Sailor shirt as a sailboat

6 inch (15 cm) hoop, 4.3 × 4.8 in (10.9 × 12.2 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of pale blue cotton or linen.

An embroidery needle, size 9.

9 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**, 2 strands
   Mast, pennant, masthead, signal flags, yard, yard ends, shirt, sleeve stripes, cuffs, body stripes, collar lining, collar, neckerchief, kerchief knot, lashings, gunwale, hull planks, waterline, waves, anchor, gulls



2. **Stem stitch**, colors 3, 4, 5
   2 strands: flag lines, shirt outline, collar braid, gunwale line, anchor ring
   3 strands: foam

3. **Split stitch**, 1 strand, color 7
   Kerchief folds

4. **Whipped back stitch**
   3 strands, colors 2, 5
   Anchor rope



Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1 DMC 434 Light Brown	**4** DMC 336 Navy Blue	**7** DMC 815 Medium Garnet
2 DMC 321 Red	**5** DMC 3865 Winter White	**8** DMC 334 Medium Baby Blue
3 DMC 3820 Dark Straw	**6** DMC 932 Light Antique Blue	**9** DMC 312 Very Dark Baby Blue

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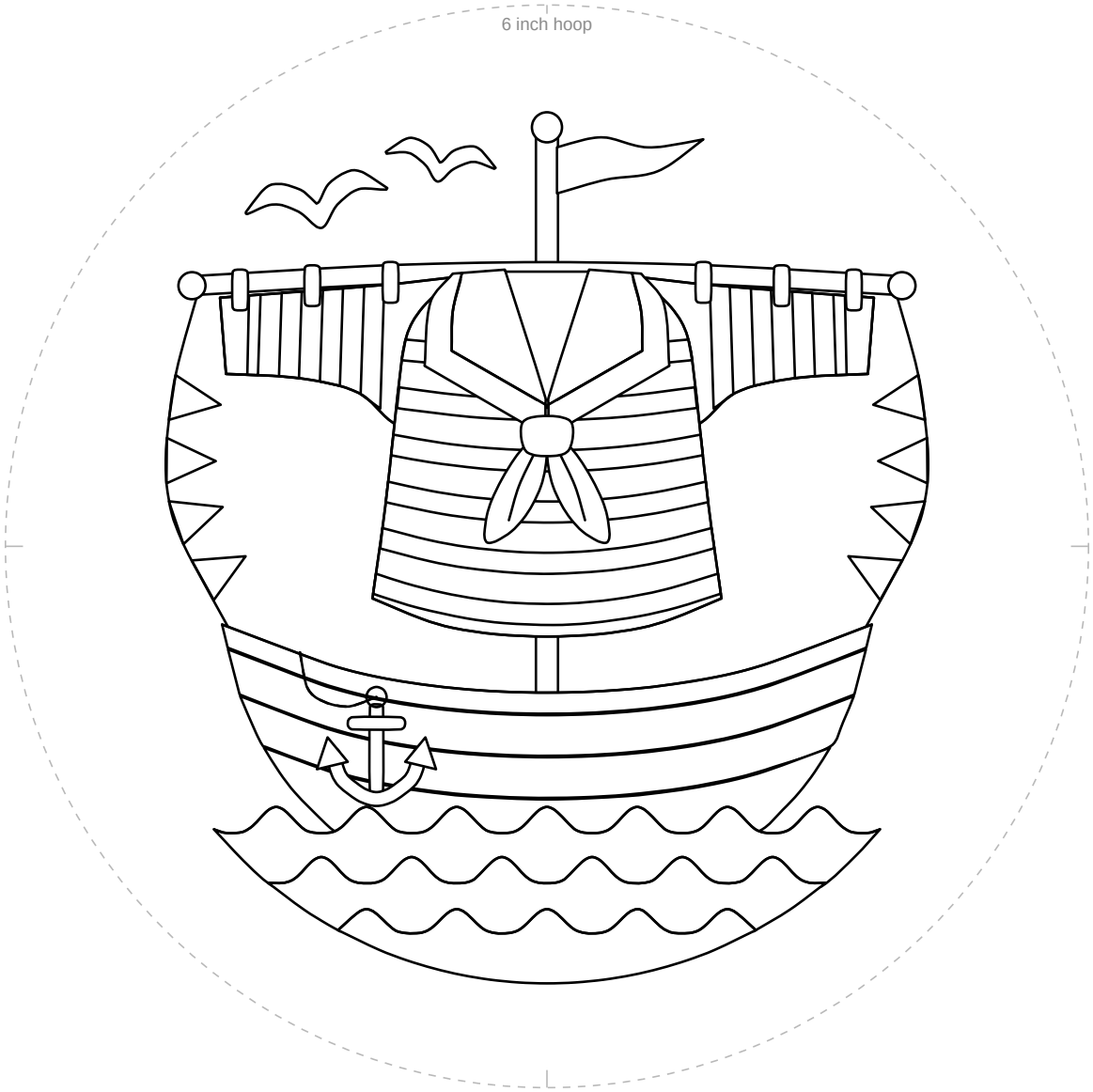
Sailor shirt as a sailboat

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a dashed line is whipped back stitch.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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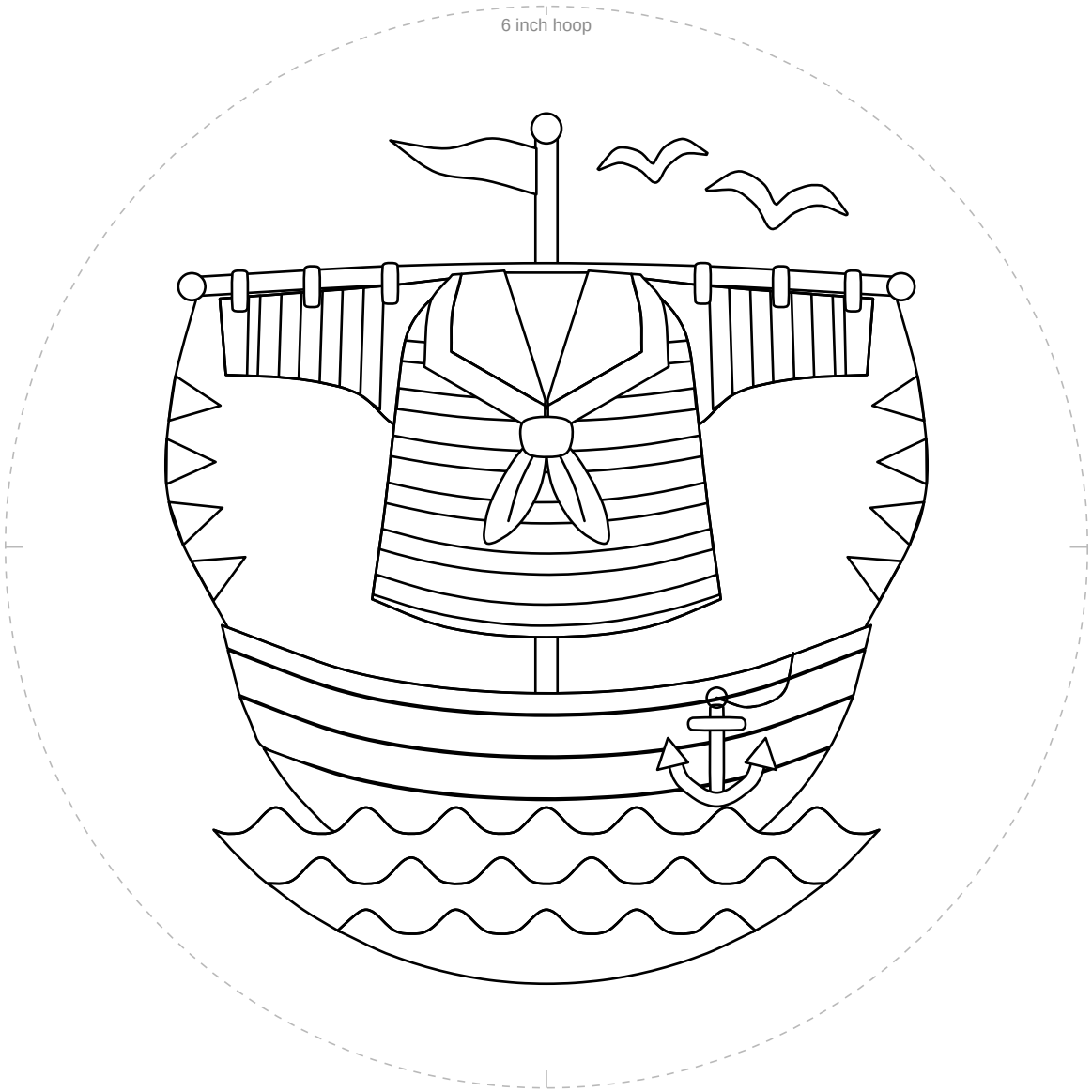
Sailor shirt as a sailboat

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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