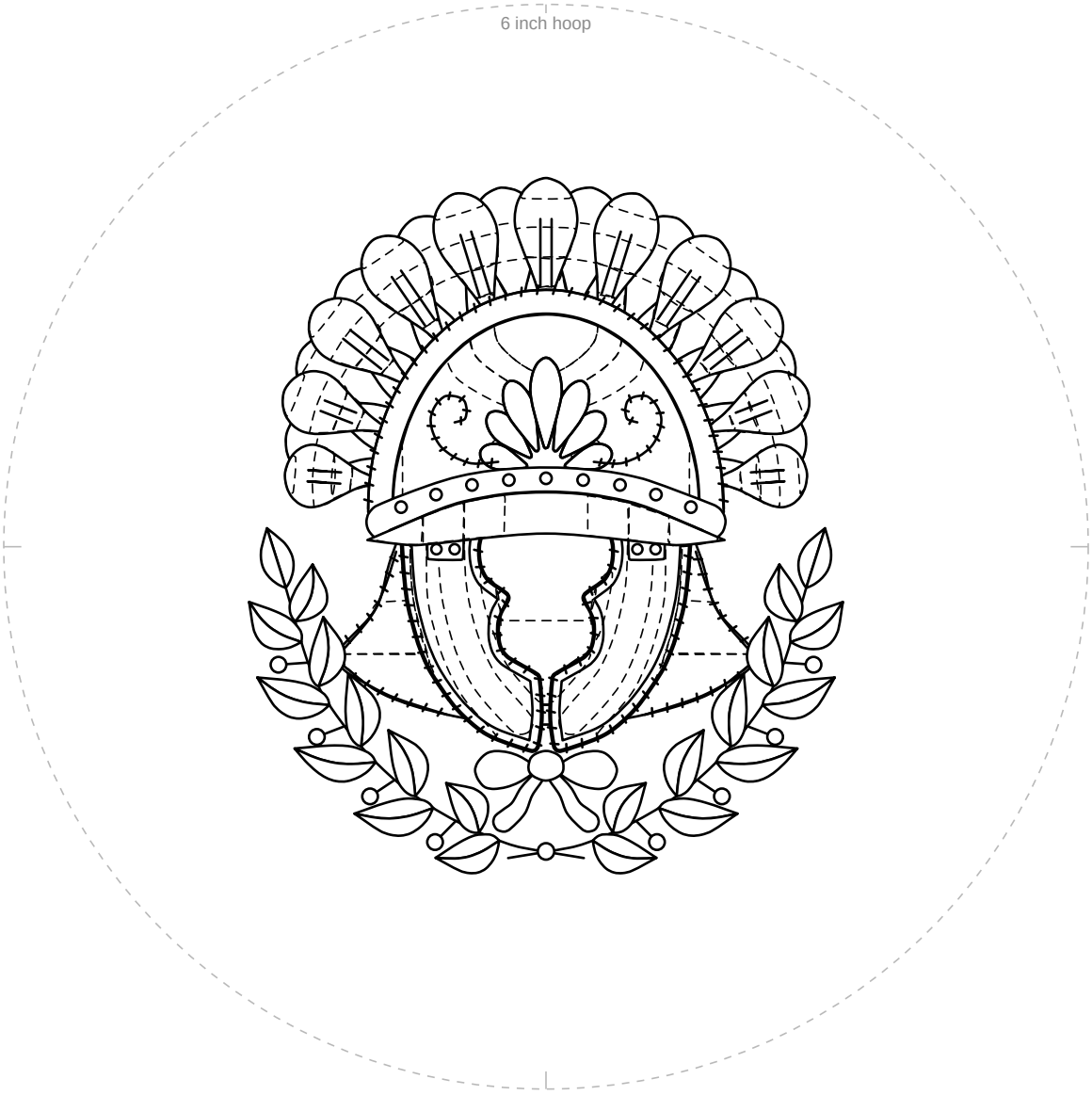
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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