Sacred Heart of Jesus in gold

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.7 in (11.4 × 11.9 cm).



Which color goes where.

Stitches

- **Couching**, 4 to 6 strands
  Short rays, aureole cord, heart edge
- **Satin stitch**, 2 strands
  Long rays, cross tips, cross heart, thorns, thorn band, lily leaves, lily calyx
- **French knot**, 1 strand, two wraps
  Aureole beads, anthers
- **Long and short stitch**, 1 strand
  Flames, heart, lilies
- **Split stitch**, 1 strand
  Flame edges, lily edges
- **Padded satin stitch**, 2 strands
  Cross, lily knot
- **Stem stitch**, 6 strands
  Lily stems
- **Straight stitch**, 1 strand
  Stamens

Floss

- **DMC 783 Medium Topaz**
  Thorn band and long rays (darker), aureole cord (lighter) and 6 more parts
- **DMC 780 Ultra Very Dark Topaz**
  Lily leaves, aureole cord, heart edge, thorns and short rays (darker), lily calyx
- **DMC 3822 Light Straw**
  Long rays and thorn band (lighter), aureole beads and cross tips and 3 more parts
- **DMC 745 Light Pale Yellow**
  Flames and heart (lightest)
- **DMC 347 Very Dark Salmon**
  Heart (dark), flames (darkest), cross heart
- **DMC 351 Coral**
  Heart (middle), flame edges, flames (dark)
- **DMC 3825 Pale Pumpkin**
  Heart and flames (light)
- **DMC 815 Medium Garnet**
  Heart (darkest)
- **DMC 3046 Medium Yellow Beige**
  Lily edges, lilies (dark)
- **DMC 3047 Light Yellow Beige**
  Lilies (middle)
- **DMC 712 Cream**
  Lilies (light)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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Sacred Heart of Jesus in gold

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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