Rooted in love

6 inch (15 cm) hoop, 5 × 4.6 in (12.7 × 11.7 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

10 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands, colors 1, 4
   Stems, berry stalks, lines of the words

2. **Satin stitch**, 2 strands
   Cut stems, cut ends, leaves, half leaves, turned leaf, berries, words



3. **Outline stitch**
   1 strand, colors 4, 5
   Leaf outlines, leaf veins (colors 4 and 5)

4. **Split stitch**
   1 strand, colors 5, 6, 8
   Leaf veins (color 6), edges of the turned leaf, edges of the berries

5. **Straight stitch**, colors 9, 10
   1 strand: berry highlights
   3 strands: gold binding



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3011 Dark Khaki Green	**5**	DMC 3346 Hunter Green	**9**	DMC 783 Medium Topaz
2	DMC 3012 Medium Khaki Green	**6**	DMC 3348 Light Yellow Green	**10**	DMC 3823 Ultra Pale Yellow
3	DMC 3821 Straw	**7**	DMC 3364 Pine Green		
4	DMC 895 Very Dark Hunter Green	**8**	DMC 780 Ultra Very Dark Topaz		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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