Scandinavian redwork bird and heart

6 inch (15 cm) hoop, 4.5 × 4.5 in (11.4 × 11.4 cm)



A number is a row of the list.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 2 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 2 on top; trace with a ballpoint.

Iron-on pen: go over page 3, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: one skein (an estimate from the drawing's lines and shapes), embroidery needles size 7, and size 3 for 4 to 6 strands, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of white or light cotton or linen, a water-soluble pen.

Floss

DMC 321 Red
Tree tulips, tail, leaves, tulip, heart, wing, heart border, tree leaves, bird, tulip tree, tulip bud, collar, spray stem, breast feathers, heart in the bill, tree buds, legs, bill, small heart, eye and feet

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Tulip tree, lines of the tree tulips, lines of the tulip bud

2. **Satin stitch**, 2 strands
   Tree leaves, tree tulips, tree buds, small heart, tulip bud, leaves, tulip, legs, tail, heart in the bill, bill, collar, breast feathers, wing



3. **Chain stitch**, 3 strands
   Heart border



4. **Stem stitch**
   5 strands: heart, bird
   4 strands: spray stem, lines of the tulip, feet, lines of the tail, lines of the wing
   3 strands: edges of the leaves
   6 strands: lines of the legs
   2 strands: lines of the eye

5. **French knot**
   2 strands, two wraps
   Knots of the eye, knots of the collar, knots of the wing



Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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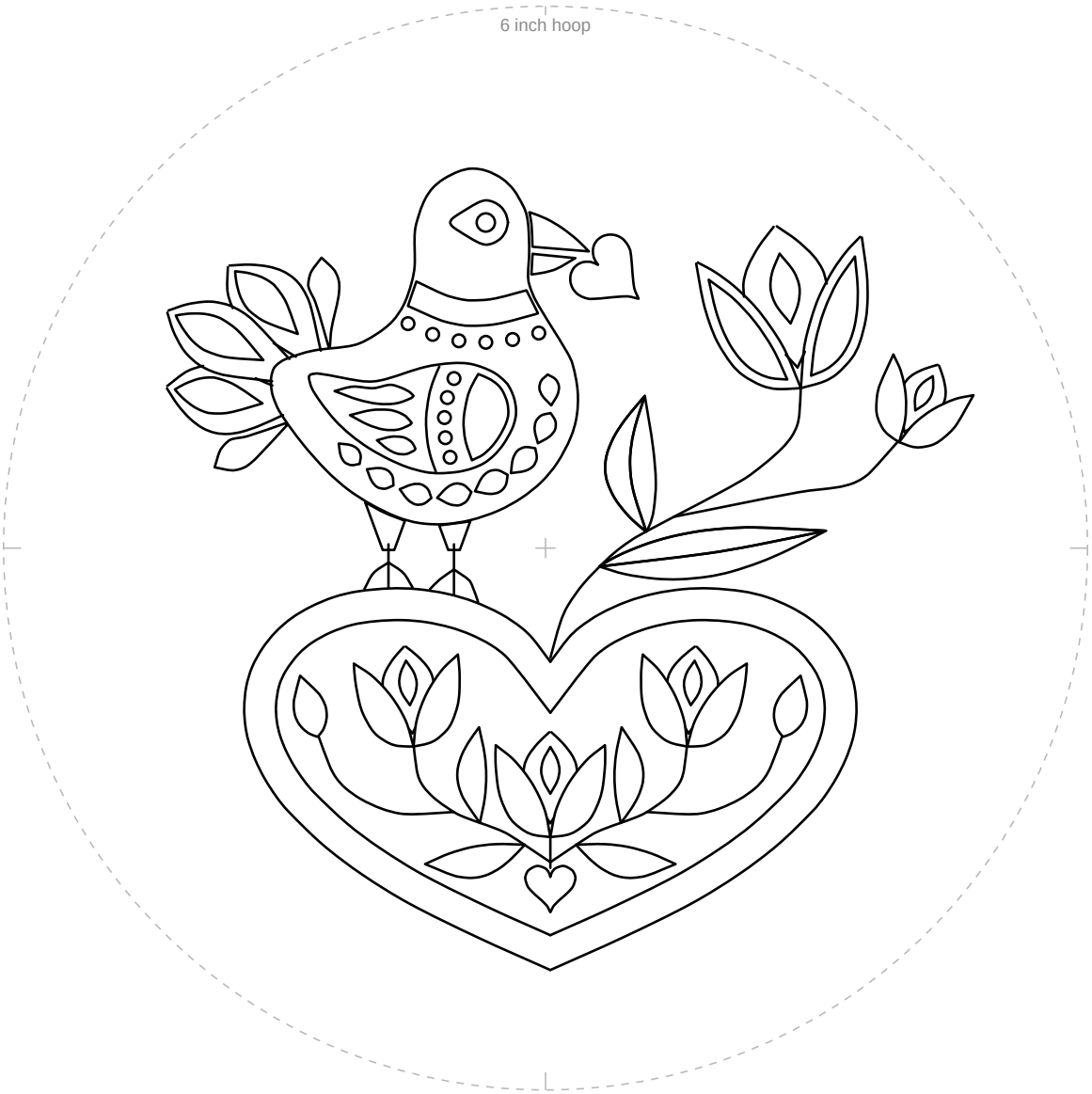
Scandinavian redwork bird and heart

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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