Hexafoil rosette

6 inch (15 cm) hoop, 4.7 × 4.7 in (11.9 × 11.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

11 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Wheat stalks

2. **Fishbone stitch**, 2 strands
   Leaves



3. **Satin stitch**, 2 strands
   Petals, dark half, petals, light half, wheat grains, swags



4. **Stem stitch**
   2 strands: petal edges, petal veins
   3 strands: scallop line

5. **Split stitch**, 1 strand
   Grain edges

6. **Chain stitch**, 3 strands
   Inner ring



7. **Padded satin stitch**, 2 strands
   Hearts, center, scallops



8. **French knot**
   2 strands, two wraps
   Swag knots, center knots, ring knots



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



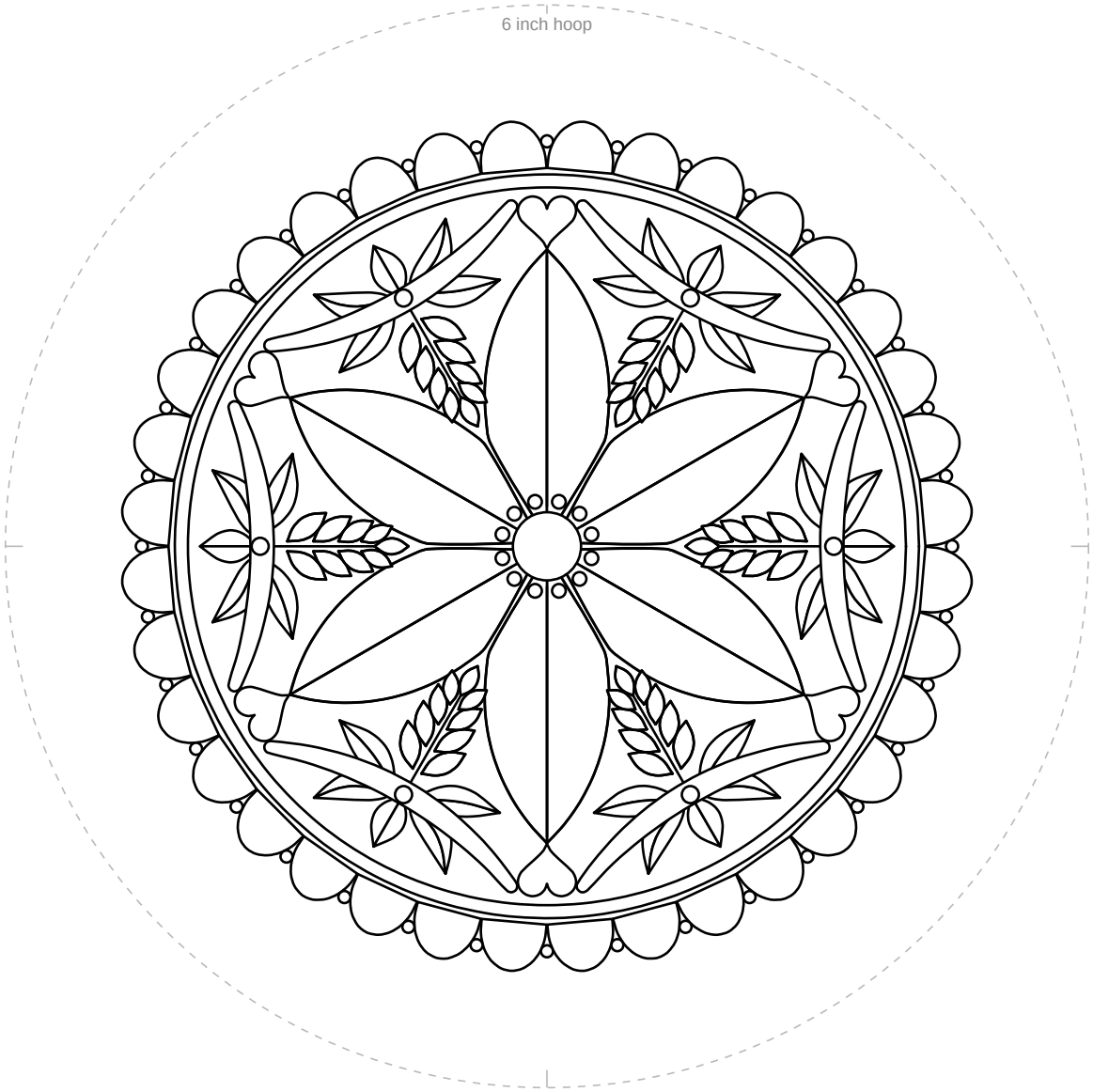
1	DMC 930 Dark Antique Blue	**5**	DMC 367 Dark Pistachio Green	**9**	DMC 3830 Terra Cotta
2	DMC 932 Light Antique Blue	**6**	DMC 782 Dark Topaz	**10**	DMC 355 Dark Terra Cotta
3	DMC 3750 Very Dark Antique Blue	**7**	DMC 3820 Dark Straw	**11**	DMC 931 Medium Antique Blue
4	DMC 986 Very Dark Forest Green	**8**	DMC 3822 Light Straw		

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Hexafoil rosette

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

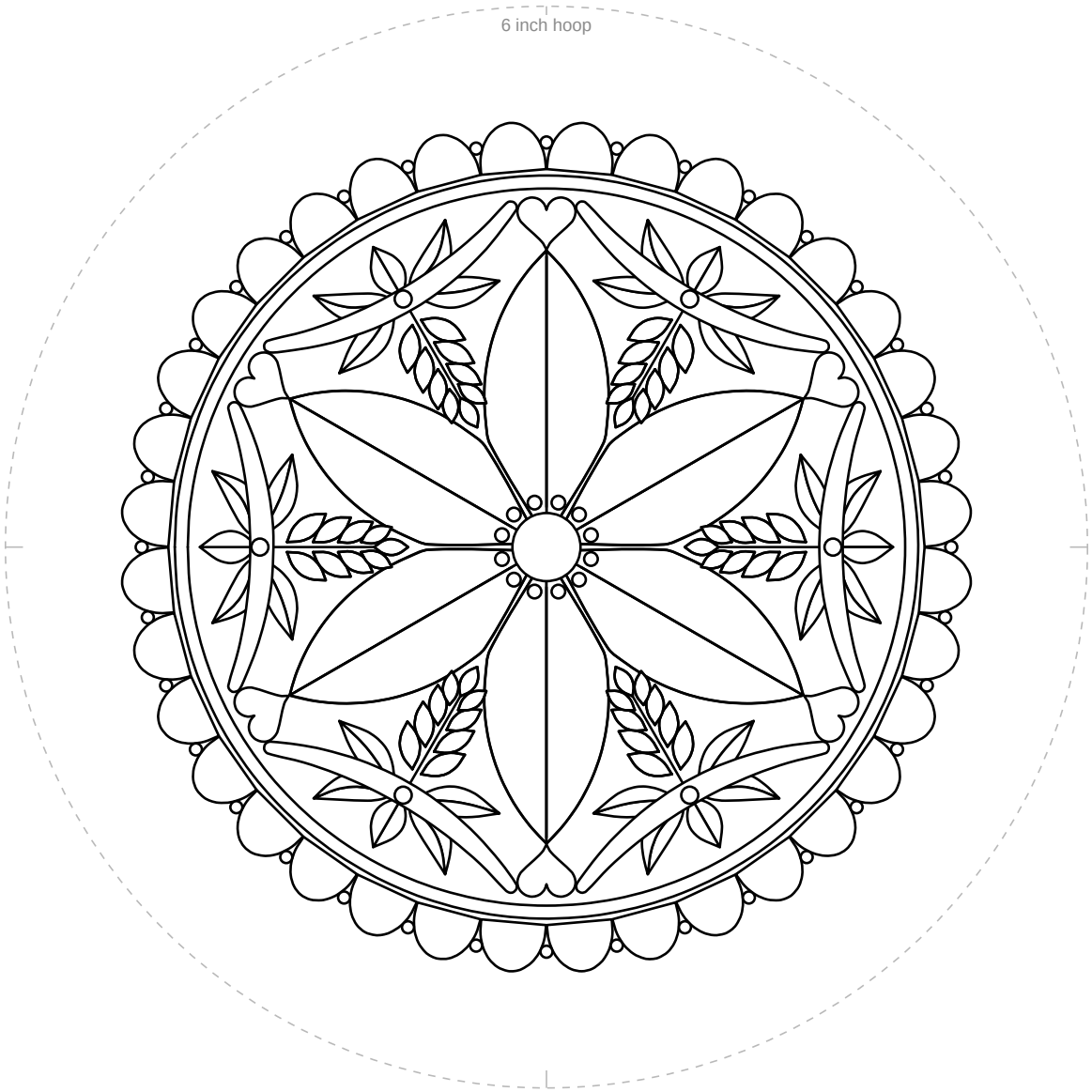
Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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