Rope bowl with a flower sprig

6 inch (15 cm) hoop, 4.9 × 4.1 in (12.4 × 10.4 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   2 strands: rope handles, rim, dyed coils, bowl
   1 strand: inside of the bowl, scallop shell, starfish, moon snail, coral flower, blue flower



2. **Fishbone stitch**, 2 strands
   Leaves



3. **Satin stitch**, 2 strands
   Flower center, bud, bud cup



4. **Stem stitch**
   1 strand: rope handles edge, rim grooves, scallop edge, starfish edge, dyed coils grooves, bowl grooves, coral flower edge, blue flower edge
   2 strands: inside coils, moon snail edge
   4 strands: stems

5. **Straight stitch**, 1 strand
   Rope handles twist, rim twist, dyed coils twist, bowl twist



6. **French knot**
   2 strands, two wraps
   Starfish knots, flower knots



Take out lines that still show, press face down, finish the hoop or sew a pillow.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 20 colors of floss (page 2), 2 skeins of DMC 3865; one of each other color (an estimate from the drawing's lines and shapes), embroidery needles size 9, and size 5 for 4 strands, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of pale blue cotton or linen, a water-soluble pen.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3865 Winter White	8	DMC 353 Peach	15	DMC 336 Navy Blue
2	DMC 738 Very Light Tan	9	DMC 351 Coral	16	DMC 312 Very Dark Baby Blue
3	DMC 739 Ultra Very Light Tan	10	DMC 783 Medium Topaz	17	DMC 3345 Dark Hunter Green
4	DMC 437 Light Tan	11	DMC 3820 Dark Straw	18	DMC 3347 Medium Yellow Green
5	DMC 435 Very Light Brown	12	DMC 3042 Light Antique Violet	19	DMC 347 Very Dark Salmon
6	DMC 801 Dark Coffee Brown	13	DMC 3740 Dark Antique Violet	20	DMC 349 Dark Coral
7	DMC 352 Light Coral	14	DMC 322 Dark Baby Blue		

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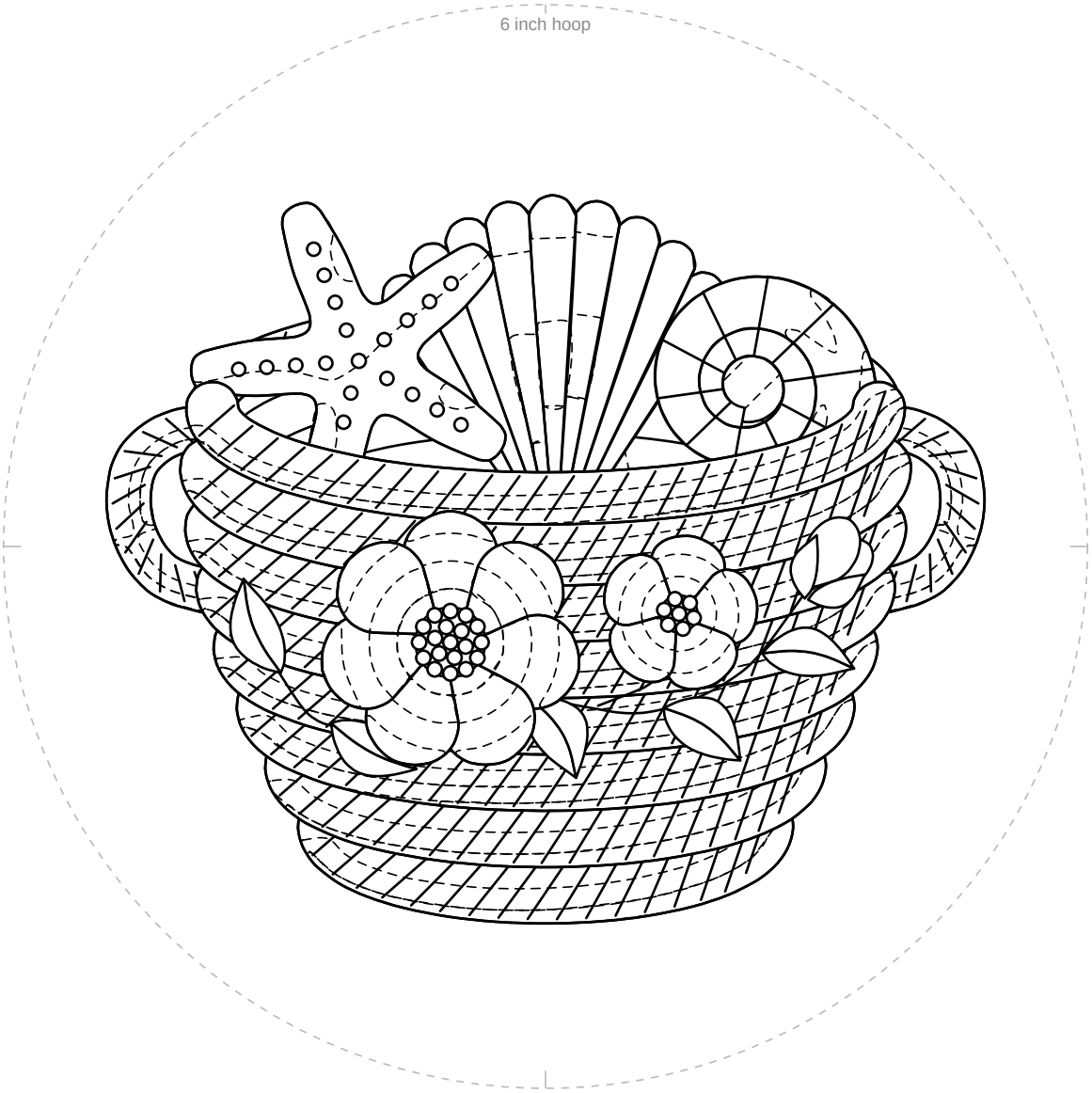
Rope bowl with a flower sprig

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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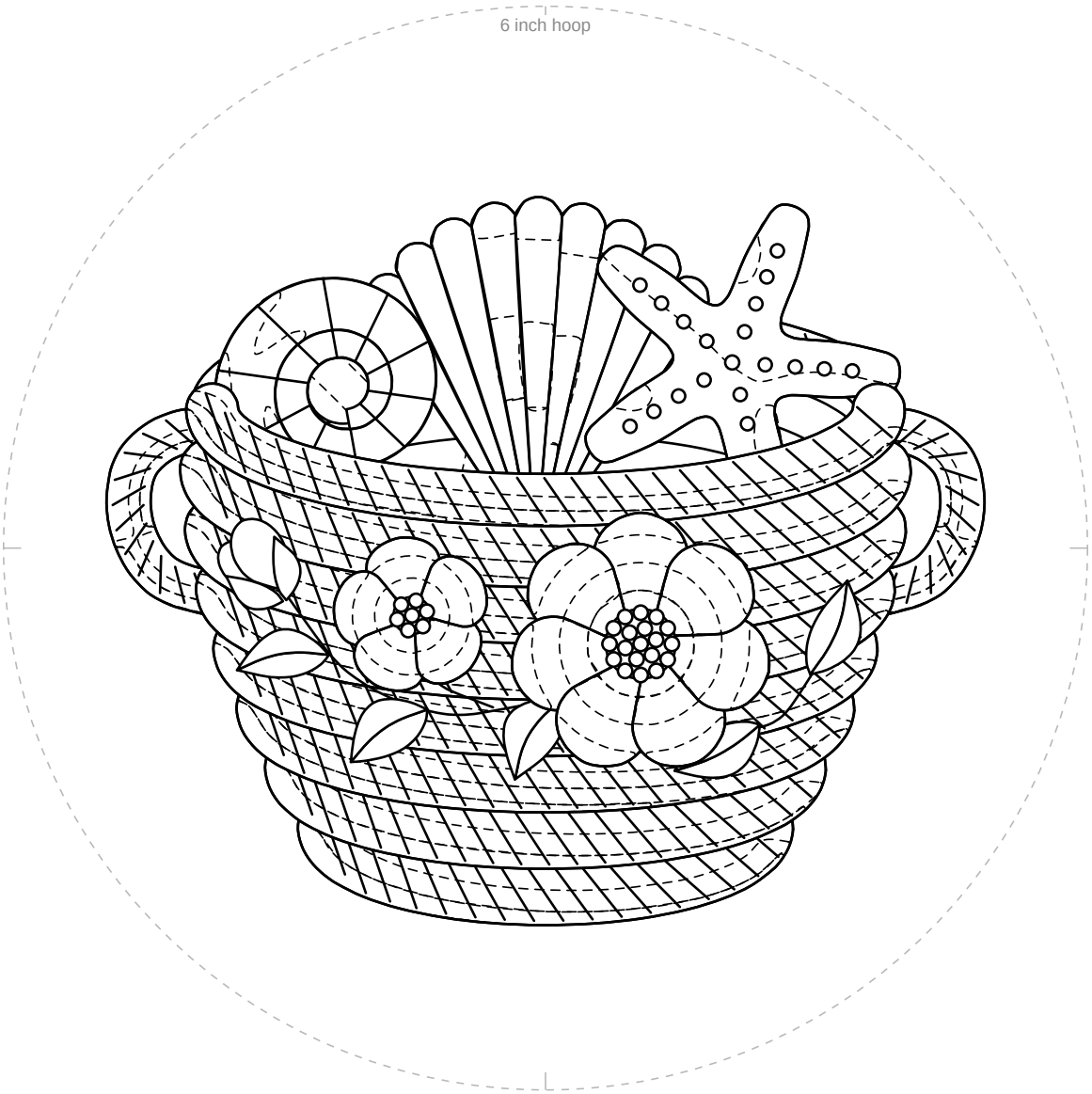
6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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