Salty air in laurel

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.6 in (11.9 × 11.7 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Sea, breakers, sand, branches, starfish, tail feathers, flight feathers, wing coverts, gull head, mantle
2. **Satin stitch**, 2 strands
   Foam, wet sand, shore foam, under leaves, berries, scallop, bill, eye
3. **Fishbone stitch**, 2 strands
   Laurel leaves
4. **Padded satin stitch**, 1 strand
   Letters
5. **Straight stitch**, 1 strand
   Berry lights, eye light
6. **Split stitch**, 1 strand
   Starfish, scallop ribs, feather edges, gull head
7. **Stem stitch**, 1 strand
   Wing edge
8. **French knot**
   strands by part on page 2, two wraps
   Foam, pearls, starfish dots, wing spots

In a 6 inch hoop the widest satin stitch shape is 1/2 in (13 mm) across. Satin stitches longer than about 12 mm (just under 1/2 in) tend to work loose: divide the shape into sections, or work it in long and short stitch.

Floss

- 1 **DMC 3808 Ultra Very Dark Turquoise** Sea (dark), breakers (darkest)
- 2 **DMC 3810 Dark Turquoise** Sea (middle), breakers (dark)
- 3 **DMC 598 Light Turquoise** Sea (light)
- 4 **DMC 964 Light Seagreen** Breakers (lightest)
- 5 **DMC 3849 Light Teal Green** Breakers (light)
- 6 **DMC BLANC White**
  Foam (lighter), shore foam, flight feathers and gull head (lightest) and 5 more parts
- 7 **DMC 762 Very Light Pearl Gray**
  Foam and tail feathers (darker), flight feathers, gull head and wing coverts (light)
- 8 **DMC 738 Very Light Tan** Sand (lighter), scallop (middle)
- 9 **DMC 436 Tan** Branches (lighter), sand (darker)
- 10 **DMC 840 Medium Beige Brown** Wet sand, branches (darker)
- 11 **DMC 501 Dark Blue Green** Under leaves, laurel leaves (darkest)
- 12 **DMC 522 Fern Green** Laurel leaves (middle)
- 13 **DMC 524 Very Light Fern Green** Laurel leaves (lightest)
- 14 **DMC 503 Medium Blue Green** Laurel leaves (light)
- 15 **DMC 502 Blue Green** Laurel leaves (dark)
- 16 **DMC 351 Coral** Starfish and berries (middle), scallop ribs
- 17 **DMC 350 Medium Coral** Starfish and berries (dark)
- 18 **DMC 3341 Apricot** Berries and starfish (light), scallop (dark)
- 19 **DMC 353 Peach** Scallop (light), starfish dots
- 20 **DMC 317 Pewter Gray**
  Feather edges and mantle (darker), flight feathers (dark), wing edge and 2 more parts
- 21 **DMC 318 Light Steel Gray**
  Feather edges and mantle (lighter), wing coverts (middle) and 2 more parts
- 22 **DMC 3799 Very Dark Pewter Gray** Flight feathers (darkest), eye
- 23 **DMC 725 Medium Light Topaz** Bill
- 24 **DMC 336 Navy Blue** Letters

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3808 Ultra Very Dark Turquoise	9	DMC 436 Tan	17	DMC 350 Medium Coral
2	DMC 3810 Dark Turquoise	10	DMC 840 Medium Beige Brown	18	DMC 3341 Apricot
3	DMC 598 Light Turquoise	11	DMC 501 Dark Blue Green	19	DMC 353 Peach
4	DMC 964 Light Seagreen	12	DMC 522 Fern Green	20	DMC 317 Pewter Gray
5	DMC 3849 Light Teal Green	13	DMC 524 Very Light Fern Green	21	DMC 318 Light Steel Gray
6	DMC BLANC White	14	DMC 503 Medium Blue Green	22	DMC 3799 Very Dark Pewter Gray
7	DMC 762 Very Light Pearl Gray	15	DMC 502 Blue Green	23	DMC 725 Medium Light Topaz
8	DMC 738 Very Light Tan	16	DMC 351 Coral	24	DMC 336 Navy Blue

How many strands

French knot. 2 strands: foam, pearls; 1 or 2 strands: starfish dots; 1 strand: wing spots.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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