Scallop and knot frame

6 inch (15 cm) hoop, 4.1 × 4.8 in (10.4 × 12.2 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of navy cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

10 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Fishbone stitch**
   2 strands, colors 1, 2
   Buds



2. **Long and short stitch**
   1 strand, colors 4, 5, 6, 7, 8
   Light ribs, dark ribs



3. **Satin stitch**
   2 strands, colors 9, 10
   Scallop edge, fan hearts



4. **Whipped back stitch**
   4 strands, color 3
   Rope

5. **Stem stitch**, 3 strands, color 4
   Inner line

6. **French knot**
   two wraps, colors 3, 9
   2 strands: bud knots, beading
   1 strand: heart knots



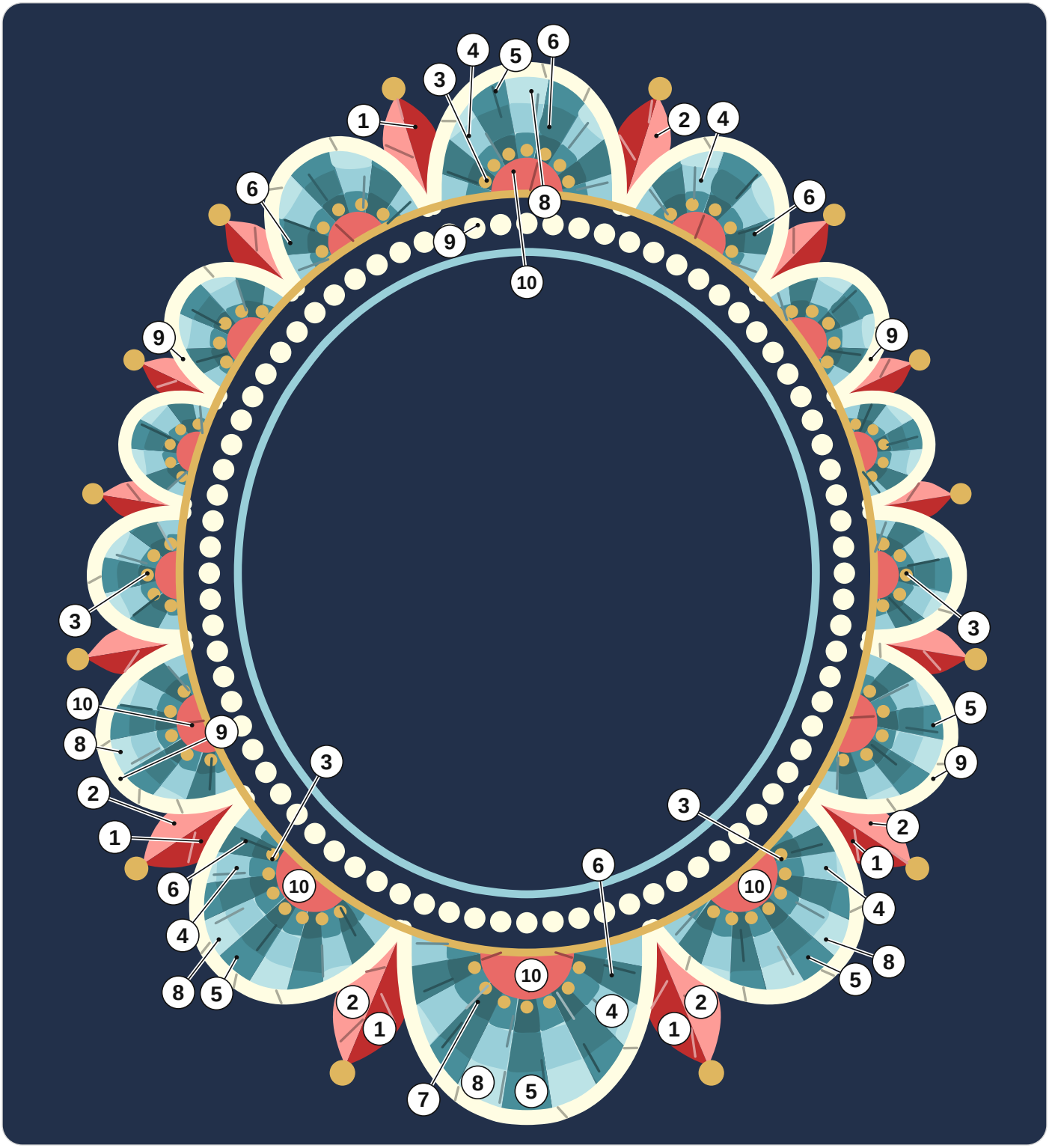
Take out lines that still show, press face down, finish the hoop or sew a pillow.

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Scallop and knot frame

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



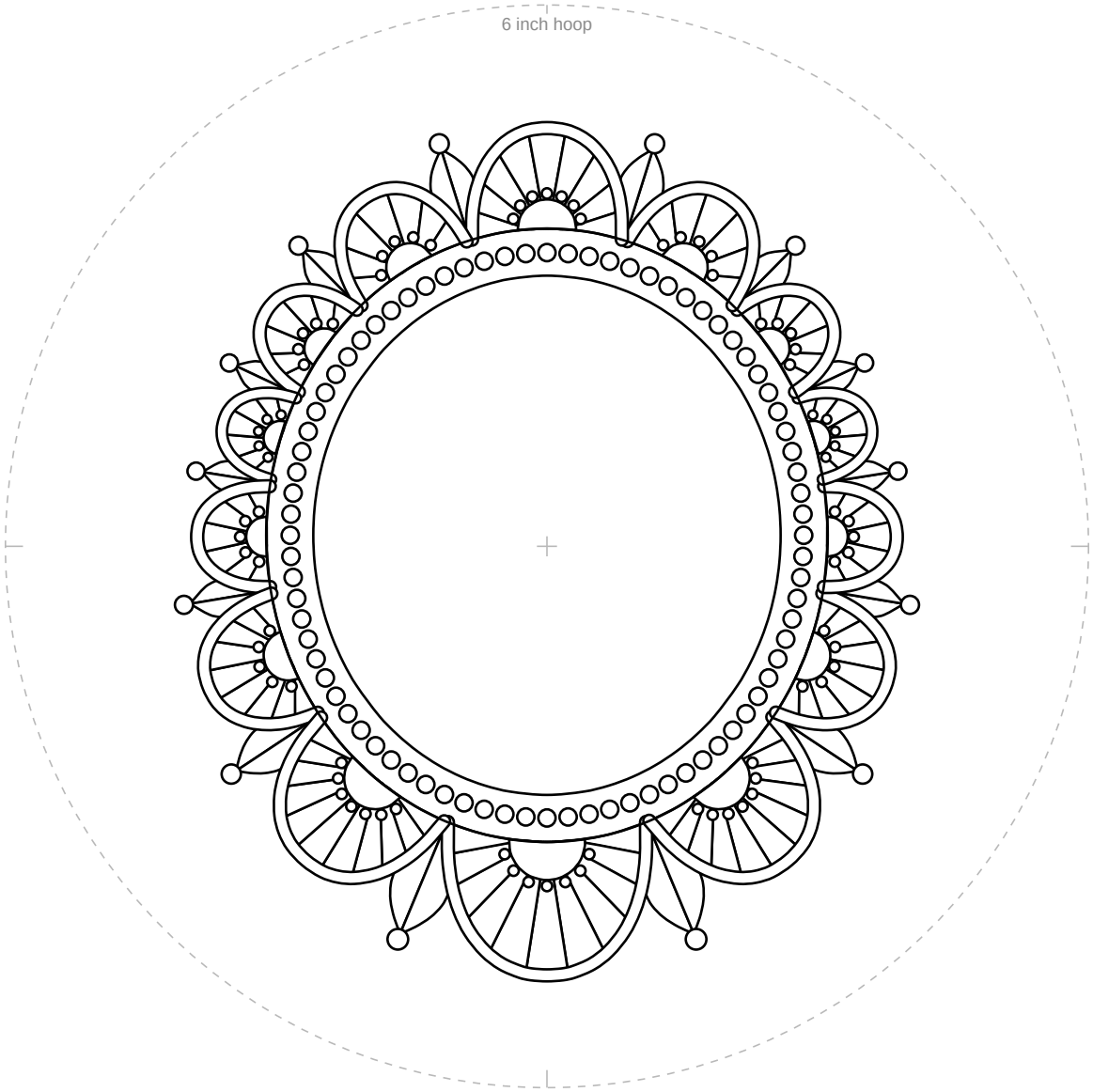
1 DMC 347 Very Dark Salmon
2 DMC 352 Light Coral
3 DMC 3820 Dark Straw
4 DMC 3766 Light Peacock Blue
5 DMC 3810 Dark Turquoise
6 DMC 3809 Very Dark Turquoise
7 DMC 3808 Ultra Very Dark Turquoise
8 DMC 3811 Very Light Turquoise
9 DMC 3823 Ultra Pale Yellow
10 DMC 351 Coral

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Scallop and knot frame

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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