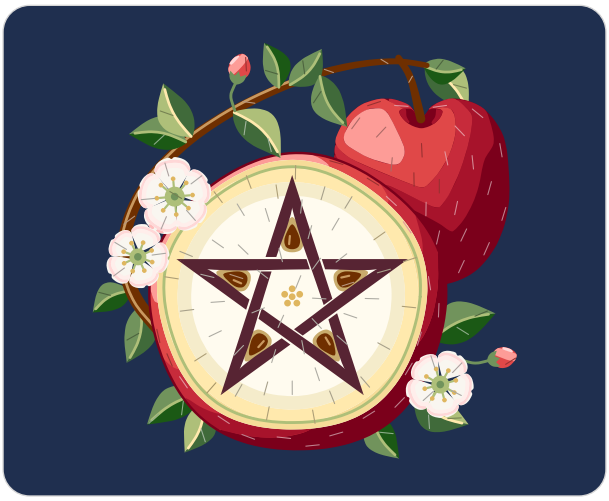
Pentagram in an apple slice

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 4.3 in (10.9 × 10.9 cm).



Which color goes where: by number on page 2.
Fabric: indigo cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Leaves
2. **Satin stitch**, 2 strands
   Bough, seed chambers, seeds, pentagram, blossom hearts, bud cups
3. **Long and short stitch**, 1 strand
   Whole apple, apple dimple, apple skin, apple flesh, blossom, buds
4. **Stem stitch**, strands by part on page 2
   Leaf veins, bough, green line, bud stalks
5. **Split stitch**, 2 strands
   Skin edge
6. **Straight stitch**, 1 strand
   Seed lights, stamens
7. **French knot**
   strands by part on page 2, two wraps
   Core, stamen tips, blossom hearts

Floss

- 1 **DMC 3345 Dark Hunter Green** Leaves (darkest)
- 2 **DMC 3347 Medium Yellow Green**
  Leaves (light), bud cups and bud stalks, blossom hearts (darker)
- 3 **DMC 471 Very Light Avocado Green**
  Leaves (lightest), green line and stamens, leaf veins (darker), blossom hearts (lighter)
- 4 **DMC 3346 Hunter Green** Leaves (dark)
- 5 **DMC 745 Light Pale Yellow**
  Apple flesh (dark), leaf veins (lighter)
- 6 **DMC 300 Very Dark Mahogany**
  Bough (darker), seeds
- 7 **DMC 436 Tan** Bough (lighter), seed lights
- 8 **DMC 814 Dark Garnet**
  Whole apple and apple skin (darkest), skin edge, apple dimple (darker)
- 9 **DMC 498 Dark Red**
  Apple skin and whole apple (dark), apple dimple (lighter)
- 10 **DMC 321 Red** Apple skin and whole apple (middle)
- 11 **DMC 350 Medium Coral**
  Apple skin and whole apple (light), buds (dark)
- 12 **DMC 352 Light Coral**
  Apple skin and whole apple (lightest), buds (middle)
- 13 **DMC 712 Cream** Apple flesh (lightest)
- 14 **DMC 3822 Light Straw** Apple flesh (darkest)
- 15 **DMC 677 Very Light Old Gold** Apple flesh (light)
- 16 **DMC 833 Light Golden Olive** Seed chambers
- 17 **DMC 154 Very Dark Grape** Pentagram
- 18 **DMC 3820 Dark Straw** Stamen tips and core
- 19 **DMC 3865 Winter White** Blossom (lightest)
- 20 **DMC 963 Ultra Very Light Dusty Rose**
  Blossom (dark), buds (light)
- 21 **DMC 819 Light Baby Pink** Blossom (light)
- 22 **DMC 3716 Very Light Rose** Blossom (darkest)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Pentagram in an apple slice

6 inch hoop

How to read it

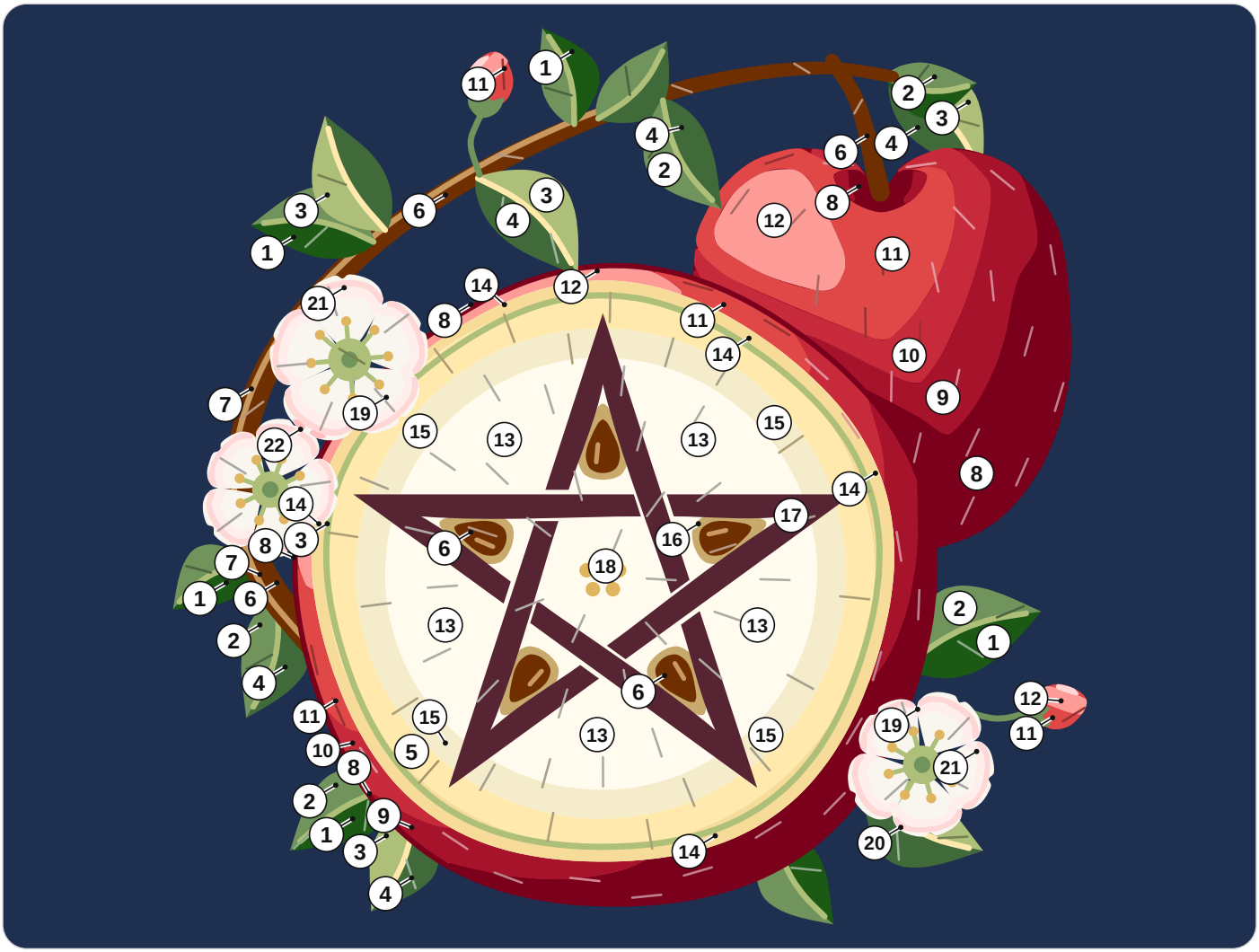
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3345 Dark Hunter Green	9	DMC 498 Dark Red	17	DMC 154 Very Dark Grape
2	DMC 3347 Medium Yellow Green	10	DMC 321 Red	18	DMC 3820 Dark Straw
3	DMC 471 Very Light Avocado Green	11	DMC 350 Medium Coral	19	DMC 3865 Winter White
4	DMC 3346 Hunter Green	12	DMC 352 Light Coral	20	DMC 963 Ultra Very Light Dusty Rose
5	DMC 745 Light Pale Yellow	13	DMC 712 Cream	21	DMC 819 Light Baby Pink
6	DMC 300 Very Dark Mahogany	14	DMC 3822 Light Straw	22	DMC 3716 Very Light Rose
7	DMC 436 Tan	15	DMC 677 Very Light Old Gold		
8	DMC 814 Dark Garnet	16	DMC 833 Light Golden Olive		

How many strands

Stem stitch. 2 strands: green line, bud stalks; 1 strand: leaf veins, bough.
French knot. 2 strands: core, blossom hearts; 1 strand: stamen tips.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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